

ADVISORY COMMITTEE

MEETING AGENDA

Values Statement: *Through respectful inquiry, genuine interest, and intention to learn from its diverse members, this committee operates as a safe space in order to fulfill our purpose to advise the Commission on how best to serve all children and families in Sacramento County.*

April 12, 2024

2:00-3:30PM

This is an In-Person Meeting for Committee Members

2750 Gateway Oaks Drive, Suite 330

Sacramento, CA 95833

Community/Public May Join by Zoom:

<https://saccounty-net.zoomgov.com/j/1619371049?pwd=WERsdjIHNStjWmIyRVM0VzB4bmhpQT09>

Members:

Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

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|---|------------|
| 1. Welcome, Introductions & Teambuilder | 10 minutes |
| • Breathe w/Snoop Dog | |
| 2. Public Comments on Off-Agenda Items | 2 minutes |
| 3. Approve Minutes from February 9, 2024 | 5 minutes |
| 4. Appoint Alternate Member to the SOS Committee | 5 minutes |
| 5. Executive Director Update | 10 minutes |
| 6. HOPE Training | 35 minutes |
| <i>Alexxandria Paige</i> | |
| 7. Presentation: Sac Family Connect | 15 minutes |
| • Discussion/Brainstorm | |
| <i>Alejandra Labrado</i> | |
| 8. Member Announcements/Comments | 5 minutes |
| 9. Adjourn | |



ADISORY COMMITTEE
DRAFT ACTION SUMMARY

February 9, 2024, 2:00 PM

Members: Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Stephanie Wills, Clerk of Commission
Erin Maurie, Communications and Policy Director

Absent: Janea Hackett-Little, Darla Williams, Walter Wyniarczuk. Junior Goris attended via Zoom as a non-voting member.

1. Call to Order/Roll Call

ACTION: The meeting was called to order at 2:05 PM by Chair Silvia Rodriguez.

2. Welcome and Introductions

The ice-breaker was introducing yourself, the seat you occupy and your plans for the Super Bowl.

3. Public Comment and Off-Agenda Items

There were no public comments.

4. Meet and Greet with Commissioner Dave Gordon

Commissioner Dave Gordon, Superintendent of Schools for the Sacramento County Office of Education (SCOE) joined via zoom to share about his role at SCOE. Some highlights were the work with First 5 including the Help Me Grow program that offered developmental and behavioral screenings with referrals to appropriate organizations. Gordon also discussed their student literacy initiative and working with students with dyslexia. The major focus at SCOE for school districts is making schools a center of wellness and having a behavioral health clinician on site at schools. Committee Members engaged with questions about safe routes to schools, trauma informed care, wellness centers and Afghan immigrant support.

5. Approve Minutes from December 8, 2023

ACTION: Motion to approve from Carolyn Curtis, seconded by Robin Blanks. Motion passes.

6. Appoint Alternate member to the Evaluation Committee

Kairis Chiaji volunteered to be on the Evaluation Committee. The Committee Members approved.

7. Review and Approve 2024 Long-Range Agenda

The subcommittee met and developed a draft long-range agenda that was included in the packet. Other topics for consideration were presentations on special needs, library systems and early learning. Committee Member Alexxandria Paige asked to present at the April meeting on the program Healthy Outcomes Positive Experiences (HOPE).

ACTION: Motion to approve from Kairis Chiaji, seconded by Robin Blanks. Motion passes.

8. Executive Director's Report

Due to time constraints the Committee Members agreed to skip the Executive Director Report and refer to the information in the packet.

9. Presentation: Reducing African American Child Deaths

Jordan Katti from Applied Survey Research presented the Evaluation findings from FY22/23 Efforts to Reduce African American Child Deaths. The following efforts were highlighted:

- Pregnancy Peer Support Program
- Changes in Risk and Protective Factors
- Birth Outcomes
- Family Resource Centers
- Safe Sleep Baby Program
- Public Perinatal Education Campaign
- Countywide Trends

The 10-year goal was a reduction of African American child death by 10-20%. Findings included the following decreases:

- perinatal conditions deaths reduced by 23%
- infant sleep related deaths decreased by 33%
- child abuse and neglect homicides decreased by 25%

Jedida Gomes from Sierra Health Foundation with updates on the Black Child Legacy Campaign and the work of the Steering Committee and the Cultural Broker Program. Also presenting was Kenya Fagbemi from Her Health First with updates on the Black Mother's United peer pregnancy and doula programs.

