



ADVISORY COMMITTEE

Members:

Katie Andrew, Emily Asquith Velasquez, Robin Blanks, Carolyn Curtis, Jose Goris (Vice Chair), Heidi Keiser, Edward Lewis, Megan Masten, Pooja Mittal, Jennifer Mohammad, Tanya Morgan, Alexxandria Paige, Silvia Rodriguez (Chair), Tony Smith, Walter Wyniarczuk

MEETING AGENDA

**November 18,
2022**

2:00-3:30PM

**THIS MEETING IS HELD
VIA TELECONFERENCE
WEBINAR DUE TO
COVID RESTRICTIONS**

Join Zoom Meeting:

<https://saccounty-net.zoomgov.com/j/1618137893?pwd=S2UzVkhuO0ROSDVUakR6NUZneGVROT09>

Meeting ID: 161 813
7893

Passcode: 569066
Call-in: 1 669 254 5252

1. Call to Order/Roll Call	2 minutes
2. Welcome & Introductions	5 minutes
3. Public Comments on Off-Agenda Items	2 minutes
4. Approve Minutes from October 14, 2022	5 minutes
5. Executive Director Update	10 minutes
6. Approve 2023 Meeting Calendar	5 minutes
7. 2024 First 5 Strategic Planning Update	20 minutes
8. Presentation: Help Me Grow Sacramento	30 minutes
9. Member Announcements/Comments	5 minutes
10. Adjourn	



ADVISORY COMMITTEE
DRAFT ACTION SUMMARY

October 14, 2022 - 2:00 PM

Members: Emily Asquith Velasquez, Robin Blanks, Carolyn Curtis, Junior Goris (Vice Chair), Heidi Keiser, Edward Lewis, Megan Masten, Pooja Mittal, Tanya Morgan, Alexxandria Paige, Silvia Rodriguez (Chair), Tony Smith, Ricki Townsend, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Stephanie Wills, Clerk of Commission
Erin Maurie, Communications and Policy Director

Absent: Megan Masten, Pooja Mittal, Tanya Morgan, Alexxandria Paige, Ricki Townsend

1. Call to Order/Roll Call

ACTION: The Zoom Meeting was called to order at 2:06 PM. A quorum was established.

2. Welcome and Introductions

Jennifer Mohammad and Katie Andrew joined the meeting. Both are interested in serving on the Advisory Committee: Jennifer in the preschool seat and Katie in the oral health seat. Appointments will be made at the November Commission meeting.

Ricki Townsend is stepping off the Advisory Committee.

3. Public Comments on Off-Agenda Items

None at this time.

4. Approval of the Draft Action Summary from August 12, 2022

Edward Lewis requested the minutes and agendas be changed to list his name as Edward not Ed. **ACTION:** Motion to approve from Carolyn Curtis, seconded by Walter Wyniarczuk. Motion passes.

5. Executive Director's Report

- Julie Gallelo provided an update on the Countywide Child Abuse Prevention Planning and the related cross-systems collaboratives.
- With ARPA funding, First 5 will partner with DCFAS to fund the Child Abuse Prevention Center to implement a Safe Sleep Baby Health System Expansion that will work Labor & Deliver nurses, NICU social workers

and clinic staff to change policies and practices on safe discharge for high-risk infants.

- First 5 is working on the creation of a Countywide Childcare Coalition in partnership with Sacramento County Office of Education and Child Action, Inc.

6. **2024 First 5 Strategic Planning Update**

- Approve Creation of Ad hoc Committee
- Approve Advocacy Letter Concept

Silvia made the recommendation to create an Ad hoc Committee and asked for volunteers. Silvia, Walter, Heidi and Tony volunteered to work on the letter.

ACTION: A motion was made to establish a committee to create an advocacy letter to the Commission. **ACTION:** Motion to approve by Robin Blanks and seconded by Walter Wyniarczuk.

The assessment results from the October 3 Strategic Planning Retreat were shared with the Committee. Findings included opportunities for strategic growth; strategic priorities for the next 3-5 years; parents'/caregivers' perspectives, barriers and threats; and the role of REDI is First 5's future impact.

7. **Introduction: Parent Leadership Training Institute**

- Program Overview
- Civic Design Team Members
- Parent Recruitment

As part of our REDI work and commitment to elevate community voice, First 5 launched the Parent Leadership Training Institute (PLTI) in partnership with Health Net and Lead for Tomorrow. The PLTI model has engaged parents nationally in civics and leadership in over 50 communities in the last three decades. Each PLTI consists of a cohort of 20-25 parent (or caregiver) participants who attend 20 workshop sessions that focus on relationship-building and civic leadership. Each PLTI member develops a community project of their choice as they learn how to build relationships and navigate the decision-making process at all levels of government, education, health systems and others.

