

First 5 Sacramento Programs for Children



HEALTH ACCESS

About Health Access

First 5 Sacramento is working to increase the number of children enrolled in a medical home. A medical home refers to children having access to and using coordinated health, dental, vision and mental health services.

Funded Partners	Description	First 5 Contact Information
City of Sacramento - Cover the Kids (CTK) Joil Xiong, Program Coordinator (916) 808-3803	CTK organizes a county-wide campaign to provide outreach, enrollment, utilization and retention services for families with children ages zero to five into Medi-Cal, Healthy Families and/or Kaiser Permanente's Child Health Plan, and or the Healthy Kids plan.	Debra Payne, Planner (916) 876-5870 Jennifer Auld, Analyst (916) 876-5873
Healthy Kids Healthy Futures Joil Xiong, Program Coordinator (916) 808-3803	A collaboration between Sacramento, Colusa, El Dorado, Yuba and Placer Counties, HKHF helps low-income families with uninsured children get enrolled into health coverage programs.	Debra Payne, Planner (916) 876-5870 Jennifer Auld, Analyst (916) 876-5873
Dept. of Health and Human Serv. (DHHS) - Child Protective Serv. (CPS) Martha Haas, Program Planner (916) 875-3120	The "HEARTS for Kids" program will provide medical clearance exams, health insurance screenings, home visits, and caregiver trainings for children ages zero to five placed in protective custody.	Linda Fong-Somera, Planner (916) 876-7386 Jennifer Auld, Analyst (916) 876-5873

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BREASTFEEDING, NUTRITION, AND PHYSICAL ACTIVITY

About Breastfeeding

First 5 Sacramento provides funding to the Women, Infants and Children Program for the Community Lactation Assistance Project. First 5 Sacramento will provide funding to local hospitals to help them move towards becoming "Baby Friendly."

Funded Partners	Description	First 5 Contact Information
DHHS - Women, Infants and Children Program (WIC) Amelia Schendel, Project Manager (916) 875-2173	Provides funding for a community lactation program that supplies education, support groups, breast pump loans, and a breastfeeding helpline to pregnant and postpartum women.	Linda Fong-Somera, Planner (916) 876-7386 Jennifer Auld, Analyst (916) 876-5873

About Nutrition and Physical Activity

Childhood obesity is a serious and growing epidemic in this state. Currently, one in five children are overweight or at risk of being overweight and the number is rising. Prevention efforts must begin early. It is crucial to address the increasingly unhealthy sedentary lifestyle of children. In addition we need to educate parents and caregivers about basic nutrition and physical activity needs.

Funded Partners	Description	First 5 Contact Information
Health Education Council Marcella Gonsalves, Program Administrator (916) 556-3344	Promotes health and decreases obesity by increasing nutrition and physical activity in families with young children. The "In the Grow" program provides trainings to parents, caregivers, and preschools; activities such as garden kits to support learning; and farm stands to increase access to healthy foods.	Linda Fong-Somera, Planner (916) 876-7386 Jennifer Auld, Analyst (916) 876-5873

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DECREASED DENTAL DISEASE		
About Fluoridation		
<p>Water fluoridation is a safe, cost-effective and proven way of preventing tooth decay. Studies have shown that communities with water fluoridation experience significantly lower rates of tooth decay in their population.</p>		
Funded Partners	Description	First 5 Contact Information
Sacramento County Water Agency Dave Underwood, P.E. Senior Engineer (916) 875-6947	Costs to install fluoridation equipment within Area 41 of Sacramento County and the South Area wastewater treatment plant. In addition, funds are provided for the operations and maintainance of the facilities for two years after construction is complete.	Debra Payne, Planner (916) 876-5870 Liane Hopkins, Analyst (916) 876-6531

About Dental Clinics		
<p>Access to early dental care is severely limited in Sacramento County. First 5 Sacramento is funding the construction of five children’s dental clinics and the Smile Keeper’s Dental Program to serve children ages zero to five. An RFA for the fourth and fifth site will be released by June 2010.</p>		
Funded Partners	Description	First 5 Contact Information
DHHS - Smilekeepers Kate Varanelli, Dental Health Program Coordinator (916) 875-6259	To fund the Smilekeepers Van at Healthy Start Preschools, Bright Futures events, and up to six additional health events throughout Sacramento County to provide dental exams, fluoride varnishes and referrals to the children's dental clinics as needed.	Debra Payne, Planner (916) 876-5870 Jennifer Auld, Analyst (916) 876-5873
The Effort Eric Fimbres, Director of Health Program Dev. (916) 313-8420	To fund up to 20% of the costs of providing dental care to children ages zero to five at the Effort clinics.	Debra Payne, Planner (916) 876-5870 Liane Hopkins, Analyst (916) 876-6531
Sacramento Native American Health Center Eric Enriquez, Director of Funding and Development (916) 341-0575 X212	To fund up to 20% of the costs to provide dental care to children ages zero to five at the Sacramento Native American Health Clinic downtown.	Debra Payne, Planner (916) 876-5870 Liane Hopkins, Analyst (916) 876-6531

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EFFECTIVE PARENTING

About Effective Parenting

First 5 Sacramento will work with community partners to increase the parenting services and supports to children ages zero to five by increasing the number of parent education courses and supportive services that are available to families in our community. These supportive services also include emergency child care services, crisis intervention resources and home visitation services.

