



ADVISORY COMMITTEE

Members:

Robert Silva (Chair), Silvia Rodriguez (Vice-Chair), Katie Andrews, Robin Blanks, Emily Bowen, Carolyn Curtis, Jose Goris, Rebecca Gross, Heidi Keiser, Megan Masten, Pooja Mittal, Tony Smith, Ricki Townsend, Walter Wyniarczuk

MEETING AGENDA

In conformance with AB 361 and the Public Health Officer order of January 5, 2022, no in person meeting will be held this month and the public and members may participate in the meeting virtually via Zoom.

February 18, 2022

2:00-3:30PM

Join Zoom Meeting:

<https://saccounty-net.zoomgov.com/j/1618137893?pwd=S2UzVkhuQ0R0SDVUakR6NUZncGVRUT09>

Meeting ID: 161 813 7893
Passcode: 569066
Call-in: 1 669 254 5252 US

1. Call to Order/Roll Call
2. Welcome & Introductions
3. Public Comments on Off-Agenda Items
4. Commissioner Meet & Greet
 - Lee Turner Johnson
5. Approve minutes from November 12, 2021 meeting
6. Appoint Carolyn Curtis to SOS Committee
7. Appoint Second Alternate to SOS Committee
8. First 5 Financials- Revenue, Reserves & the 2024 Strategic Plan
9. REDI + CR Survey Results and Next Steps
Danielle Lawrence, Racial Justice Advocates
10. Presentation: *Me & My Emotions* Curriculum
Carolyn Curtis, Dibble Institute
11. Member Announcements/Comments
12. Adjourn

2750 Gateway Oaks Dr., #330, Sacramento, CA 95833
Second Friday of even months, except as noted.

If there is a need for an accommodation pursuant to Americans with Disabilities Act (ADA), medical reasons or for other needs, please contact the Clerk of the Board by telephone at (916) 874-5411 (voice) and CA Relay Services 711 (for the hearing impaired) or WillsSt@saccounty.gov prior to the meeting.



ADVISORY COMMITTEE
DRAFT ACTION SUMMARY

Friday, Nov 12, 2021 - 2:00 PM

Members: Robert Silva (Chair), Silvia Rodriguez (Vice-Chair)
Katie Andrew, Robin Blanks, Emily Bowen, Carolyn Curtis, Jose Goris, Rebecca Gross, Heidi Keiser, Megan Masten, Pooja Mittal, Alexandria Paige, Tony Smith, Ricki Townsend, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Stephanie Wills, Clerk of Commission
Erin Maurie, Communications and Policy Director

Absent: Alexandria Paige, Jose Goris, Pooja Mittal

1. Call to Order/Roll Call

ACTION: The Zoom Meeting was called to order at 2:02 PM. A quorum was established.

2. Welcome and Introductions

Erik Fernandez y Garcia, MD, First 5 Sacramento Commissioner and Pat Hume, candidate for District 5 Board of Supervisors seat, joined the meeting.

3. Commissioner Meet and Greet: Erik Fernandez y Garcia, MD, First 5 Sacramento Commissioner

Members learned about Commissioner Fernandez y Garcia role as a pediatric doctor for UCD serving children through active care, research and training. His background brings to the First 5 Commission the perspective of a children's health expert, an advocate for an underserved community member and a parent. He is also part of the statewide and local maternal mental health collaborative.

Commissioner Fernandez y Garcia answered member questions and shared his perspective about serving Afghan refugees, addressing racial inequities in the medical system and mental health.

4. Public Comments on Off-Agenda Items
No Comment.

5. Approval of the Draft Action Summary from October 8, 2021

ACTION: Motion to approve from Robin Blanks and seconded by Carolyn Curtis.

6. First 5 Sacramento's Executive Director's Report

Julie Gallelo shared the following items:

- Highlights from the Nov. 2021 Commission Meeting included the resigning of Commissioner Kathy Kossick
- First 5 CA funding for Afghan refugees and F5 Sac local efforts
- CalWORKs Home Visiting Program (HVP) Reductions
- Racial Equity, Diversity & Inclusion (REDI) Update
- Commissioner Recruitment
- Resignation of First 5 CA and First 5 Association executive directors.

