



First 5 Sacramento  
Participatory Grantmaking Project  
Phase I Report

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Group

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# Introduction

In 2021, the First 5 Sacramento Commission (Commission) adopted a resolution recognizing racism as a fundamental cause of disparities in health, early learning, and family resilience. As part of this commitment, the Commission pledged to actively and intentionally engage in efforts to dismantle systemic racism. This commitment was further reinforced through the approval of the 2024–2027 strategic plan, which allocates \$5.2 million to advance racial equity.

To support this initiative, Touchstone Leadership Group (TLG) was engaged to implement a Participatory Grantmaking (PGM) Process—one of the recommended strategies for First 5 Sacramento to address and dismantle systemically racist structures.

The project is divided into two phases:

1. **Community Engagement:** Developing a process to identify a deliberative panel responsible for managing the participatory grantmaking process.
2. **Participatory Grantmaking:** Convening the selected panel to evaluate proposals and allocate grants.

This report focuses on Phase One, which involved organizing two community assemblies—one in-person and one virtual—to gather input on designing the panel recruitment process. Suggestions related to Phase Two, where relevant, are also noted.

Through the deliberative process, First 5 Sacramento aims to equitably fund BIPOC-led and -serving community-based organizations (CBOs) and non-traditional organizations dedicated to improving outcomes for children aged 0–5. This community-driven approach fosters trust, ensures community-informed decision-making, and builds capacity for meaningful engagement.

# Planning and Outreach

In September 2024, the TLG team developed a comprehensive invitee list that included targeted organizations and individuals. This list was informed by resources provided by First 5 Sacramento, the Parent Leadership Training Institute (PLTI) Cohorts, and Touchstone Leadership Group's contacts. The goal was to ensure diverse representation across geographic areas, organizational affiliations, and community backgrounds.

A bilingual (English and Spanish) registration form was created, and the team conducted personalized follow-ups via email, text, and phone. To incentivize participation, attendees received a \$50 stipend, with additional provisions such as dinner and childcare for in-person participants.

Participants were asked to register if they met the following criteria:

1. Staff of a BIPOC-led or serving community-based organization (CBO) supporting children and families aged 0–5. (*OR*)
2. A community member who has received services from such an organization. (*OR*)
3. An individual or business interested in serving children aged 0–5. (*AND*)
4. Their organization had not received funding from First 5 Sacramento since 2010.

To gather feedback on the sessions, an evaluation form was also distributed to participants.

# Community Assemblies: Setting the Stage for Discussion

## Attendance & Demographics

The primary goal of the assemblies was to convene a diverse group of participants, fostering an inclusive and collaborative environment. The target attendance was 20–35 individuals per session, with the in-person event hosting 25 participants and the virtual event drawing 35. The assemblies prioritized BIPOC-led and serving organizations, resulting in a highly representative turnout:

- **78%** of participants were from BIPOC-led organizations.
- **87%** served BIPOC communities.
- Attendees represented Black, Latino, Asian, Middle Eastern, and White communities.

## Participant Affiliations

- **10%** Business
- **72%** CBOs
- **10%** Community members

## Neighborhood Representation

North Sacramento, South Sacramento, North Highlands, Rancho Cordova, and Arden Arcade.

## Agenda & Grounding

Each session began by clearly outlining the purpose and desired outcomes, ensuring participants understood the importance of their contributions. Facilitators established group agreements to create an inclusive and productive environment. These agreements emphasized sharing space, fostering brave discussions, and welcoming first drafts of ideas.

Facilitators also provided background on the initiative to ground participants in the project's goals. This structured approach ensured the sessions were productive, and participants left feeling valued and optimistic about their contributions.

# Community Assemblies: Discussion & Breakouts

## Probing Questions & Insights

Facilitators posed several thought-provoking questions to encourage discussion and prepare participants for the breakout sessions. Below are the key questions and a summary of participant responses:

**1. What comes to mind when hearing this statement?**

*"First 5 Sacramento has set aside \$4 million in grant funding to be decided by a panel of community members for BIPOC-led and serving organizations."*

- **Positives:** Intentionality, equitable distribution, diverse representation, community leadership, and empowerment.
- **Concerns:** \$4 million feels insufficient for long-term impact and may increase competition among organizations.

**2. What are some benefits of this approach?**

- Transparency, community hope, cultural representation, and a shift in power dynamics toward grassroots organizations.

**3. What are potential drawbacks?**

- Barriers to selecting appropriate panelists, cumbersome county processes, and concerns about sustainability.