The executive summary and full report are available on the [First 5 website](#).

10. Member Announcements/Public Comments

Committee Members Katie Andrew and Edward Lewis have resigned.

Adjourned: 3:45 p.m.

Respectfully submitted,
Erin Maurie
First 5 Sacramento Commission

FIRST 5 SACRAMENTO ADVISORY COMMITTEE

Director's Report

April 2024

HIGHLIGHTS FROM LAST COMMISSION MEETING– April 8, 2024

- Approval of Recommended Budget and 10-Year Financial Plan for FY24/25
- Award Contracts for Programs in the 2024 Strategic Plan Priority Areas of Health and Well-Being, Parent Partnership and Systems Improvement in the Amount up to \$2,481,897
 - Black Child Legacy Campaign Steering Committee
 - Countywide Childcare Coalition
 - Parent Engagement & Parent Leadership Development
 - Health Systems Liaison
 - Data Management System
 - Evaluation Services
- Presentation: Annual Evaluation Report for FY22/23

UPCOMING COMMISSION MEETING - June 3, 2024

- Award Contracts for Programs in the 2024 Strategic Plan Priority Areas of Health and Well-Being, Racial Equity and Quality Childcare
 - Training for Parent Cafes
 - REDI Evaluation
 - Childcare Coalition
- Approval of CalWORKs Revenue and Contracting Authority
- PH: First 5 CA FY22-23 Annual Report
- PH: Annual Review of First 5 Sacramento Strategic Plan
- Presentation: REDI Year in Review
- Presentation: Parent Leadership Training Institute Graduates

FIRST 5 SACRAMENTO GENERAL UPDATES

Sacramento County Approves Family First Sacramento Guaranteed Income Pilot Program

The Sacramento County Board of Supervisors unanimously approved the Family First Sacramento guaranteed income pilot program. Approximately 200 African American and Native American families will receive a basic income of \$725 every month for a year. This money specifically targets families with children ages 0-5 living in Valley High, Florin, North Sac, Del Paso and Arden Arcade.

In partnership with United Way, this pilot program will assist families with young children who are in need of economic supports and help to ensure their income stability. Congratulations to Commissioner Michelle Callejas and her team at the Department of Child, Family and Adult Services (DCFAS) for launching this program in Sacramento County.

[ABC Channel 10 covered the story](#) and interviewed Commissioner Steve Wirtz, who shared data that echoed the importance for families to have a stable income. Thank you Steve for being a First 5 Champion! This is a huge win for the families that First 5 supports, and we look forward to the roll out and success of this program.

Racial Equity, Diversity & Inclusion and Cultural Responsiveness (REDI +CR)

Participatory Grant Making Process Update

The Participatory Grant Making (PGM) process, now in its Discovery Phase, is focused on taking a deeper look into our current grant-making process and how it has evolved over the years. To support this process, staff provided historical documents such as strategic plans, communication and outreach modes, funding requirements and evaluation measurements to consultants, Pure Genius and Touchstone Leadership Group. A presentation to the Commission on the PGM process and progress is planned for a future Commission meeting.

Staff REDI Retreat

The all-staff REDI retreat took place on April 5. The team spent the day focused on building individual and collective capacity and mapping out future equity work.

Government Alliance on Racial Equity (GARE)

The GARE application for Sacramento County was submitted on March 8. As part of the application process, staff submitted a summary of four First 5 Sacramento DEI related initiatives including: Reducing African American Child Deaths and the Blue Ribbon Commission, the Resolution on Racial Equity and Social Justice, Consultants Employed to Support Operationalizing REDI, and the 2024 Strategic Planning Process.

City of Sacramento Children's Trust Update

Local early childhood experts (First 5, Child Action, Inc., SCOE and CAPC) have been actively engaged with the Planning and Oversight Commission regarding the development of Children's Trust Strategic Plan. In February, this early learning committee made recommendations specifically on the early childhood priority. Since then, a memo of those recommendations was sent to the Mayor and Council Members and an Opinion Editorial to the Sacramento Bee. Unfortunately, The Bee turned down the submission.

Additionally, the strategic planning firm has convened members of the early childhood experts committee, including First 5's executive director, to participate in focus groups. The three recommendations are: 1. Increase access to affordable, quality childcare. 2. Support early school success. 3.

Provide economic supports for families with young children (guaranteed income program, family support navigators, rental assistance).