7. Approve Updated Advisory Committee Bylaws

After the 30-day public period for comment on bylaws changes the Committee voted on the following changes:

- Stipend policy
- SOS Standing Committee
- Appointment of Alternate Committee Members

ACTION: Motion to approve by Silvia Rodriguez and seconded by Tony Smith.

8. Appoint Alternate Members to Standing Commission Committees (FPC, SOS, Evaluation)

Julie discussed having Advisory Committee members serve as alternates to the First 5 Sacramento Committees: Financial Planning, Evaluation and Systems Optimization and Sustainability (SOS). Chair Bob Silva made the following appointments

- Evaluation Committee: First Alternate: Tony Smith and Second Alternate: Walter Wyniarczuk

- SOS Committee: First Alternate: Carolyn Curtis and Second Alternate: Heidi Keiser
- Financial Planning Committee: First Alternate: Robin Blanks and Second Alternate: Rebecca Gross

9. Approve 2022 Advisory Meeting Calendar

The Committee discussed the 2022 meeting calendar and were delighted to learn that Zoom attendance will continue to be available.

ACTION: Motion to approve by Robin Blanks and seconded by Rebecca Gross.

10. REDI Update with Racial Justice Advocates

Julie provided the members with an update on our REDI work that including the Racial Equity and Social Justice Action Plan detailing the five main goals of the plan.

GOAL 1: Review and revise all policies, procedures, practices, protocols and publications to ensure racial equity is a core value of First 5 Sacramento.

GOAL 2: Offer ongoing professional development and training to the Commission, Committees, partners and staff on implicit bias and an anti-racist framework regarding racial, economic and social justice.

GOAL 3: Provide opportunities for community members of color to become a voice within our organization through education, training and fellowship opportunities; creating a pathway to leadership that promotes diversity and equality in decision making for children and families.

GOAL 4: Continually monitor for the potential presence of health, school readiness and family strengthening disparities through data collection and evaluation, using equity to guide our research for equal health outcomes.

GOAL 5: Prioritize the investment of promoting racial equity to address social determinants of health, school readiness and family strengthening, including but not limited to continuing support for First 5 Sacramento programs that reduce the death of African American and Indigenous children.

First 5 is partnering with Racial Justice Advocates to lead the Commission's REDI work. The first step was conducting an internal

cultural responsiveness self-assessment with commissioners, committees and staff. The targeted areas of the survey included the following:

- Organization and Leadership
- Workforce Development
- Using Data for Understanding and Improvement
- Partnerships

The results of the survey provide the Action Plan with a roadmap to internally guide our implementation efforts.

11. Meet District 5 Supervisorial Candidate Pat Hume

Raised in Elk Grove Pat Hume has served on the Elk Grove Council since 2006. He shared his political background with the members as an advocate and volunteer helping young children and families. Members asked questions about mental health, poverty, county partnerships, family investment, state and federal pandemic funding, equity and bullying. His personal interest is leadership coaching.

12. Member Announcements/Comments

Heidi Keiser shared the Children's Coalition update.
Silvia Rodriguez shared an update on the mental health crisis response.

Adjourned: 3:38 p.m.

Respectfully submitted,

Erin Maurie
First 5 Sacramento Commission

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
February 2022

HIGHLIGHTS OF LAST COMMISSION MEETING – February 7, 2022

- Approval of First 5 Sacramento 2022 Policy Priorities
- Presentation: Evaluation Findings from FY20/21 Efforts to Reduce African American Child Deaths

AGENDA FOR UPCOMING COMMISSION MEETING – March 7, 2022

- Approval of ARPA Funding to Implement Building Strong Families Project
- Approval of Strategic Plan Calendar and Release RFQ for Strategic Plan Facilitation
- Annual Review of First 5 Sacramento 2021-2024 Strategic Plan
- Presentation: First 5 Sacramento FY20/21 Annual Impact Report
- Presentation: REDI Assessment Highlights and Next Steps

FIRST 5 SACRAMENTO GENERAL UPDATES

CalWORKs Home Visiting Program Update

Staff are pleased to announce that the Department of Human Assistance has been allowed to use unspent CalWORKs funding to backfill the approximately \$900,000 reduction to Birth & Beyond for FY2021/22. The funds, should they be needed by the B&B partners, will be made available to ensure that home visiting services for CalWORKs clients can continue without interruption or establishment of a waitlist.