Part of the planning for PLTI requires a main decision-making body for the management and program implementation called the Civic Design Team (CDT). This diverse group of representatives from various sectors had their first convening. CDT members will serve as ambassadors, assist with recruitment, offer their expertise and organization assets. Advisory Committee members were asked to conduct outreach within their parent/caregiver networks to share the application.

8. **Member Announcements/Comments**

Walter made a suggestion to have presentations from First 5 service providers.

Adjourned: 3:47 p.m.

Respectfully submitted,

Erin Maurie
First 5 Sacramento Commission

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
October 2022

HIGHLIGHTS OF LAST COMMISSION MEETING – November 7, 2022

- Advisory Committee:
 - Appoint Katie Andrew to Oral Health Seat
 - Appoint Jennifer Mohammad to Preschool Seat
- Nominate and Appoint 2023 Commission Vice Chair- Beth Hassett
- Approve Contracts to Implement the Safe Sleep Baby Health System Expansion
- Approve Contract Amendment with Sacramento County Office of Education to Partner with Child Action Inc. in the Creation of a Countywide Childcare Coalition
- Approval of Contract Amendment with Her Health First to Support the Sacramento Maternal Mental Health Collaborative
- Public Hearing: Review and Adoption of the F5 Sacramento FY21/22 Financial Audit
- Public Hearing: Review and Adoption of the F5 Sacramento FY21/22 Annual Report to the Legislature
- Approval of 2024-2027 Strategic Plan Decision Points:
 - Mission Statement
 - Long-term Strategic Priorities & Outcomes

UPCOMING AGENDA ITEMS- December 5, 2022

- Approval of 2024-2027 Strategic Planning Decision Points
 - Funding Strategies
 - Funding Allocations by Priority & Outcome

FIRST 5 SACRAMENTO GENERAL UPDATES

2023 Meeting Options

Due to the Governor's and the Sacramento County Public Health Officer's emergency orders ending on January 31, 2023, public meetings – including First 5 Sacramento Commission and Committee meetings- will return to in-person beginning February 1, 2023. However, there are some exceptions:

- As long as a quorum of members are physically present at the meeting site, remaining members may be permitted to join virtually (with good cause).
- Virtual options are available for non-voting members, including members of the public and presenters
- These rules could change again if another outbreak occurs or the emergency orders are reinstated anytime after January 31, 2023.

Racial Equity, Diversity & Inclusion and Cultural Responsiveness (REDI +CR) Staff Retreat

First 5 Sacramento staff participated in the first of three REDI+CR Staff Retreats facilitated by April Jean of Pure Jeanius Consulting. Staff completed

an Equity Driven Leadership Self-Assessment and envisioned headlines for First 5 Sacramento 10-years from now. It was teambuilding, fun, educational, and a thought provoking time that set the tone and laid the foundation for the work ahead. There was 100% staff participation and active engagement throughout the day. The next retreat is in January and will further engage staff in developing the building blocks for the REDI+CR Action Plan.

Systems Change and Sustainability Accomplishments

In the current Strategic Plan, each priority result area has a list of potential systems improvement strategies, in addition to programmatic strategies, for investment. The Commission allocated \$100,000 for systems improvement strategies per year.

The SOS Committee reviewed a draft Systems & Sustainability Accomplishments report, which will be included in the larger Systems & Sustainability Evaluation in the Spring. The Committee recommended creating a one-pager to highlight the work, which is included in your packet.

These accomplishments, which include our REDI focus, are made possible by the dedicated staff and financial resources that are necessary for continuing and expanding upon this work.

Parent Leadership Training Institute (PLTI)

Thank you for your assistance in recruiting parents/caregivers to apply for the PLTI Sacramento cohort. We had over 60 applicants for the 25 slots available. The Civic Design Team members will be conducting interviews with each applicant in November, with the goal of selecting the cohort before the New Year.

First 5 Association of California Hires New Executive Director

The First 5 Association announced the appointment of Avo Makdessian as its new Executive Director this fall. Mr. Makdessian previously served as Policy Director for First 5 Santa Clara. He was also the Vice President of Community Partnerships and Learning for the Silicon Valley Community Foundation.

