



ADVISORY COMMITTEE

Members:

Robert Silva (Chair), Silvia Rodriguez (Vice-Chair), Katie Andrews, Robin Blanks, Emily Bowen, Carolyn Curtis, Jose Goris, Heidi Keiser, Pooja Mittal, Alexxandria Paige, Tony Smith, Ricki Townsend, Cid Van Koersel, Walter Wyniarczuk

MEETING AGENDA

April 9, 2021

2:00-3:30PM

**THIS MEETING IS
HELD VIA
TELECONFERENCE/
WEBINAR DUE TO
COVID 19
RESTRICTIONS**

Join Zoom Meeting:

<https://saccounty-net.zoomgov.com/j/1604609452?pwd=S2FNeFRsZVpCdkV6R1BhTU5ZSXFPQT09>

Meeting ID: 160 460 9452

Passcode: 237313

Call-in: 1 669 254 5252 US

1. Call to Order/Roll Call
2. Welcome & Introductions
(New member Megan Masten, Adult & Aging Commission)
3. Public Comments on Off-Agenda Items
4. Approve minutes for February 5, 2021 meetings
5. First 5 Sacramento Executive Director's Report
Julie Gallelo
6. Racial Equity, Diversity & Inclusion Discussion
LaTina Price, First 5 Program Planner
 - Operationalizing the Resolution on Racial Equity & Social Justice
7. Presentation: Home Visiting Coordinating Committee
Alejandra Labrado, First 5 Program Planner
8. Presentation: Birth & Beyond Impact 2019/20
Jordan Katti, Applied Survey Research
9. Announcements/Comments
10. Adjourn



ADVISORY COMMITTEE

DRAFT ACTION SUMMARY

Friday, February 5, 2021 - 2:00 PM

Members: Robert Silva (Chair), Silvia Rodriguez (Vice-Chair)
 Katie Andrew, Robin Blanks, Emily Bowen, Carolyn Curtis, Kathy Fleming, Jose Goris, Heidi Keiser, Pooja Mittal, Amanda Morgan, Alexxandria Paige, Jeff Rabinovitz, Tony Smith, Ricki Townsend, Cid Van Koersel, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
 Erin Maurie, Communications and Policy Director

Absent: Amanda Morgan

1. Call to Order/Roll Call
ACTION: The Zoom Meeting was called to order at 2:00 PM. A quorum was established.
2. Welcome and Introductions
3. Public Comments on Off-Agenda Items
 No Comment.
4. Approval of the Draft Action Summary from October 9, 2020 and November 13, 2020 Meetings
ACTION: Motion to approve from Jose Goris and seconded by Alexxandria Paige. Full Committee approval.
5. Approval of the 2021 Advisory Committee Calendar
ACTION: Motion to approve from Jose Goris and seconded by Carolyn Curtis. Full Committee approval.
6. Appoint Members to 2021 Committees
 - Evaluation
 - Financial Planning
 - Systems Optimization & Sustainability (SOS)
 Chair Robert Silva announced the following appointments:

- Evaluation Committee: Robin Blanks and Emily Bowen
- Financial Planning Committee: Walter Wyniarczuk and Silvia Rodriguez
- Systems Optimization & Sustainability (SOS) Committee: Pooja Mittal and Alexxandria Paige

7. First 5 Sacramento's Executive Director's Report

J. Gallelo shared the following items, which were discussed with members:

- COVID-19 vaccine workgroup and supplies distribution
- Racial Equity Diversity and Inclusion (REDI) update
- Family-Friendly Thought Leadership Podcast Series
- First 5 Facilities Update
- Appointment of First 5 California Commissioners

8. Racial Equity, Diversity, Inclusion Update: First 5 Resolution on Racial Equity and Social Justice

The Committee echoed the approval of the First 5 Resolution on Racial Equity and Social Justice at the February 1st Commission Meeting. Discussion included the appreciation for the inclusion of early education and trauma services, and using the resolution as an example for other agencies to create their own resolutions. Members expressed agreement for working with contractors to implement the resolution. Next step is to have the SOS Committee establish a hierarchy by prioritizing the resolution goals.

9. Presentation: First 5 Sacramento FY19/20 Evaluation Report Findings

ASR presented an overview of the FY 19/20 Evaluation Report. The full report was included in the packet. The presentation included First 5's Priority Areas (health, early care and development and empowered families) the funded strategies and the result areas. The COVID-19 pandemic heavily impacted all programming in the fourth quarter and many programs paused their services before launching virtual services. Despite this set-back, funded partners rose to the task of adapting programs to serve families. Specific achievements are outlined in the report.

10. Announcements/Comments

None.

Adjourned: 3:35 p.m.