ARPA Funding Secured- Building Strong Families

First 5 partnered with the Department of Child, Family and Adult Services (DCFAS) to request American Rescue Plan Act funding to implement a new program titled Building Strong Families. Last month, the Sacramento County Board of Supervisors approved funding in the amount of \$3.9 million over the next 2.5 years. First 5 and DCFAS will contract with community based agencies to hire Family Support Navigators. The Navigators will connect stressed families to critical services such as home visiting, health and mental health services, transportation, housing and basic needs, with a goal of building stronger families in the geographic locations hardest hit by Covid.

Afghan Refugee Services

First 5 staff continues its partnership with local organizations to educate ourselves and our contractors on the needs of refugee families. In December, First 5 administered a survey to determine what information the providers need in order to better serve refugee families. Approximately half of agencies who responded to the survey expressed the desire to be connected with organizations to recruit bilingual/bicultural staff, many whom were former refugees as adolescents. Almost all agencies would like to learn more about cultural norms, mental health, and working with refugees in more culturally responsive ways. Opening Doors, a resettlement agency, will present at the February 17 Quarterly Contractors Meeting, as we continue our series of provider trainings.

Additionally, last October, First 5 California allocated \$3 million for FY2022/23 to support refugees across the state, broadening the initial primary audience from

Afghan families to all refugees. First 5 Sacramento will apply for funding next month to provide support for childcare and other needs including translation and legal services, diapers, wipes, formula and other basic needs, and culturally responsive family outreach, engagement, and system navigation.

Racial Equity, Diversity & Inclusion (REDI)

In November, Commissioners received a presentation on First 5 Sacramento's REDI Action Plan and highlights from the internal REDI+Cultural Responsiveness (CR) survey results. The REDI Action plan stands to operationalize the goals the Commission set forth in its Resolution and focuses on 5 of the 9 objectives that were prioritized by the SOS Committee based on the impact that achievement will have in the community.

The REDI+CR survey was conducted with a goal of establishing a baseline of knowledge around REDI and cultural responsiveness with results to inspire recommendations for "right size" next steps to further the REDI work of the Commission. A formal report of recommendations is being finalized by Racial Justice Advocates and will be presented to the Commission in March.

On January 24, the First 5 Sacramento staff met with REDI Curbside Consultants made available through the First 5 Association. The session focused on determining best strategies for deepening investments in capacity building for community based organizations supporting children and their families in order to reach new partners and increase equity in funding and targeted services.

First 5 staff joined a County sponsored Racial Equity Committee for their kick-off meeting on January 25. Members from the Department of Health Services, Human Assistance and First 5 discussed cross-systems issues that we are experiencing and opportunities to move REDI work forward. The Department of Child, Family & Adult Services will be invited to join this Committee going forward.

First 5 Sacramento continues to offer capacity building opportunities through Impact Foundry and their Cultural Intelligence Series. Upcoming session: Intro to Cultural Intelligence, February 15, 2022.

Health Plan Collaborations

Commission staff have been spending more time on the systems improvement strategies outlined in the Implementation Plan. Specific to our Health-related result area, staff have been meeting with health plans, including HealthNet, Anthem, and Molina, to share information about each other's services and seek opportunities to collaborate. Through facilitating connections to partners and funded programs, Molina has expressed interest in promoting the Black Mothers United program amongst its members. Anthem has met with one of our partners, Hui International, and will be providing them with funding to support the expansion of a parent education curriculum for Afghan families. In addition, Anthem will be providing funding to the Sacramento Maternal Mental Health Collaborative to support their *Be Mom Aware* public education campaign.