Member Orientation

As we have multiple new Advisory Committee members, and some existing members who want to know a bit more about how First 5 operates, the Executive Director will schedule an orientation/update zoom meeting before the end of the calendar year. All members and prospective members are invited. More details to come.

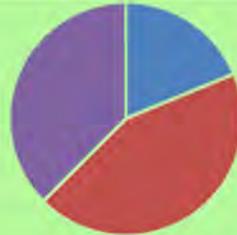


SYSTEMS IMPROVEMENT & SUSTAINABILITY HIGHLIGHTS

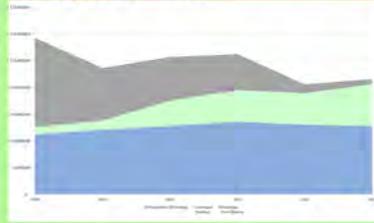


FROM 2020 THROUGH 2025, the First 5 Sacramento Commission is actively investing in 16 unique Systems Improvement & Sustainability Programs.

Of these, 7 are 100% funded with leveraged resources, 3 were funded with a combination of First 5 Sacramento funding and leveraged resources, and 6 were 100% funded by First 5 Sacramento with the majority resourced by staff time.



Proposition 10, Leverage Funding, & Reserve Financing, FY2018 – FY2023



LEVERAGED DOLLARS:

A total of \$25.7 million dollars are leveraged from outside resources through 2025 and \$242,300 in funding from First 5 to date (does not include staff time).

HISTORICAL PROJECTS:

First 5 Sacramento has been investing in Systems Improvement since 2004 with its Baby Friendly Hospital Initiative followed by other historical capital projects including dental clinics, tot lots, and water fluoridation which continue to benefit children and families today and for years to come.



ADVOCACY:

Since the approval of First 5 Sacramento's Advocacy protocols, the Commission has submitted 61 letters of support and attended 53 meetings with elected officials to advocate for legislation that advances our Policy Platform.

In turn, legislators have prioritized funding and children and families have received much needed supports in the areas of childcare, universal kindergarten and family leave, to name a few.



FUTURE INVESTMENTS





ADVISORY COMMITTEE CALENDAR 2023

Second Friday of even months, except as noted, 2:00 – 3:30 p.m.
First 5 Conference Room

<https://saccounty-net.zoomgov.com/j/1618137893?pwd=S2UzVkhuO0R0SDVUakR6NUZneGVRUT09>

MONTH	MONTH
JANUARY - NONE	JULY - NONE
FEBRUARY 10	AUGUST 11
MARCH - NONE	SEPTEMBER - NONE
APRIL 14	OCTOBER 13
MAY - NONE	NOVEMBER 17
JUNE 9	DECEMBER - NONE

Approved:

Strategic Planning

Long Term Strategic & Funding Priorities

**First 5 Sacramento
Advisory Committee
November 18, 2022**



Revised Mission Statement

Suggested Mission Statement

Original Mission Statement-

In partnership with the community, we support a prevention and early intervention system that promotes optimal health and development, narrows disparities, and improves the lives of children 0 to 5 and their families.

Approved-

In partnership with parents, caregivers, and their communities, we seek to advance equitable, inclusive, and culturally responsive prevention and early intervention policies, systems, and practices that eliminate racial inequities, promote optimal health and development, and improve the lives of children prenatal through age five and their families.

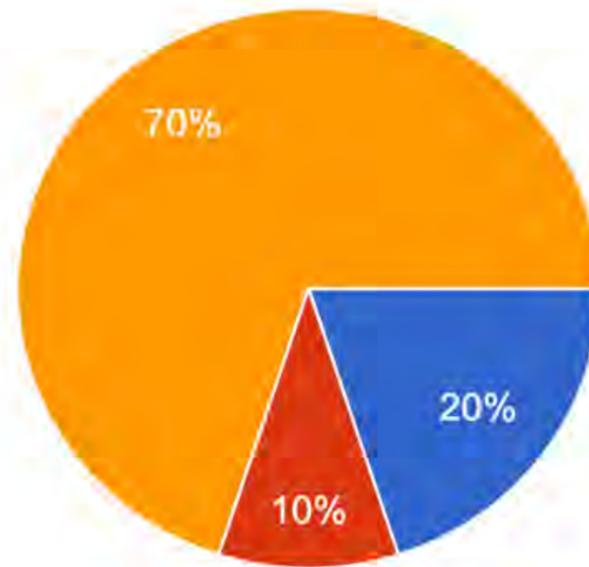
Ten Year Outcomes and Funding Priorities

Ten Year Outcomes & Funding Priorities

Ten Year Outcomes and Funding Priorities

Survey Results: F5Sac's 10-Year Strategic Direction

4.) Which option best articulates the strategic direction F5Sac should commit to over the next 10 years?
10 responses



- 1 - Prioritize funding for direct services primarily?
- 2 - Prioritize funding for policies and/or systems change primarily?
- 3 - Slowly transition from prioritizing funding for direct services to prioritizing funding for supporting policies and/or systems change?