Respectfully submitted,

Erin Maurie
First 5 Sacramento Commission

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
April 2021

HIGHLIGHTS OF LAST COMMISSION MEETING – March 1, 2021

- Approval of Funding Recommendations for Programs Under the Results of Perinatal Conditions/ Infant Death, Effective Parenting and Data Management System
- Approval of 2021 Policy Platform
- Annual Review of First 5 2021-2024 Strategic Plan

UPCOMING COMMISSION MEETING AGENDA- May 3, 2021

- Approval of Funding Recommendations for Evaluation Services and RAACD Steering Committee Support
- Approval of Lease Agreement 2021-2027
- Approval of CalWORKs Revenue and Contracting Authority- Home Visiting
- Approval of Recommended Budget and 10-Year Financial Plan for FY 21/22
- Presentation: Birth & Beyond Evaluation Report for FY 19/20

GENERAL UPDATES

First 5 Sacramento's Resolution on Racial Equity and Social Justice

In February, the Commission approved a Resolution on Racial Equity and Social Justice. Subsequently, the Systems Optimization and Sustainability Committee met to develop a Racial Equity Work Plan that will outline steps needed to reach the goals outlined in the Resolution. The committee has prioritized four of the 9 "commitments" identified in the plan to begin working on this year, including:

- Providing ongoing training to the Commission, committees, funded partners and staff on implicit bias and developing an anti-racist framework
- Providing opportunity for community members of color to become a voice within our organization through education, training and internship opportunities, creating a pathway to leadership that promotes diversity and equity in decision making for children
- Continually monitoring for the presence of disparities through data collection and evaluation, using equity to guide our research for equal outcomes
- Prioritizing the investment of promoting racial equity to address social determinants of health, including but not limited to continued support for First 5 Sacramento funded programs that reduce African American child deaths

COVID-19 Vaccine for Childcare Providers

With the Governor's announced last month that the state will set aside 10% of vaccine doses for K-12 educators and child care workers, First 5 has been partnering with the County Public Health Department, Child Action and Sacramento County Office of Education to develop and disseminate vaccine messages to the early care field. The First 5 Association's statewide workgroup developed a vaccine fact sheet specifically for childcare providers. We have localized it for Sacramento County and are actively assisting in the recruitment of providers to participate in vaccine clinics. Our goal is to get as many childcare providers vaccinated as possible over the next several months.

2021-2024 Strategic Plan Update

On May 3, the Commission will award the final contracts for services to be implemented in the next Strategic Plan (FY21/22-23/24). We are pleased to note that several agencies who had competed for funds in prior RFP processes joined forces to submit collaborative proposals this time around. Our major investments continue to be in support of Birth & Beyond FRCs (approximately 40% of available funds), school readiness efforts through 9 school districts and the County Office of Education (approximately 35% of available funds) and our efforts to reduce African American child death (approximately 10% of available funds). In addition, we will continue to support breastfeeding services and improvements to the systems that serve children and families.

New Vape Tax

A Vape Tax has officially been introduced, as SB 395 (Caballero), with First 5 receiving our equivalency of 15% of any revenue generated through the new tax. Staff will be reaching out to Assemblymember Cooper and Senator Pan to be potential co-authors for the bill. This backfill of 15% is critical to ensuring a further decline in revenue.

First 5 Advocacy Day at the Capitol (Virtual)

Planning is underway for the First 5 Association's second virtual Advocacy Day on April 27. Staff and Commissioners will meet with each of our legislators via zoom, rather than in-person. Additionally, we are planning for the Dia de Los Libros virtual book read on April 30. Information on how to join the activities will be shared with Advisory Committee members when it becomes available.

Commission Seat Open

Commissioner Terrie Porter resigned her seat on the Commission as a result of her job move to Los Angeles. This leaves an open seat that will serve as Bruce Wagstaff's alternate. According to bylaws, the seat must be filled by a County employee working in a leadership position within Social Services. The goal is to have a replacement by the May 2021 meeting.

First 5 Sacramento Resolution on Racial Equity and Social Justice FY2020-2024

NOW, THEREFORE, BE IT RESOLVED, that First 5 Sacramento reinforces its mission, practices and policy priorities to address inequity and child poverty, in particular for African American and indigenous children and families. By prioritizing racial equity, First 5 Sacramento commits to the following:

GOAL 1: Review and revise all policies, procedures, practices, protocols and publications to ensure racial equity is a core value of First 5 Sacramento.			
OBJECTIVES	CONSULTANTS and/or PARTNERS:	RESOURCES:	TIMELINE:
1.1 Conduct an initial review of policies & procedures and social media platforms (Facebook, Twitter, Instagram, LinkedIn) to look for diversity in images and content, identify biases, and exclusiveness.			
1.2 Consult with both experts and experienced partners to learn about best practices, common challenges, surprising discoveries and model changes.			
1.3 Revise policies, procedures, practices, protocols, and publications as necessary to ensure racial equity, diversity and inclusion.			
What resources will be needed and how could they be obtained? <ul style="list-style-type: none"> • • 			
How will you track progress and know you have succeeded? Evaluation Measures: <ul style="list-style-type: none"> • • 	Evaluation Tools: <ul style="list-style-type: none"> • • 		

First 5 Sacramento Resolution on Racial Equity and Social Justice FY2020-2024

GOAL #2: Offer ongoing professional development and training to the Commission, Committees, partners and staff on implicit bias and an anti-racist framework regarding racial, economic and social justice.			
OBJECTIVES:	CONSULTANTS and/or PARTNERS:	RESOURCES:	TIMELINE:
2.1 Develop a menu of training opportunities available for Commissioners, staff and funded contractors. <ul style="list-style-type: none"> ○ Targeting all levels of racism (internalized, interpersonal, institutional and systemic) ○ Explore hosting an annual convening for partners and the community around racial equity and impact on children and families. 			
2.2 Modify contract language to include requirements for participating in REDI trainings and workshops provided by the Commission.			
What resources will be needed and how could they be obtained? <ul style="list-style-type: none"> • • • 			
How will you track progress and know you have succeeded? Evaluation Measures: <ul style="list-style-type: none"> • • 	Evaluation Tools: <ul style="list-style-type: none"> • • 		