Funded Partners	Description	First 5 Contact Information
<p>Child Abuse Prevention Center (CAPC), Family Support Collaborative (FSC) - Birth and Beyond, Effective Parenting and Crisis Intervention</p> <p>Gina Robertson, Associate Director (916) 244-1935</p>	<p>Provides funding for the Family Support Collaborative which is comprised of six community-based, non-profit agencies operating eight (8) Family Resource Centers (FRC) that are nestled in 8 culturally and linguistically diverse high need communities throughout Sacramento County. The FRCs provide free access to families for parenting education workshops, home visitation services, crisis intervention services and other support services that provide a system of care to deliver child abuse and neglect prevention, early intervention, and treatment services for families with children ages zero to five years.</p>	<p>Verronda Moore, Program Specialist (916) 875-7522</p> <p>Jennifer Auld, Analyst (916) 876-5873</p>
<p>DHHS - Birth and Beyond</p> <p>Marian Kubiak, Human Services Program Manager (916) 874-4075</p> <p>Nancy Marshall, Prog.Planner (916) 875-2054</p>	<p>Provides service coordination, quality assurance, training, technical assistance, CPS liaison and Medi-Cal Administrative Activities (MAA) claiming services on behalf of the Family Resource Center's Effective Parenting Programs (EPI, HVI and CI) in conjunction with the Child Abuse Prevention Council of Sacramento.</p>	<p>Verronda Moore, Program Specialist (916) 875-7522</p> <p>Jennifer Auld, Analyst (916) 876-5873</p>
<p>DHHS - Nurse Family Partnership</p> <p>Bernice Walton, Human Services Division Manager (916) 875-5471</p>	<p>Public Health Nurses (PHN) provide home visitation services throughout Sacramento County to low-income, pregnant first-time mothers through age two. The PHNs provide parenting education to improve pregnancy outcomes; conduct assessments and promote healthy child development; and case management to enhance parenting skills.</p>	<p>Linda Fong-Somera, Planner (916) 876-7386</p> <p>Liane Hopkins, Analyst (916) 876-6531</p>
<p>Sacramento Children's Home, Crisis Nursery</p> <p>Chris McCarty, Director of Community Programs (916) 290-8101</p>	<p>Provides short term residential care and emergency childcare for children ages zero to five at two nurseries while parents/caregivers receive support and coordinated case management to prevent crisis that lead to substance abuse, child abuse or child neglect.</p>	<p>Verronda Moore, Program Specialist (916) 875-7522</p> <p>Liane Hopkins, Analyst (916) 876-6531</p>

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QUALITY EARLY CARE AND EDUCATION

About Quality Child Care

To provide a comprehensive, integrated infrastructure of support to the Sacramento child care community through the Quality Child Care Collaborative (QCCC), a partnership of community organizations, educational institutions and government service agencies.

Funded Partners	Description	First 5 Contact Information
Child Action, Inc. Jaci White, Director of Community Services (916) 369-4461	Provides funding for an integrated infrastructure of consultation support to child care providers including training programs and compensation for formal education; provides parent education on the importance of quality early care and education programs; promotes inclusive child care for children with special needs.	Carmen Garcia-Gomez, Planner (916) 876-5869 Katie Cline, Analyst (916) 876-5874
Sacramento County Office of Education Ginger Swigart, School Readiness Project Specialist (916) 228-2463	The Preschool Bridging Model promotes seamless kindergarten transitions for children birth to five years throughout Sacramento County in each of the 12 school districts. PBM enhances the quality of care and education for children through workforce and site development strategies that include on-site mentoring and support for private child care centers and family child care centers.	Carmen Garcia-Gomez, Planner (916) 876-5869 Katie Cline, Analyst (916) 876-5874

SCHOOL READINESS

About School Readiness

Preparing children to enter kindergarten “ready to learn” and includes five major areas: physical well-being and motor development; social and emotional development; approaches to learning; language development and communication; cognition and general knowledge.