Ten Year Outcomes and Funding Priorities

Approved Priorities

In partnership with parents, caregivers, and their communities, we seek to advance equitable, inclusive, and culturally responsive prevention and early intervention policies, systems, and practices that eliminate racial inequities, promote optimal health and development, and improve the lives of children prenatal through age five and their families.

In support of its mission, First 5 Sacramento will focus its resources on the following five long-term priority areas:

Priority 1: Optimize the physical and mental health, wellbeing, and development of children prenatal through age 5

Priority 2: Increase access to affordable and quality early care and learning for children prenatal through age 5

Priority 3: Increase accessible opportunities for parents/caregivers to provide meaningful input across all F5 Sacramento's priority areas, inclusive of funding initiatives

Priority 4: Advocate for policies and systems changes that center families and their needs, increase investments, and streamline services

Priority 5: Leverage relationships and networks to enhance Racial Equity Diversity Inclusion + Cultural Responsiveness across all priority areas

Ten Year Outcomes and 2024-2027 Goals

Approved Health/Wellbeing Strategic Outcomes

Priority 1: Optimize the physical and mental health, wellbeing, and development of children prenatal through age 5

Strategic Outcomes	2024-2027 Goals
1.1 - Increase the number of children who are born healthy and achieve optimal physical and mental wellbeing	1.1.1) From pregnancy through 24 months postpartum, increase parents' access to culturally responsive information and supports that reduce risk factors, improve birth outcomes, provide prenatal and postpartum screenings, and reduce infant mortality and health disparities
	1.1.2) Increase early detection of developmental and behavioral health concerns among infants and toddlers and improve access to early intervention services
	1.1.3) Strengthen children's social-emotional development
	1.1.4) Provide opportunities for positive parent-child interactions that bolster child development and reduce isolation
	1.1.5) Provide family-centered services that help parents solve problems and fortify family strengths in order to promote child safety and well-being
	1.1.6) Support parents and caregivers in building their resilience
	1.1.7) Strengthen children's physical and mental wellbeing through increasing access to and utilization of routine/recommended medical, dental and mental health services from prenatal through age five
1.2 - Increase the number of children whose basic needs are met to reach optimal development	1.2.1) Increase place-based family resource supports in high-opportunity neighborhoods
	1.2.2) Ensure parents/caregivers have access to information about child development and resources across the county that are specific to the needs of families with children prenatal –5
	1.2.3) Ensure parents/caregivers are linked to agencies and financial supports available to them

Ten Year Outcomes and 2024-2027 Goals

Approved Early Care & Learning Strategic Outcome

Priority 2: Increase access to affordable and quality early care and learning for children prenatal through age 5

Strategic Outcomes	2024-2027 Goals
2.1 - Increase the number of children who are connected to affordable, quality childcare and early learning	<p>2.1.1) Convene county-wide child care coalition to advocate for the prioritized needs of the child care community</p> <p>2.1.2.) Increase providers' access to and engagement with quality child care supports</p>

Ten Year Outcomes and 2024-2027 Goals

Approved Parent/Caregiver Strategic Outcomes

Priority 3: Increase accessible opportunities for parents/caregivers to provide meaningful input across all F5 Sacramento's priority areas, inclusive of funding initiatives

Strategic Outcomes	2024-2027 Goals
3.1 - Increase parent/caregiver expertise/knowledge/voice across all of First 5 Sacramento's priorities	<p>3.1.1) Cultivate parent/caregiver leadership in advocating for neighborhood improvement, the needs of families, and other self-identified community issues to improve the well-being of children prenatal through age five</p> <p>3.1.2) Create pathways to leadership for parents within First 5 Sacramento's processes</p> <p>3.1.3) Create processes that allow parents to have decision-making power within First 5's programs, policies, and practices</p> <p>3.1.4) Increase reach into underserved/unserved communities, including: parents/caregivers who are BIPOC (Black, Indigenous, and People of Color), monolingual, refugees, immigrants, single parents, young parents, first time parents, LGBTQ+ parents, disabled parents, parents of children in newborn intensive care units and parents of children with special needs</p>