**First 5 Sacramento Resolution on Racial Equity and Social Justice
FY2020-2024**

GOAL #3: Provide opportunities for community members of color to become a voice within our organization through education, training and internship opportunities; creating a pathway to leadership that promotes diversity and equality in decision making for children and families			
OBJECTIVES:	CONSULTANTS and/or PARTNERS:	RESOURCES:	TIMELINE:
3.1 Mentorship/Internship: Provide internship opportunities for people of color interested in working in public service/social service for children and families (First 5 and beyond).			
3.2 Commission and Committee Structure: Review committee structure for opportunities to increase accessibility to the public. Engage in the recruitment of people of color in leadership roles and decision making.			
3.3 Stipends: Develop process and protocol for stipends to encourage community participation and increase community voice within all levels of the Commission's work.			
3.4 Parent Advocates: Provide trainings and opportunities for parents to participate in local advocacy efforts to affect change and improve conditions in their communities.			
What resources will be needed and how could they be obtained? <ul style="list-style-type: none"> 			
How will you track progress and know you have succeeded? Evaluation Measures: <ul style="list-style-type: none"> 	Evaluation Tools: <ul style="list-style-type: none"> 		

**First 5 Sacramento Resolution on Racial Equity and Social Justice
FY2020-2024**

GOAL #4: Continually monitor for the potential presence of health, school readiness and family strengthening disparities through data collection and evaluation, using equity to guide our research for equal health outcomes.			
OBJECTIVES:	CONSULTANTS and/or PARTNERS:	RESOURCES:	TIMELINE:
4.1 Identify/strengthen data sources used to track social determinants of health and disparities. Continue to highlight disparities and address gaps.			
4.2 Review and present data/reports to Commission and key stakeholders/community annually to bring awareness to the challenges and successes with decreasing disparities.			
4.3 Continue to invest in evaluation reports that specifically look at the impact of our efforts to reduce disparities in health, family resilience and school readiness.			
What resources will be needed and how could they be obtained? <ul style="list-style-type: none"> • • • 			
How will you track progress and know you have succeeded? Evaluation Measures: <ul style="list-style-type: none"> • • 	Evaluation Tools: <ul style="list-style-type: none"> • • 		

**First 5 Sacramento Resolution on Racial Equity and Social Justice
FY2020-2024**

GOAL #5: Prioritize the investment of promoting racial equity to address social determinants of health, school readiness and family strengthening, including but not limited to continuing support for First 5 Sacramento programs that reduce the death of African American children.			
OBJECTIVES:	CONSULTANTS and/or PARTNERS:	RESOURCES:	TIMELINE:
5.1 Continued participation in collective impact initiative involving programs targeting reducing disparities in African American child deaths.			
5.2 Ensure that funding continues to prioritize investments based on data and outcomes across all priority result areas.			
5.3 Invest in capacity building for community based organizations supporting children 0 – 5 and their families in order to reach new partners and increase equity in funding and targeted services.			
What resources will be needed and how could they be obtained? <ul style="list-style-type: none"> • • • 			
How will you track progress and know you have succeeded? Evaluation Measures: <ul style="list-style-type: none"> • • 		Evaluation Tools: <ul style="list-style-type: none"> • • 	

SACRAMENTO COUNTY HOME VISITING COORDINATION COLLABORATIVE (HVCC)



HVCC BACKGROUND

- 2017 45,000 families in California were served through federal and local funding
- By 2021 through a mix of new state and federal funding, the overall number of families served is expected to triple.



IMPORTANT PARTNERS

- 9 Birth & Beyond Family Resource Centers School Districts
- 9 Community Incubator Leads (CILs)
- Head Starts/Early Head Starts
- Sacramento County Office of Education (SCOE)
- Adolescent Family Life Program (Sutter)
- Nurse Family Partnership (NFP)
- Her Health First
- Black Infant Health
- Black Child Legacy and CILs
- African American Perinatal Health
- Perinatal Substance Abuse Program
- Sunburst Projects
- Child Abuse Prevention Council
- Sacramento Covered
- Child Action
- WEAVE
- Crisis Nurseries
- Sacramento Food Bank
- WIC
- Community Link (2-1-1)
- Warmline FRC
- Latino Leadership Project
- CalWORKs
- Child Protective Services
- ALTA Regional
- Sacramento Native American Health Clinic

VISION STATEMENT

To improve the physical and emotional well-being of prenatal and parenting families through a coordinated system of care, with a focus on high quality home visiting that is easily accessible, equitable, culturally responsive and best meets the needs of those being served.



OBJECTIVES

Environmental Scan

- Who is providing HV?
- Who is being served?
- Where are the gaps?
- What are the barriers?

Strengthen Systems

- Ensure families receive high quality, appropriate home visiting by program/s that best fit their needs.
- Serve more families

WHAT ARE THE BARRIERS?



Complex referral systems

Needs of families vary

Program limitations

Perception

Time commitments

Cultural implications/ biases

Special populations

Staff retention

OPPORTUNITIES

Common point(s) of entry

Common intake or eligibility screening process/tools

Formal process/forms/protocols to refer families to services and assess family needs

Develop cross-agency formal agreements/MOUs

Cross-training and support for home visitors



“NO WRONG DOOR”

CONNECT FAMILIES!