City of Sacramento Early Childhood Development Partnership

The City of Sacramento was selected as one of 9 cities nationally to participate in the National League of Cities' Early Learning Nation initiative to develop a unique, local Early Childhood Action Plan in partnership with community stakeholders. First 5 Sacramento staff are participating in the 15-month peer-learning project which will include coaching, technical assistance, mentoring, modeling and peer support from cities that graduated from previous Early Learning Nation cohorts. Janine Cooper, Child Care Project Manager with the City of Sacramento, is leading the effort to convene the local group and draft the action plan.

State Budget and Policy Update

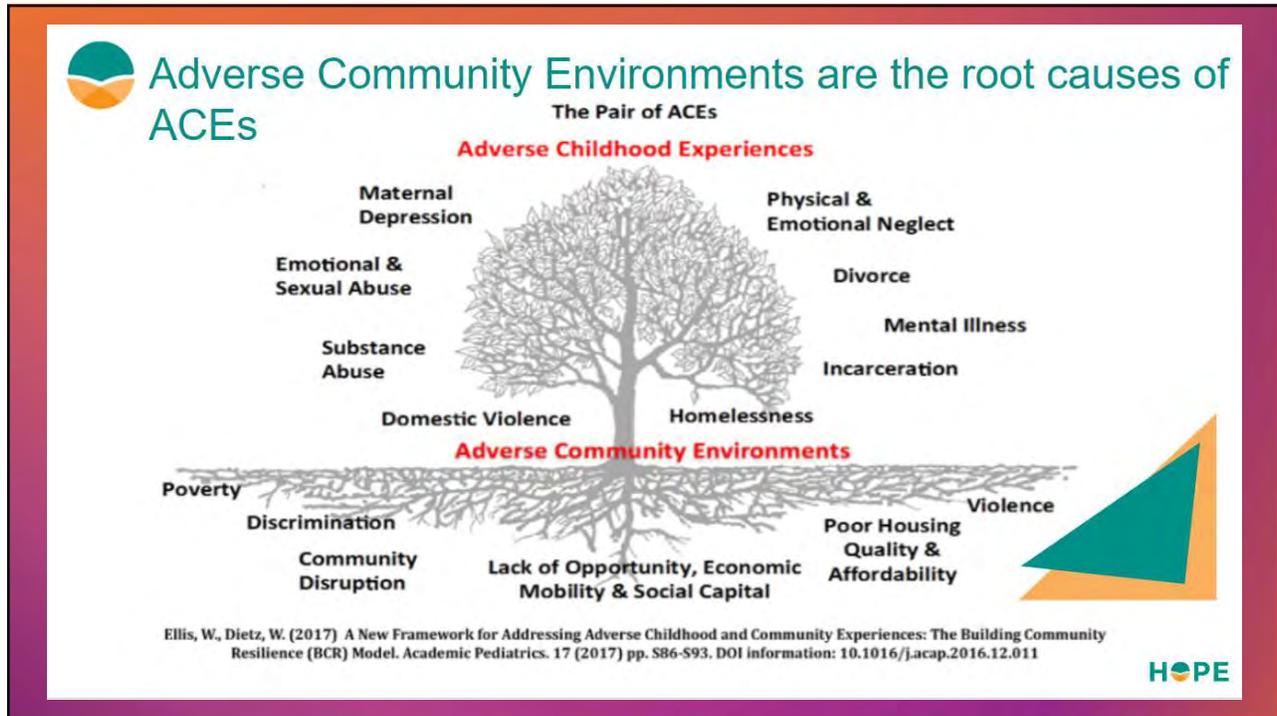
The First 5 Network has secured Assemblymember Gail Pellerin (Santa Cruz/Santa Clara) as a champion to support a one-time \$100 million First 5 investment. The funding would stabilize the drastic cuts of over \$400 million seen from Prop 31, the flavor tobacco ban. Assemblymember Pellerin's office has reached out to the Chairs of the Assembly and Senate Budget Committees requesting their support.

First 5 CA Summit

First 5 CA held its annual Child Health, Education and Care Summit March 25-27 in Oakland. The theme "Stronger Starts: 25 Years of First 5" brought together the First 5 Network to learn from state leaders about best practices in several areas of early childhood development for families and providers. Among the panelists was Carmen Garcia Gomez, First 5 Sac Evaluation Manager, speaking about results based accountability and gathering client level data.