**4. What questions do you have about this approach?**

- Topics included inclusivity for specific groups (e.g., boys, youth, refugees), logistical concerns (e.g., criminal background checks, funding parameters), and long-term sustainability.

**5. What suggestions or considerations do you have?**

- Educational workshops, leveraging funds for additional grants, and ensuring equity in panelist recruitment.

On occasion, discussions veered toward Phase II, focusing on grant specifics and fund allocation. Facilitators redirected participants to Phase One objectives, emphasizing the focus on recruiting a deliberative panel.

# Breakout Session Discussions

In breakout groups, participants designed recruitment strategies for the deliberative panel, focusing on the following areas:

1. **Key Criteria:** Desired qualifications, expertise, and frameworks for panel members.
2. **Recruitment Sources:** Targeted organizations and geographic areas for outreach.
3. **Recruitment Messages:** Key themes and values to convey during recruitment.
4. **Key Messengers:** Individuals or groups responsible for outreach.
5. **Wildcard:** Additional considerations such as compensation and meeting accessibility.

# Breakout Session Emergent Themes

*The following themes emerged from the breakout sessions-*

1. **Excitement and Equity:** Participants expressed enthusiasm about equitable funding and the shift in power dynamics, emphasizing the importance of grassroots and BIPOC-led organizations.
2. **Sustainability Concerns:** Many felt \$4 million was insufficient for long-term impact and suggested using the funds to secure additional resources.
3. **Accessibility:** Recommendations included simplifying applications, using plain language, translating materials, and leveraging social media to reach underrepresented groups.
4. **Representation:** Participants stressed the importance of lived experience, diverse perspectives, and avoiding "the usual suspects" in panel recruitment.
5. **Youth Involvement:** Several suggested involving youth as panelists and messengers, given their unique insights into community needs.

Participants provided actionable recommendations, demonstrating their commitment to a transparent and community-centered grantmaking process.

# Recommendations

## Panel Recruitment

- Ensure panelists represent diverse geographic, cultural, and professional backgrounds.
- Include individuals with lived experience in BIPOC communities and grassroots work.
- Adopt a nomination or referral process to identify strong candidates.

## Accessibility

- Simplify the application process with user-friendly language and translations.
- Provide adequate compensation and support for panelists (e.g., transportation, childcare).

## Community Trust

- Share this report with assembly participants to demonstrate transparency.
- Clearly communicate the panel selection process and how community feedback was incorporated.



# Evaluation of Assemblies



Participants rated the assemblies highly with over 80% agreeing it was effective in terms of achieving its purpose.



They also noted clear goals, effective facilitation, and a safe environment for discussion.



Most expressed confidence that their feedback would inform First 5 Sacramento's decision-making. However, some were concerned about whether their feedback would be heard or if this would be another instance of community being summoned to provide input that was only used to "check a box."

# Conclusion and Acknowledgments

First 5 Sacramento has an unprecedented opportunity to address racism as a public health crisis through a community-designed and community-led process of participatory grantmaking that seeks to invest in BIPOC-led and serving organizations committed to improving outcomes for children aged 0-5. This approach is an outgrowth of the agency's work to build internal capacity for Racial, Equity, Diversity, Inclusion, and Cultural Responsiveness (REDI+CR).



Touchstone Leadership Group acknowledges First 5 Sacramento team's support and deeply appreciates the the Commission's continued commitment to advancing racial equity in service to community health.

# Appendices

# Appendix 1: The Invitation



**First 5 Sacramento has set aside \$4 million in grant funding to BIPOC CBOs**

**This funding will be decided by a community panel**

**We want YOU  
to tell us how to  
recruit this panel**

**October 23rd  
(in person)  
5:30-7:30pm  
&  
October 29th  
(virtual)  
5:30-7:30pm**

**Register for more details  
<https://tinyurl.com/First5Panel>**

**\$50 Stipend \* Childcare \* Dinner**

# Appendix 2: Assemblies in Action - In-Person Assembly

## Group Agreements

- Share the Space...  
Step Up, Step Up
- Create a Brave Space for everyone.
- First Drafts are OK!

leveling the playing field  
Cultural representation

- ### Assess Accessibility - in all Social media/print, etc.
- revolutionize the approach  
"not how we've always done it"
  - do a survey to ask  
the community what they  
need Projects wise / services  
that should be funded
  - have shared values
  - Come to our office

Set aside \$4 million  
for Participatory Grantmaking

1. Intentional investment
2. Community support
3. Diverse representation +  
equitable distribution
4. educational workshops  
From comm orgs + understanding  
how will work

## Positives

- good intention with the  
approach! not top down
- optimistic because the need
- diverse members / unbiased
- transparent, organic  
decision-making
- brings hope to the  
community
- be creative around the

## Drawbacks

- What if the proper people  
aren't selected? Barriers...
- 4 mil likely not enough for  
longterm / sustainability / main.
- Lead to competition among  
groups/org.
- Lack of shared values =  
neg. impact on grant process
- County processes difficult  
(funding and help up front)



# Questions

What will money be used for?