Funded Partners	Description	First 5 Contact Information
Elk Grove Unified School District Ada Arevalo, School Readiness Coordinator (916) 686-7595	School Readiness Programs including transition backpacks, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, early care and education provider training, participation in the Preschool Bridging Model program and evaluation.	Doreen Diehl, Planner (916) 876-6683 Katie Cline, Analyst (916) 876-5874
Folsom Cordova Unified School District Denise Thomson, School Readiness Coordinator (916) 635-4301 X120	School Readiness Programs including transition backpacks, summer camps, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.	Doreen Diehl, Planner (916) 876-6683 Katie Cline, Analyst (916) 876-5874
Galt Joint Union School District Donna Mayo-Whitlock, School Readiness Coordinator (209) 745-1546	School Readiness Programs including preschool, transition backpacks, summer camps, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.	Doreen Diehl, Planner (916) 876-6683 Katie Cline, Analyst (916) 876-5874

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<p>Natomas Unified School District</p> <p>Kendra Shelton, School Readiness Coordinator (916) 567-5414</p>	<p>School Readiness Programs including preschool, transition backpacks, summer camps, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.</p>	<p>Doreen Diehl, Planner (916) 876-6683</p> <p>Katie Cline, Analyst (916) 876-5874</p>
<p>River Delta Unified School District</p> <p>Amy Chi, School Readiness Coordinator (916) 776-1844 X 2424</p>	<p>School Readiness Programs including transition backpacks, summer camps, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.</p>	<p>Doreen Diehl, Planner (916) 876-6683</p> <p>Katie Cline, Analyst (916) 876-5874</p>
<p>Robla Elementary School District</p> <p>Robin Smith, School Readiness Coach (916) 927-1036 X 600</p>	<p>School Readiness Programs including preschool, transition backpacks, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, and evaluation.</p>	<p>Doreen Diehl, Planner (916) 876-6683</p> <p>Katie Cline, Analyst (916) 876-5874</p>

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Funded Partners	Description	First 5 Contact Information
<p>Sacramento City Unified School District</p> <p>Doris Reese, School Readiness Coordinator (916) 643-7821</p>	<p>School Readiness Programs including transition backpacks, summer camps, playgroups, case management, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.</p>	<p>Doreen Diehl, Planner (916) 876-6683</p> <p>Katie Cline, Analyst (916) 876-5874</p>
<p>San Juan Unified School District</p> <p>Dave Pascoa, Preschool Manager (916) 971-5952</p>	<p>School Readiness Programs including transition backpacks, summer camps, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.</p>	<p>Doreen Diehl, Planner (916) 876-6683</p> <p>Katie Cline, Analyst (916) 876-5874</p>
<p>Twin Rivers Unified School District</p> <p>Sara Haycox, Director Early Childhood Education (916) 566-1600 X 50400</p>	<p>School Readiness Programs including preschool, transition backpacks, summer camps, playgroups, health and developmental screenings, family literacy classes, parent education, outreach, Early Care and Education provider training, participation in the Preschool Bridging Model program and evaluation.</p>	<p>Doreen Diehl, Planner (916) 876-6683</p> <p>Katie Cline, Analyst (916) 876-5874</p>

About Community Building

First 5 Sacramento offers community grants for activities that benefit children ages five and under and provide the opportunity for developing networks among families. The grants provide funding to small groups of parents or caregivers who live in Sacramento County and have ideas for activities that bring people together within their community.

Funded Partners	Description/ Area or Demographic Served	First 5 Contact Information
River Oaks Center for Children	<p>Funding to provide fiscal agent services for various CBI grant recipients</p> <p>Countywide</p>	<p>Julie Beyers, Planner (916) 876-6529</p>
Language and Creative Arts Playgroup	<p>Funds various community proposed projects of up to \$5,000 each to build social capital.</p> <p>South Sacramento and Elk Grove</p>	<p>Julie Beyers, Planner (916) 876-6529</p>
The Family Network	<p>Funds various community proposed projects of up to \$5,000 each to build social capital.</p> <p>Arden Arcade and Rosemont</p>	<p>Julie Beyers, Planner (916) 876-6529</p>
Super Mom's Creating Super Children	<p>Funds various community proposed projects of up to \$5,000 each to build social capital.</p> <p>Walnut Grove, Courtland, Isleton, and Rio Linda</p>	<p>Julie Beyers, Planner (916) 876-6529</p>

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Natomas Mother's Group	<p>Funds various community proposed projects of up to \$5,000 each to build social capital.</p> <p>Natomas</p>	<p>Julie Beyers, Planner (916) 876-6529</p>
Friends of Seely Park	<p>Funds various community proposed projects of up to \$5,000 each to build social capital.</p> <p>Surrounding neighborhoods of Seely Park</p>	<p>Julie Beyers, Planner (916) 876-6529</p>
Galt at Play	<p>Funds various community proposed projects up to \$30,000 per proposal. New criteria includes the requirement that grantees must have successfully completed a mini or community grant.</p> <p>Galt and surrounding communities</p>	<p>Julie Beyers, Planner (916) 876-6529</p>
The HAVE's	<p>Funds various community proposed projects up to \$30,000 per proposal. New criteria includes the requirement that grantees must have successfully completed a mini or community grant.</p> <p>Tahoe, Colonial, Southeast Village and Glen Elder communities</p>	<p>Julie Beyers, Planner (916) 876-6529</p>