ENTRY POINT

- Birth & Beyond Family Resource Center in their community
- Community Incubator Lead (if African American)
- Additional Family Support Services needed
- Family Support Services with Home Visiting (Co-Services)
- Special Population Home Visiting Programs, if eligible
- Birth & Beyond Home Visiting, if not eligible for specialized program



Your Agency is an
Entry Point for
Families!

HOME VISITING PROGRAMS/ CONTINUUM OF SERVICES

SPECIAL POPULATIONS HV

- Nurse Family Partnership (NFP)
- Black Mothers United
- African Amer Perinatal Health
- Black Infant Health

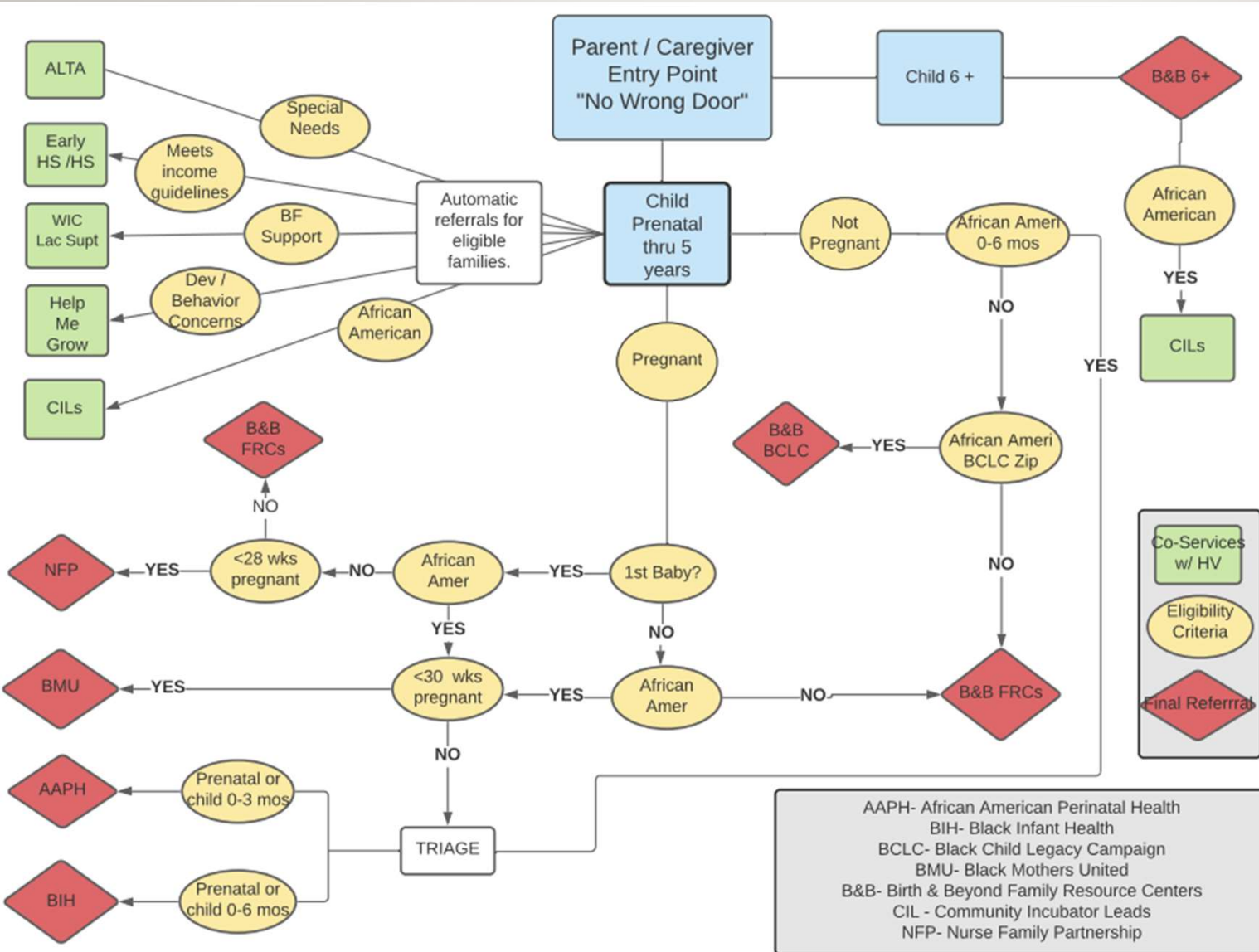
ELIGIBILITY CRITERIA

- 1st Pregnancy < 28 weeks
- Black mother < 30 weeks pregnant
- Prenatal- Child 0-3 months
- Prenatal- Child 0-6 months

“AGE-OUT”

- Child turns 2 years
- Child turns 4 months
- Child turns 1 year
- Child turns 1 years





REFERRING FAMILIES TO HOME VISITING

- Your organization is the “entry point”
- Automatic referrals for co-service HV supports
- Offer families information about the program/s they are eligible for
- Encourage most specialized programs for their needs
- PARENT CHOICE!



JOIN US!