Is it enough? 4

Will "Community members" really represent the community?

Will there be focus on community building?

## Questions

- How... Trust-building Community? County and visa versa?
- Will funds be annual/ Sustainability
- How will it be tracked? Impact
- How... help newly arrived refug. and existing people?
- Will there be help w/ budget development?
- Supp. of funds or project based? Budget
- First 5 CA or Sac County? #2

## KEY CRITERIA

- WORK DIRECTLY w/ 0-5 yo
- EXPAND TO 0-10 yo WORK EXP
- YOUTH 11 & up
- ANY EXPERIENCE WORKING w/ CHILDREN
- CRIMINAL BACKGROUND, CHECK
- NON BIPOC FOLKS + DIVERSE, REFLECT COUNTY DEMOGRAPHY
- \* HOW DO WE ASK IF AGENCY IS BIPOC
- RECRUIT**
- BY REFERRAL, BY WHO
- SCHOOLS, TEACHERS, PARENTS, CHILD CARE PROVIDERS / AGENCIES

## Drawbacks

- What if the proper people aren't selected? Barriers.
- 4 mil likely not enough for longterm / sustainability / main.
- Lead to competition among groups/org.
- Lack of shared values = neg. impact on grant process
- County processes difficult (funding and help up front)

- CONSIDER COUNTY STAFF
- BCLC, CHILD ACTION, BEMISTALK

## MESSAGES

- BIPOC DEFINED
- CULTURE CONSIDERED
- GEOGRAPHIC AREAS, LANGUAGE
- VIDEOS, AUDIO VOICE OVER
- COLLAB vs COMPETITION
- GRASS ROOTS, COMMUNITY
- DEFINITIONS, SPELLED OUT
- CRITERIA, DEMOGRAPHICS
- SIMPLE, NO VERBAGE

## KEY MESSENGERS

- WHATS THE CRITERIA DEFINE, SCREENING
- CRITERIA TO RECEIVE FUNDING
- PERSONAL INVITATION

## Questions

- Where do boys/young men fit in for this?
- Can youth be on the panel?
- What about criminal background as a barrier?
- How we make sure this night/event - will be considered/valued?

## WILD CARD

- DIFFERENT POSITIONS
- SPACE USE NO CAST
- COMPENSATION - STIPEND
- DEFINE THE COMMITMENT, EXPECTATION REQUIREMENTS
- ROTATE MTG LOCATIONS
- LISTEN TO VOICE OF YOUNGER PPL MORE
- EASY - MEN INVITED, ALL CRIMINALS INVITED
- HARDER - TIMING OF BRAINSTORM



**How to Recruit**

- In community - elders, youth, etc. Social, Safe Schools, groups, community events
- Expanding locations - Outlying regular considerations (different populations - housing/food support) 0-5 + "fresh eyes"
- Faith Communities
- Mental Health Providers (former 0-5 First 5 children)
- Parents and caregivers
- Community Leaders

**#3 Messengers/Messaging**

- Equity ... fair, free, far reaching
- First of kind
- Welcoming ... open ... exp. not required ... "Lived" experience
- Transparency in process
- Inspiring ... impact ... hope ... Village
- Invitation to 0-5 Success

**Criteria**

- Use accessible language; say it plain; translation to reach folks
- Use social media & other relevant technology
- Must have first hand knowledge of BIPOC community
- Compensation!
- Accessible locations

*Application should be user-friendly - shared lived experience*

*Reporting! Capacity-building Geographic diversity*

*Process - County must be willing to iterate*

*Make application easy & accessible*

**Group 2: Criteria**

- Awareness of diversity in the community
- Representing those w/o voice (ex: incarcerated folks)
- Experienced/knowledge of the needs of that population
- Awareness of implicit bias
- Nonprofits - understands the differences between the two
- Diversity of backgrounds (leaders vs admin)
- Grassroots vs groups
- Cultural competency
- Sensitivity
- No white supremacy frameworks
- Recruitment? Advocacy orgs, folks served by CBO's (0-5), shelter orgs, schools & school districts
- Parent committees @ schools (vested interest)
- Social service agencies
- Peer-to-peer
- Therapists/mental health professionals
- No google form!
- Narrative: calling on comm leaders to help other comm leaders
- Building a new model for other counties
- Holding history
- Step up!
- Needs assessment (community)