Staffing Updates

After 30+ years with the County of Sacramento (7 of those years spent at First 5), Eric Harrold is retiring at the end of March. Eric has served as the Commission's Chief of Administration since 2017 and has been the creative force behind every updated, reader-friendly budget form used today. The positive culture he created amongst the Admin team is commendable and will be felt long after his departure. Interviews are taking place over the next two weeks to recruit a new Sr. Administrative Analyst. In order to help staff get through creating the 40+ contracts associated with the new strategic plan, Katie Cline will re-join the team as a retired annuitant for several months.



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Healthy Outcomes For Positive Experiences (HOPE)

The 4 Building Blocks of HOPE

- Relationships
- Environments
- Engagements
- Emotional and Social Growth

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Relationships

The Four Building Blocks of HOPE



Relationships with other children and adults through interpersonal activities.

Sege and Browne. Responding to ACEs with HOPE: Health Outcomes from Positive Experiences. Academic Pediatrics 2017; 17:S79-S85



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Environment

The Four Building Blocks of HOPE



Safe, equitable, stable environments for living, playing, learning at home and in school.

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Engagement

The Four Building Blocks of HOPE



Social and civic engagement to develop a sense of belonging and connectedness.

Sege and Browne. Responding to ACEs with HOPE: Health Outcomes from Positive Experiences. Academic Pediatrics 2017; 17:S79-S85



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Emotional Growth

The Four Building Blocks of HOPE



Emotional growth through playing and interacting with peers for self-awareness and self regulation.

Sege and Browne. Responding to ACEs with HOPE: Health Outcomes from Positive Experiences. Academic Pediatrics 2017; 17:S79-S85



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Introduction to HOPE

By taking the time to learn about HOPE, you are becoming part of a movement that seeks to change the way professionals who interface with children and families deliver care. This new approach is more effective, seeks active engagement with families, and works to avoid perpetuating racist systems.

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HOPE Is Framework that can be integrated into the work of organizations that serve families.

“Almost everything will work again if you unplug it for a few minutes, including you.”

- Anne Lamott

Real Talk

HOPE
HEALTHY OUTCOMES FROM POSITIVE EXPERIENCES

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HOPE is grounded on the Core assumption of the Science of the Positive from Jeff Linkenbach at the Montana Institute, which states that the positive exists, it is real and worth growing.

Positive experiences

- Promote children's health and well-being
- Allow children to form strong relationships and connections
- Cultivate positive self-image and self-worth
- Provide a sense of belonging
- Build skills that promote resilience

HOPE

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We know that Positive Experiences:

- Promote children's health and well-being
- Allow children to form strong relationships and connections
- Cultivate positive self-image and self-worth
- Provide a sense of belonging
- Build skills that promote resilience

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HOPE shifts the narrative so that people are defined by their strengths as well as the challenges they face.