HVCC Meetings:

2nd Thursday, Bi-Monthly

(Feb, Apr, June, Aug, Oct, Dec)

2:00-3:30PM

(next meeting 6/10/2021)



QUESTIONS? CONTACT:

ALEJANDRA LABRADO, PROGRAM PLANNER

LABRADOA@SACCOUNTY.NET



Birth & Beyond Annual Report FY 19-20

Presentation to First 5 Sacramento
Advisory Committee
April 9, 2021



COVID-19

- Heavily impacted all B&B programming in 3rd and 4th quarter of FY 19-20
- After stay-at-home order, programs were forced to pause their services and regroup
- Many programs launched new virtual services, provided needed supplies to families, and implemented new safety measures



Programmatic Reach- Overall FY 19-20



5,659 Parents Served



5,518 Families Served



Average # of direct service per client: 5.9 hours



Enhanced Referrals FY 19-20

HEALTH:	3,044
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SAFE SLEEP BABY:	1,140
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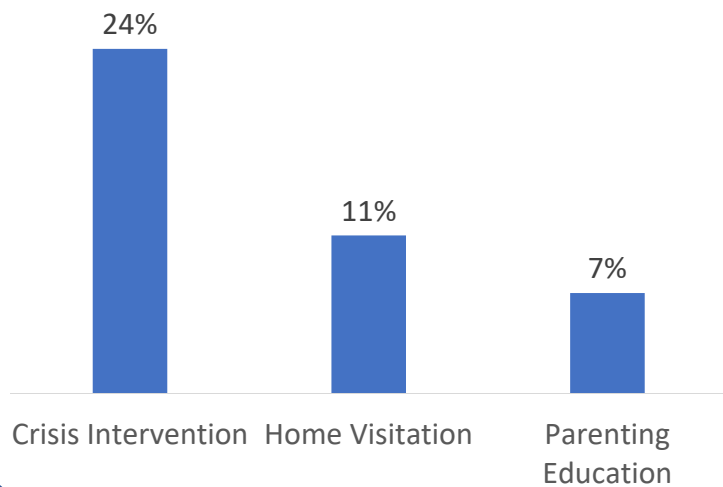
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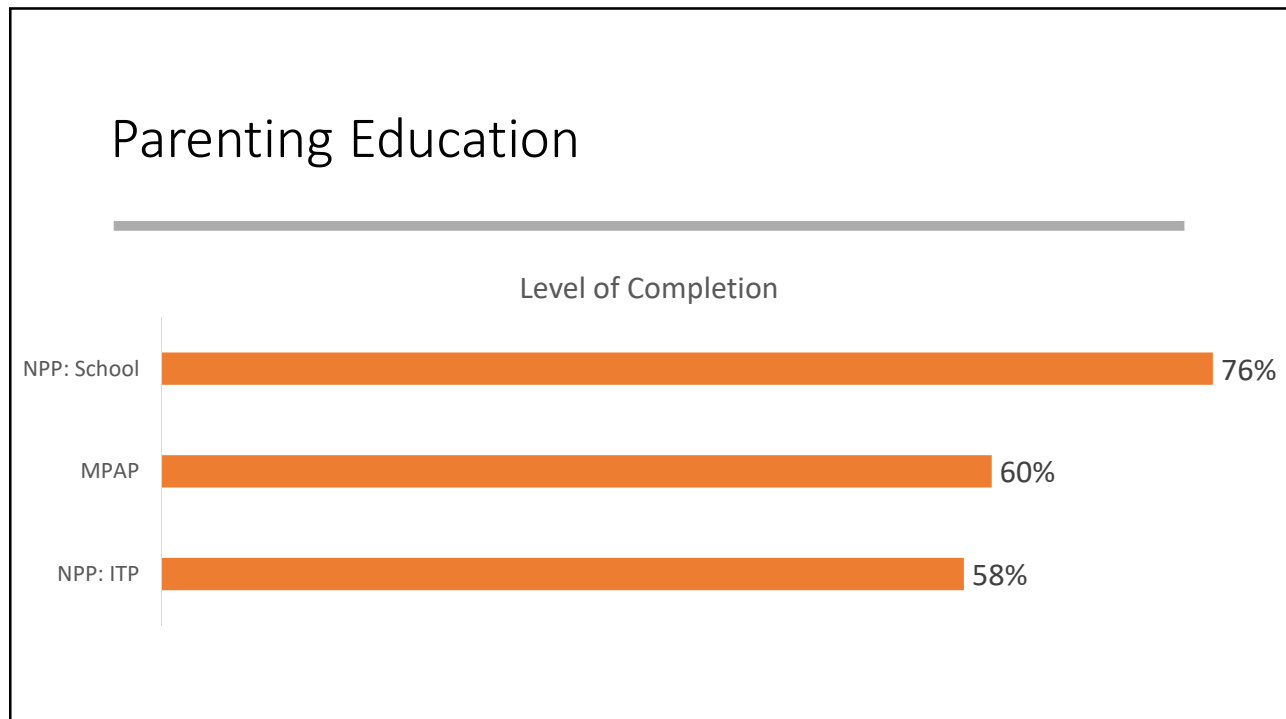
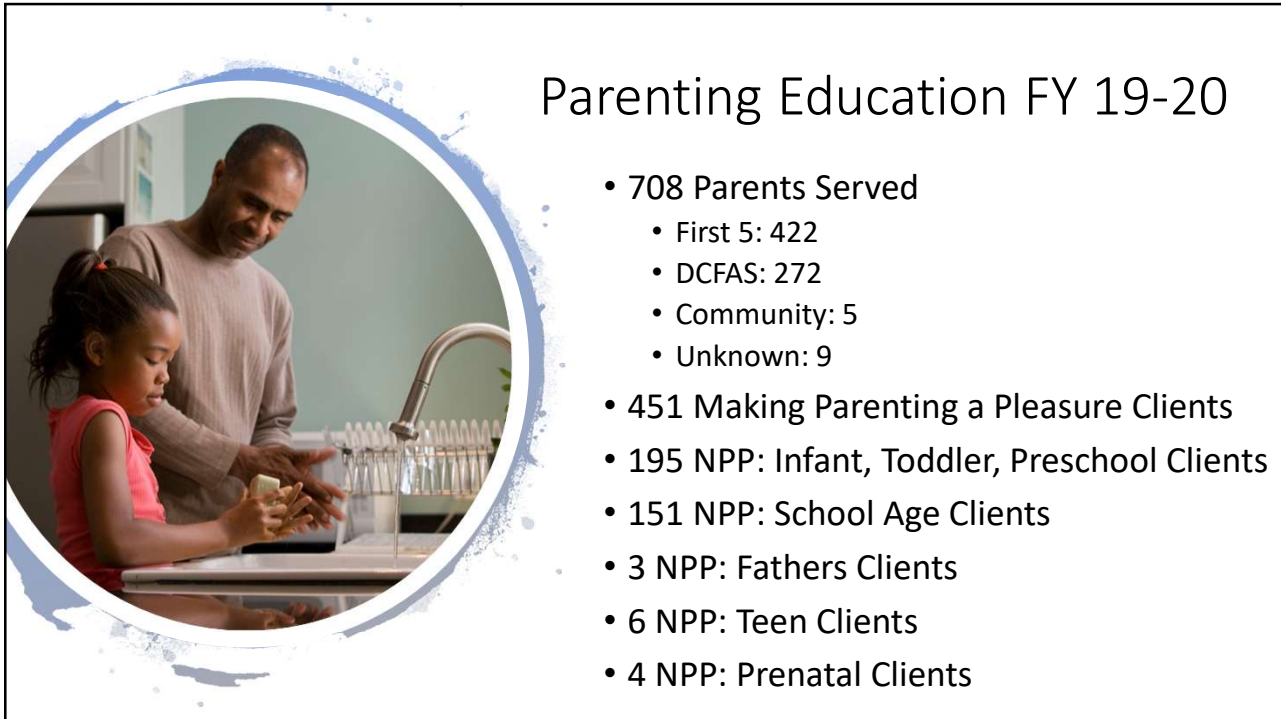
Enhanced Core FY 19-20