**Criteria:**

- Commit. to racial equity (specific examples)
- Experience with diverse communities w/in BIPOC (individuals)
- Ability to engage w/community applicants (fairness/outside box)
- Analytical and critical thinking

**WORK DIRECTLY w/ 0-5**

**EXPAND TO 0-10 w/ WORK EXP**

**YOUTH 16 & UP**

**ANY EXPERIENCE WORKING w/ CHILDREN**

**CRIMINAL BACKGROUND, CHECK**

**NON BIPOC FOLKS + DIVERSE, REFLECT COUNTY DEMOGRAPHIC**

**HOW DO WE ASK IF AGENCY IS BIPOC**

**RECRUIT**

**BY REFERRAL, BY WHO**

**SCHOOLS, TEACHERS, PARENTS, CHILD CARE PRINCIPLES / AGENCIES**

**#4 First 5...**

**Consultants in community**

Pay people...  
Make... it virtual and in-person

**Messages:**

- Inclusion (BIPOC)
- Empowerment
- Opportunity to create change in your community
- Building a transparent process for all
- Looks good on your resume
- We value your input and beliefs
- Proof that the county isn't "all" bad

**Wild Card:**

- location for meetings (accessibility)
- Feed People
- Panel people (their org should be primary BIPOC)
- Identify and buy-in to the time commitment

**Messengers: WHO?**

- Grassroot organizers
- who do the work

*Compensation*

**NET criteria:**

- Resident of community to be served
- Have children 0-5
- Range of ages demographics
- Diverse lived experience w/ (Orange Co.)
- Having financial knowledge
- Diversity of history/descent of the org
- Have children or be a parent
- Rep from BIPOC community
- Similar lived experiences
- Expertise w/ ECC

**Recruitment Sources:**

- Churches - diverse religious orgs
- K12 parent orgs (PFA, etc)
- Low income housing complexes
- CBO's
- Headstart parental participants
- Hospitals/clinics
- Faith orgs
- Small comm businesses
- Child care providers
- Foster parents
- Foster family agencies

# Appendix 3: Assemblies in Action - Virtual Assembly

What are some pros of this approach?

What are some drawbacks to this approach?

What do you wonder about this approach?

Finish the sentence... "how might we?"

What are some questions might you have about this approach?

First 5 Sacramento has set aside \$4 million in grant funding that will be released next year to Black, Indigenous, and People of Color (BIPOC) led and/or serving organizations. This funding will be decided by a panel of community members.

-invited for a new way of funding  
-over allowing community members to take the lead in what is needed for BIPOC communities  
-shift of power, going to community people having a voice

make sure the money doesn't go to the usual suspects & back on the ground  
\*A million not that much money when decided up for organizations doing this work

we also determine the equity of selecting the candidates for the panels?  
be aware of intersectionality. overlook those communities.

use this funding for infrastructure to search for more grants  
\*Other groups doing this type of work already learn from them - especially

make sure from grant very important that the communities, background  
Big pots of money  
What when the money

Is that community-based organizations or a

Group Instructions: First 5 Community Assembly

2) Recruitment Sources: Where should First 5 look for candidates? Are there any particular areas or organizations they should prioritize coming from?

- Community nominations
- Parent leadership people within First 5 and around the city/county
- Library as a resource for recruitment
- Focus groups
  - Where do we need to improve?
  - Programs needed
  - Even related to recruitment process

CBO's

We know that that's amazing, right? That's, again, the usual suspects. And so again, thinking outside the box would be, you know, yes, education is not the only qualification, but focusing a little bit more on those lived experiences because they're just as valid.

• Multilingual, Spanish, Vietnamese, etc.