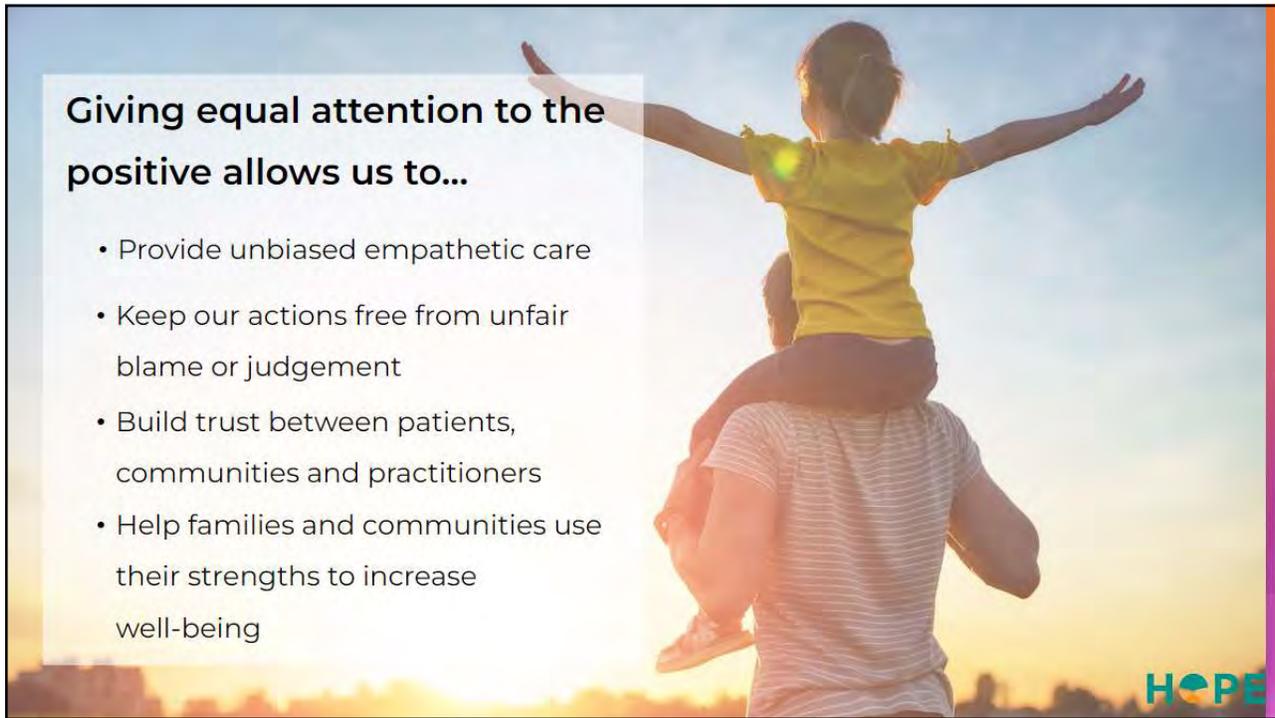


Yet, we tend to focus on the negative

Addressing problems and deficits is vital, and it would be a mistake to overlook the positive experiences that prevent, mitigate, and support healing from childhood trauma.

HOPE

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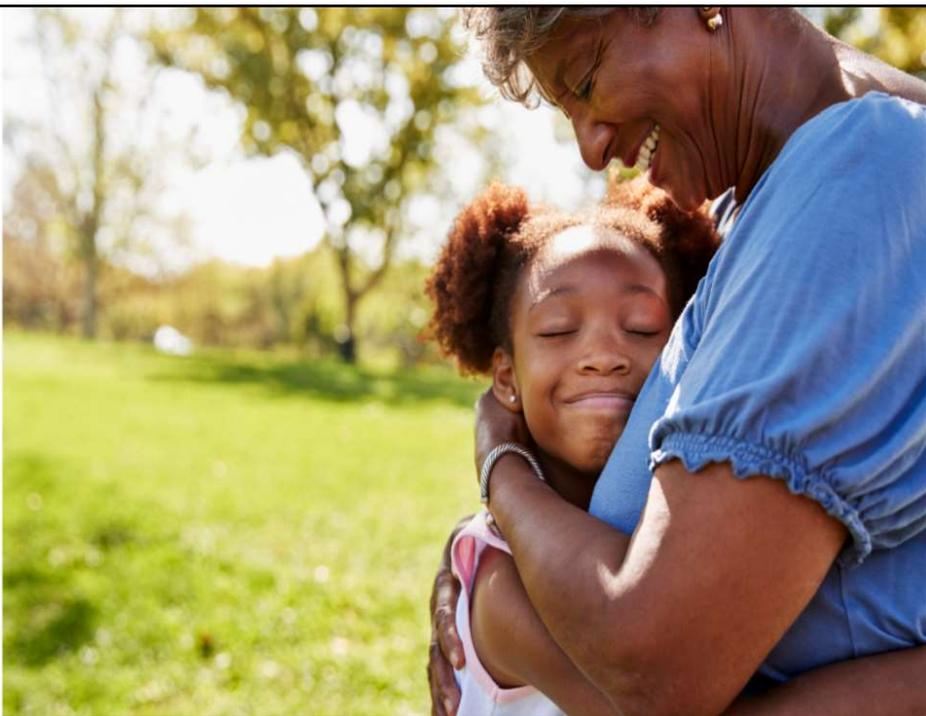


Giving equal attention to the positive allows us to...

- Provide unbiased empathetic care
- Keep our actions free from unfair blame or judgement
- Build trust between patients, communities and practitioners
- Help families and communities use their strengths to increase well-being

HOPE

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HOPE
HEALTHY OUTCOMES
FROM POSITIVE EXPERIENCES

Strengths-based,
Child-centered,
Family-led
innovating around
promoting access to
the Four Building
Blocks

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Families are Resilient. HOPE celebrates their strengths.



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Questions?



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