Stipend Grants Awarded

In alignment with Community Connection Grant (CCG) objectives, First 5 offered "Parent Voice Stipend" mini-grants to our Home Visiting Coordination Collaborative (HVCC) partners. These small grants of up to \$1,000 are to support organizations in creating meaningful opportunities to integrate community voice in leadership and decision-making roles at their organizations. There were seven applicants, including six Birth & Beyond family resource centers and one Black Child Legacy Campaign community incubator lead. Staff will follow-up with grantees in six months to evaluate how the stipends made a difference in parent leadership involvement.

STATE UPDATES

Governor Newsom unveiled his initial budget proposal for the 2022-23 fiscal year, a \$286.4 billion total spending plan that features a \$45.7 billion budget surplus.

The proposal builds on and expands programs for children and families included in the Governor's previous budgets. For example, the proposed budget includes funding to expand the California Home Visiting Program, strengthen the state's public health and behavioral health systems, train providers on Adverse Childhood Experiences (ACEs), pay for developmental screenings, hire additional community health workers, support initial implementation of dyadic care services for children and families, and continue the California Advancing and Innovating Medi-Cal (CalAIM) reforms. Additionally, the Administration proposes to extend dental managed care contracts through 2023.



FIRST 5 SACRAMENTO COMMISSION

Projecting FY 22/23 Revenues and Beyond

January
2022

What we will look at today...

- Importance of Projecting Revenues
- A look at Projection Methods
- Reviewing First 5 Revenues and Types
- Projecting FY 22/23 Revenues and Beyond

What is the importance of projecting revenues?

Over-estimating your revenue income can result in: (The bad problem)

- Not enough financing to support budgeted expenditures.
- Additional funds needed from reserves.
- Reductions to contracts and services provided.
- Reduction to the next Strategic Plan allocation.
- Intangibles: Panic, disruption, uncertainty

Under-estimating your revenue income can result in: (The not so bad problem)

- Increases fund balance, reduces financing needed from reserves, and increases the next Strategic Plan allocation.
- Services that could have been provided to the community with the additional revenues are delayed until the next Strategic Plan.

Projection Methods Used, and Why...

- Qualitative
 - Rely on expert judgment to make estimates including financial, program, and outside agency experts.
- Quantitative
 - Depends on using numbers to estimate revenues, typically with historical data to find averages and trends and apply them to years going forward.
- First 5 utilizes a combination of both, why?
 - Quantitative gives us a baseline projection based on how the revenue has trended over the last 3 to 5 years strictly by the numbers.
 - Qualitative allows for expert judgment to make adjustments based on the impact of unknown factors such as new legislation, economic downturn/upturn, advice from the industry associations, State expert recommendations, etc.

Reviewing the First 5 Revenues:

Revenues Easy to Estimate:

- CBCAP/CAPIT
 - A cost reimbursement grant for in the area of child abuse prevention.
- CalWORKs
 - A cost reimbursement grant to provide home visiting services.
- American Rescue Plan Act (ARPA)
 - A cost reimbursement grant to provide Family Support Navigators to each of the Family Resource Center (FRC) locations.
- Home Visiting Coordination Collaborative (HVCC)
 - A cost reimbursement grant to provide staff to engage in the coordination of various home visiting programs.

Revenues Difficult to Estimate:

- Proposition 10
 - Is a state allocation to counties based on tobacco taxes collected. Changes to legislation and complex allocation formulas causes actual amount swings year to year.
- Interest
 - Earnings derived from returns on investments held by the county and proportioned out to various trust funds. The condition of the economy can cause large changes to the returns.
- Medi-Cal Administrative Activities (MAA)
 - A formula reimbursement based on expenses incurred providing MAA reimbursable activities. Restrictive program changes and decreased participation make estimates difficult.