# Appendix 4: Breakout Group Responses

Key Criteria	Recruitment Sources	Recruitment Messages	Key Messengers	Wild Card
Must have first hand knowledge of BIPOC community	Advocacy orgs and orgs that serve 0-5; shelters, school districts, social service agencies, Head Start and childcare providers	Calling on community leaders to help other community leaders	Peer to Peer. The youth!	Compensate people
Proven lived experience	Therapists and mental health professionals	Building a new model for other counties. Making history.	Grassroots organizers- the people who do the work	Accessible location for meetings – virtual and in person; rotate meeting locations
From a boots on the ground organization	K-12 parent orgs	Empowerment. An opportunity to create change.	Foster parents	Accessible language not jargon (e.g. BIPOC)
Must represent those without a voice	Low income housing complexes	Building a transparent process for all.	LGBTQIA+ Parents and families	Accessible application format
Cultural competency and sensitivity	Hospitals/clinics	Proof that the County isn't bad.	Undocumented families	Panel should be geographically, educationally, and professionally diverse
Org should be primarily BIPOC	Tribal orgs	Looks good on your resume. Build leadership skills.		Feed people! Real food, not pizza or sandwiches
From the community to be served	Small businesses in underinvested areas	Hope filled message. Invitation to 0-5 success.		Be clear about time commitment
Have children 0-5	Smaller groups and organizations to get something different	Use the village metaphor.		Don't forget refugee community.
Experience with early childhood education	Community Nominations "who would you want to represent you?"	Dismantle power dynamics		Consider criminal background check
Able to engage with community to be served	Libraries			Ask if they were referred
Youth 16+	Grocery stores, beauty salons, nail salons, supermarkets			Use videos for recruitment in addition to text

# Appendix 5: Assembly Participant Evaluation Form

First 5 Sacramento Community Assembly  
October 23, 2024, 5:30-7:30pm

Today's meeting provided a vital opportunity for community members and community-based organizations to help shape the future of our community as we determine how to recruit and select a diverse and representative panel that will decide how to distribute \$4 million in funding to BIPOC-serving or BIPOC-led CBOs. Your voice is essential to ensuring that we build an inclusive, equitable process that reflects the needs and strengths of Sacramento's diverse communities.

Name: \_\_\_\_\_ (required)

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Purpose of the Survey:** We understand that meetings can sometimes feel unproductive or repetitive. This survey aims to gather your honest feedback to help improve our meeting practices and ensure they add value to your work and our team's goals. **Please read the questions below and mark the response that most closely aligns with how you felt about the Assembly.**

1. How would you rate the overall effectiveness of the meeting in terms of achieving its purpose?
  - ☐ Ineffective
  - ☐ Neutral
  - ☐ Effective
2. Did you find the meeting goals clear and relevant?
  - ☐ Yes
  - ☐ No
  - ☐ If no, please share what was unclear or irrelevant.
3. How engaged did you feel during the meeting?
  - ☐ Not Engaged
  - ☐ Somewhat Engaged
  - ☐ Very Engaged
4. Did you feel comfortable sharing your thoughts or concerns during the meeting?
  - ☐ Not at All Comfortable
  - ☐ Somewhat Comfortable
  - ☐ Very Comfortable
5. Do you now understand the participatory grant making process?
  - ☐ Did Not Understand
  - ☐ Somewhat Understood
  - ☐ Completely Understood
6. Do you believe your feedback was received and will be considered?
  - ☐ No Confidence
  - ☐ Some Confidence
  - ☐ Complete Confidence

- 
7. How relevant was the meeting content to your daily work?
- ☐ Not Relevant
  - ☐ Somewhat Relevant
  - ☐ Very Relevant
8. Were Next Steps identified during the meeting?
- ☐ Yes
  - ☐ No
9. Do you believe these next steps will lead to meaningful outcomes?
- ☐ Yes
  - ☐ No
  - ☐ Too Soon to Tell
10. How would you rate the length of the meeting?
- ☐ Too Short
  - ☐ Just Right
  - ☐ Too Long
11. Was the meeting scheduled at a convenient time for you?
- ☐ Yes
  - ☐ No
12. What aspects of the meeting did you find most valuable, if any?
13. What changes would you suggest making future meetings more effective or engaging, if any?
14. Your feedback is crucial in helping us improve how we communicate and collaborate as a team.  
Please share any additional comments or suggestions.

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Thank you for taking the time to provide your feedback. We value your input and are committed to making our meetings more effective and beneficial for everyone involved. As discussed as a thank you for participating, you will receive a \$50 stipend. The stipend can be sent via Venmo or as an amazon gift card.

**Choose your stipend below (Required Response):**

- ☐ Venmo Name or associated phone number: \_\_\_\_\_
- ☐ Email for Amazon gift card: \_\_\_\_\_

# Thank you!

Touchstone Leadership Group Team

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