- 2,834 Parents Served
 - First 5: 1,898
 - DCFAS: 794
 - Community: 86
 - Unknown: 59
- 2,755 Families Served
- 16,167 Total Enhanced Core Services
- 1,245 Children Received Play Care Services
- Average # of Hours Participated in Enhanced Core Services: 9.72

Enhanced Core

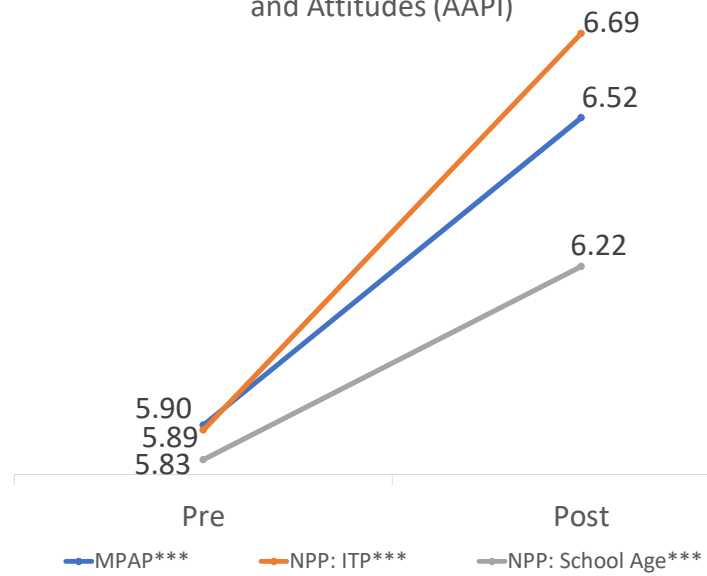
Family Engagement in Other FRC Services





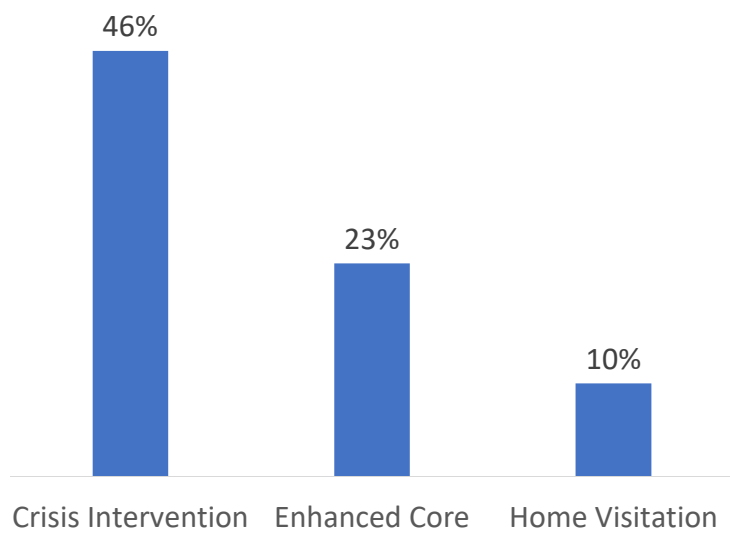
Parenting Education

Increased Parenting Knowledge, Confidence, and Attitudes (AAPi)