Ten Year Outcomes and 2024-2027 Goals

Approved Policies and/or Systems Strategic Outcomes

Priority 4: Advocate for policies and systems changes that center families and their needs, increase investments, and streamline services

Strategic Outcomes	2024-2027 Goals
4.1 – Leverage non Prop 10 dollars to increase investments in children prenatal through age 5 and their families	4.1.1) Increase parent and community awareness of the needs of children prenatal to five, their parents and caregivers
	4.1.2) Inform and engage the public and private sector to understand and value the high return on investment in early childhood and to build public will to support children and families
	4.1.3) Leverage resources from government systems (federal, state, county, and city) and other public and private sources in support of children’s wellbeing and development, including health and early care and learning
4.2 – Increase the integration, equity, and accessibility of systems serving children prenatal through age 5 and their families	4.2.1) Advocate for equitable policies and practices that build a prevention-focused, healing-informed, culturally responsive early childhood system
	4.2.2) Advocate for racial, immigrant, and economic justice to ensure equitable access to services, resources and care for all young children and families
4.3 Improve the lives of children prenatal through age 5 and their families through advocacy and systems change	4.3.1) Develop integrated and coordinated services between public agencies and community-based organizations to meet the needs of Sacramento families and their children
	4.3.2) Coordinate and convene child and family serving agencies/systems to foster shared goals and commitments for a whole-child/family network centered in equity and community power.

Ten Year Outcomes and 2024-2027 Goals

Proposed REDI+CR Strategic Outcomes

Priority 5: Leverage relationships and networks to enhance Racial Equity Diversity Inclusion + Cultural Responsiveness across all priority areas

Strategic Outcomes	2024-2027 Goals
5.1 – Stronger REDI+CR across F5Sac’s priority areas	<p>5.1.1) Implement REDI+CR Plan in order to increase diversity, equity, belonging and anti-racism in the work of First 5 Sacramento and its partners and stakeholders</p> <p>5.1.2) Develop the capacity to practice and embed anti-racist policies and approaches across F5Sac internally and externally with funded partners and in the communities served</p>
5.2 - Increased investments in underserved/ unserved communities	<p>5.2.1) Use data to identify underserved/unserved communities in order to prioritize investments</p> <p>5.2.2) Build capacity of non-traditional partners/smaller community based organizations, that are trusted by the community and can be effective in providing culturally responsive services and supports</p> <p>5.2.3) Fund local agencies that are not current First 5 grantees to address community-led plans to support young children and families</p>

Ten Year Outcomes and Funding Priorities

Questions for Consideration – Funding Strategies

Given these priorities, in what ways might the Commission need to revise the manner in which we allocate our resources? (re: funding processes)

1. Allocate funding specifically to engage non-traditional partners / mini-grant program with capacity-building (P#1,2,5)
2. Procurement changes (i.e. including advances, loosening insurance requirements, revising scoring tools, revising review panel composition to include target populations, creating non-competitive processes for small CBOs) (P#1,2,5)
3. Increase systems and sustainability allocation [to allow for contracting with partners specifically around systems work] (P#1,2,4,5)
4. Funding for communication to parents about how to access resources
5. Funding for communication to build public will about importance of investing in prenatal-5
6. Allocate funds specifically for parent engagement and parent leadership development (P#3,5)
7. Consider F5 staffing levels and composition, given new direction within the priorities (to do community-building, advancing racial equity, improving systems that serve children and families, securing new funding and partnerships, etc.) (P#1,2,3,4,5)
8. Funding for implementing all 9 goals of the REDI+CR action plan – mentorship, capacity building, training, evaluation (P#1,2,3,4,5)

Ten Year Outcomes and Funding Priorities

Questions for Consideration – Funding Strategies (cont.)

Given these priorities, in what ways might the Commission need to revise the manner in which we allocate our resources? (re: community engagement)

1. Change how decisions are made by more intentionally including community voice in F5 funding processes (P#3,4,5)
2. Require applicants to incorporate community voice in developing their applications (P#3,4,5)
3. Allocate funds for ongoing accessible, parent-friendly community input processes (P#3,4,5)
4. Explore/implement a participatory funding process within identified under-resourced communities (P#1,5)

Next Steps

Next Steps

- December 5, 2022- Decision Point Two: Commission agrees on medium-term goals and funding allocations for 2024-2027
- February 6, 2023- Review and Consider Preliminary Draft of Strategic Plan