Estimating the Difficult Revenues for FY 22/23 and Beyond

- Proposition 10

- There are 3 components that make up Prop 10 Revenues, Monthly allocations from tax receipts, a once annual Prop 56 backfill, and a once annual SMIF (interest payment) for funds held by the State before distributing.
- Analysis concluded that use of the three year trend of a 2.09% annual reduction adjusted to 3% for anticipated ban on flavored tobacco sales and more people returning to work.
- Prior three averages used for Prop 56 backfill and SMIF.

- MAA

- Analysis on MAA revenues is not finished but is expected to be completed in the next few weeks.

- Interest

- High inflation and continuing effects from COVID is expected to keep returns low. Budget estimates will use a 1% rate of return.

Proposition 10 Trends and Projections

PROPOSITION 10 REVENUES							BUDGET & STRATEGIC PLAN PROJECTIONS			
							Estimated			
Prop 10 Monthly Allocation	FY 16/17	FY 17/18	FY 18/19	FY 19/20	FY 20/21	FY 21/22		FY 22/23	FY 23/24	
Total	\$ 12,768,468.39	\$ 10,792,033.76	\$ 10,930,883.16	\$ 9,865,628.84	\$ 10,478,351.39	\$ 10,295,523.72		Prop 10 Monthly Allocation	\$ 9,986,658.01	\$ 9,687,058.27
YoY Change in Dollars	\$ (671,538.94)	\$ (1,976,434.63)	\$ 138,849.40	\$ (1,065,254.32)	\$ 612,722.55	\$ (114,716.59)				
YoY Change as a %	-5.00%	-15.48%	1.29%	-9.75%	6.21%	-1.74%				
Prop 56 Backfill	0	\$ 501,667.11	\$ 1,192,588.60	\$ 2,969,793.11	\$ 3,150,162.41	\$ 3,289,482.16		Prop 56 Backfill	\$ 3,136,479.23	\$ 3,192,041.27
SMIF(Interest from State)	\$ 10,399.98	\$ 16,462.23	\$ 33,178.95	\$ 44,505.88	\$ 8,238.23	\$ 28,641.02		SMIF(Interest from State)	\$ 27,128.38	\$ 21,335.88
TOTAL Prop 10	\$ 12,778,868.37	\$ 11,310,163.10	\$ 12,156,650.71	\$ 12,879,927.83	\$ 13,636,752.03	\$ 13,613,646.90		Total Prop 10 Projection	\$ 13,150,265.61	\$ 12,900,435.41
	\$ (667,534.82)	\$ (1,468,705.27)	\$ 846,487.61	\$ 723,277.12	\$ 756,824.20	\$ (23,105.13)				
YoY Change	-4.96%	-11.49%	7.48%	5.95%	5.88%	-0.17%				
								2024 Strategic Plan		
						= Estimated		FY 24/25	FY 25/26	FY 26/27
Trend	Beginning	End	Reduction	%	Reduction Factor		Prop 10 Monthly Allocation	\$ 9,396,446.52	\$ 9,114,553.12	\$ 8,841,116.53
3 year	\$ 10,930,883.16	\$ 10,478,351.39	\$ 452,531.77	4.14%	2.09%	97.91%	Prop 56 Backfill	\$ 3,206,000.88	\$ 3,206,000.88	\$ 3,206,000.88
4 year	\$ 10,792,033.76	\$ 10,478,351.39	\$ 313,682.37	2.91%	0.98%	99.02%	SMIF(Interest from State)	\$ 25,701.76	\$ 25,701.76	\$ 25,701.76
5 year	\$ 12,768,468.39	\$ 10,478,351.39	\$ 2,290,117.00	17.94%	4.82%	95.18%				
							Total Prop 10 Projection	\$ 12,628,149.16	\$ 12,346,255.77	\$ 12,072,819.17
Analysis	5 year experience high volatility due to passage of Proposition 56.									
	3 year is most recent history but has the effects of working from home.									
	4 year starts with lower baseline due to first year of Prop 56									
Decision	Best to use most recent 3 years and adjust slightly higher in anticipation of less work from home. Adjustment for ban on flavored tobacco needs to be applied.									



THANK YOU!

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Questions and Discussion