Parenting Education

Family Engagement in Other FRC Services



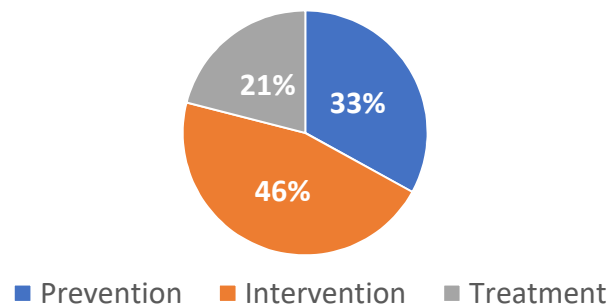


Home Visitation FY 19-20

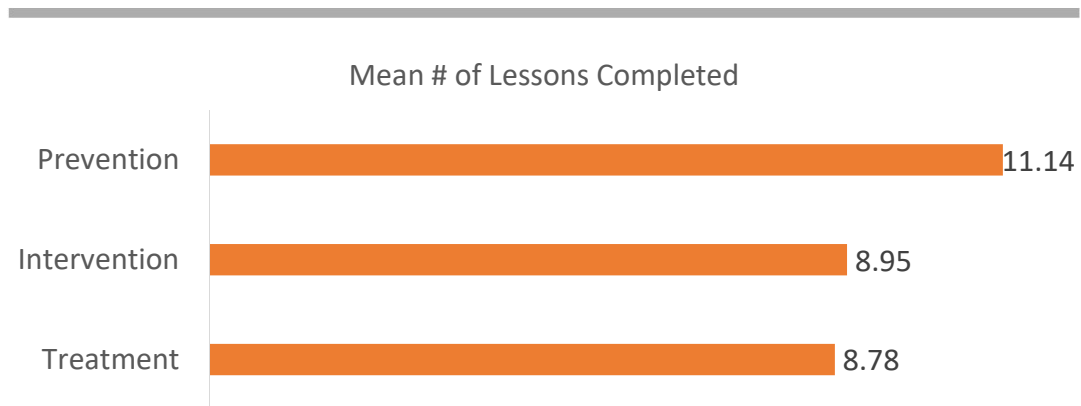
- 1,725 Parents Served
 - First 5: 1,358
 - DCFAS: 295
 - Community: 5
 - Unknown: 67
- 1,713 Families Served
- 1,541 Children Served

Home Visitation

Program Assignment

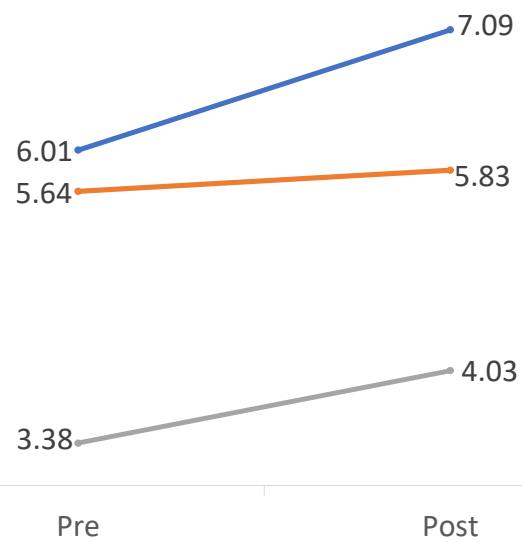


Home Visitation

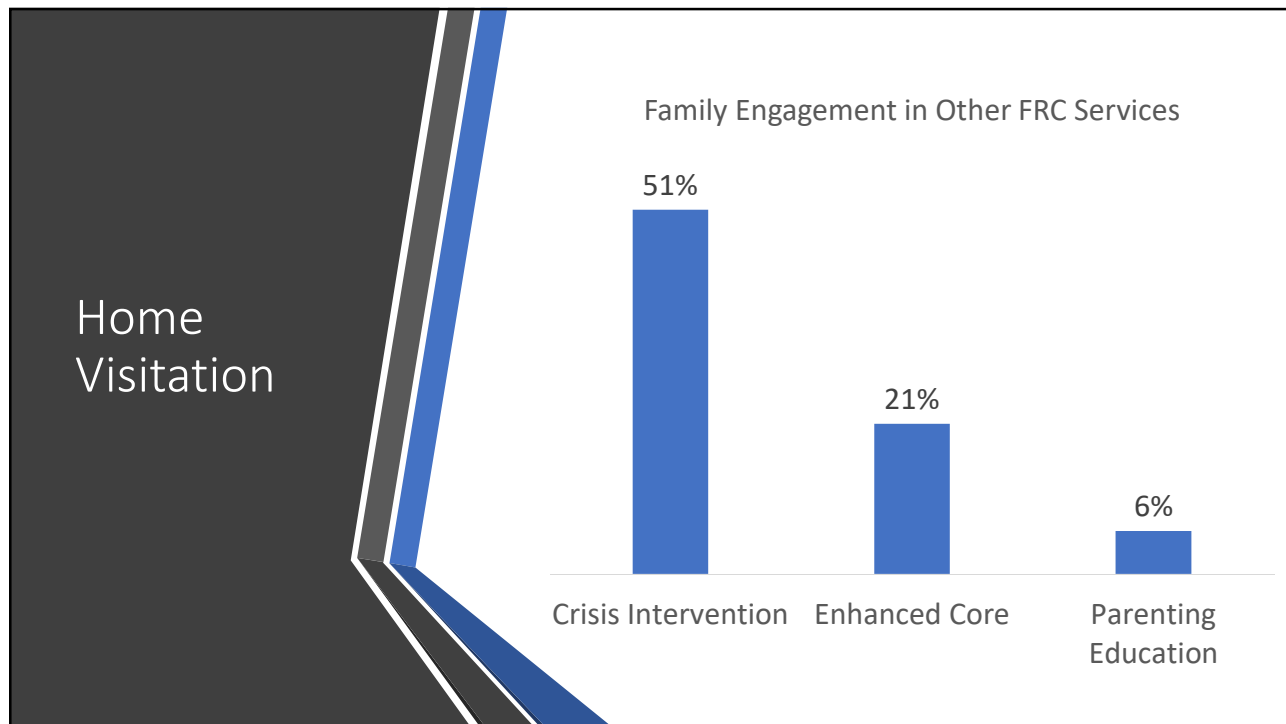


Home Visitation

Increased Parenting Knowledge, Confidence, and Attitudes (AAPI)



Note: * indicates statistical significance at $p < .001$



CalWORKs Home Visitation FY 19-20

- 343 adults
- 146 children
- 2,622 home visits completed (duplicated)
- Most common referrals given were:
 - Early learning setting/parent child interaction activity (78% followed-up)
 - Mental health services (72% followed-up)
 - Housing support (65% followed-up)



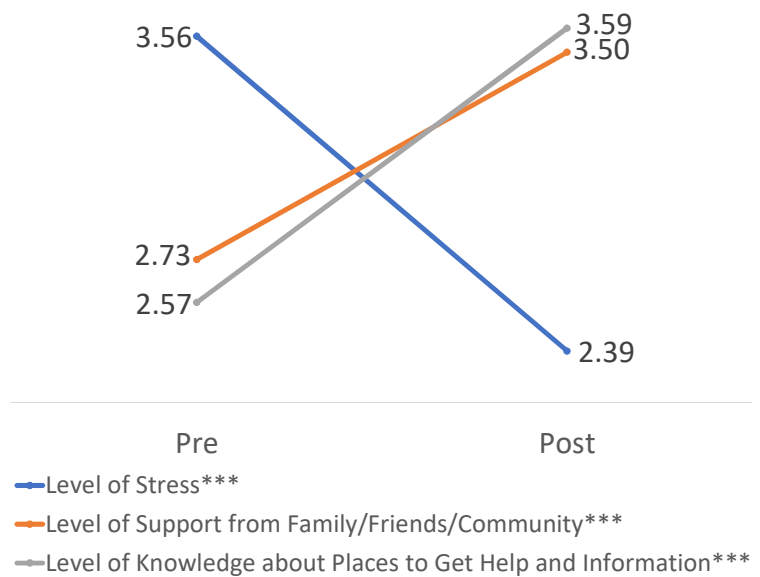
Crisis Intervention FY 19-20

- 2,933 Parents with Intervention Service Record
 - First 5: 1,742
 - DCFAS: 825
 - Community: 334
 - Unknown: 32
- 2,764 Families Served
- 1,391 Families with Pre-Assessment
- 1,205 Families with Post-Assessment
- 55% of Families Received at least One Referral
- 989 Families had a Crisis Intervention Case Management Plan



Crisis Intervention

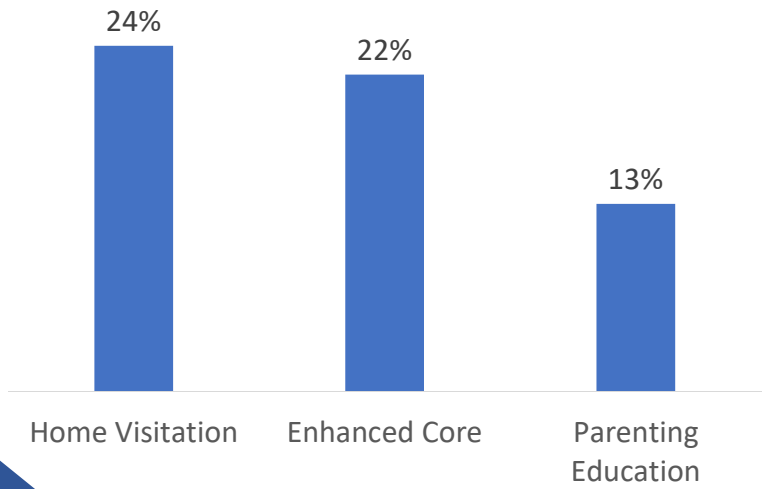
Changes in Stress, Support, and Knowledge After Participation in CI Services



Note: * indicates statistical significance at $p < .001$

Crisis Intervention

Family Engagement in Other FRC Services



CPS Outcomes FY 19-20



