

ADVISORY COMMITTEE

MEETING AGENDA

Values Statement: *Through respectful inquiry, genuine interest, and intention to learn from its diverse members, this committee operates as a safe space in order to fulfill our purpose to advise the Commission on how best to serve all children and families in Sacramento County.*

November 8, 2024

2:00-3:30PM

This is an In-Person Meeting for Committee Members

2750 Gateway Oaks Drive, Suite 330
Sacramento, CA 95833

Community/Public May Join By Zoom:

<https://saccounty-net.zoomgov.com/j/1619371049?pwd=WERsdjJHNStjWmIyRVMOVzB4bmhpQT09>

Members:

Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

- | | |
|--|------------|
| 1. Welcome, Introductions & Teambuilder | 10 minutes |
| 2. Public Comments on Off-Agenda Items | 5 minutes |
| 3. Meet & Greet with Commissioner LaWanda Wesley | 20 minutes |
| 4. Approve Minutes from August 9 & October 11, 2024 | 5 minutes |
| 5. Executive Director Update | 10 minutes |
| 6. Report Outs from Committee Reps | 5 minutes |
| 7. Elect Chair & Vice-Chair for 2025 | 5 minutes |
| 8. 2025 Long-Range Agenda Planning | 25 minutes |
| • Discussion | |
| 9. Member Announcements | 5 minutes |
| 10. Adjourn | |



Advisory Committee Meeting Agreements

Be Present: Engage in active listening and be aware of your thoughts and feelings in the moment. What do you need to stay present and engaged? Limit technology and distractions to only that which furthers your learning.

Honor Confidentiality: Share themes and learning outside of the space, but not individual stories.

Establish Brave Space: In difficult conversations our learning often comes through our own discomfort and risk taking. By avoiding conflict or keeping others "comfortable" you may miss the opportunity to authentically engage with others or further your own understanding. However, we also recognize that sometimes our words create harm despite our best intentions. We acknowledge we are here to learn in community with one another. By centering our work on our shared goals and values and approaching conversations with respect and generosity we will further our shared learning.

Expect and Accept Non-Closure: We want to solve problems and resolve conflict, and this is lifelong work. These are processes and awareness-raising conversations intended to further individual transformation, not the transformation of others. Sometimes you may have to revisit conversations to reconcile differences, and in other cases, things will go left unsaid, unfinished.

Power Dynamics: This is a non-hierarchical space. Remember, power dynamics change based on individual's identities and positionality. Be cognizant of the fact that some voices and identities have been given privilege while other voices and identities have been discriminated against.

Take Space/Make Space If you are someone who tends to not speak a lot, challenge yourself to contribute by speaking more. If you tend to speak a lot, make space for others to participate and focus on listening. As a group, notice and acknowledge power dynamics in the room - who is talking first?

Who is holding power because of their role (like the facilitator), status, or identity? Who is disengaging or observing instead of actively participating?

Speak Your Truth and Let Others Speak Theirs: Different perspectives are welcome and encouraged. Speak from your own lived experience and not from experience that you do not personally have. Your normal may not be my normal.

Together We Know a Lot: Each of us brings knowledge to our discussions. And together, we know more than anyone of us alone. Shared learning is a practice in humility because we have something to learn from everyone in the room. It also means we all have a responsibility to share what we know and our questions, so that others may learn from us.

We Are Human, Not Perfect: As much as we'd like to be, we are human and therefore imperfect. We can't always be articulate. Often people feel hesitant to participate for fear of "messing up" or stumbling over their words. We encourage everyone to participate, even if you can't get it right all the time.

When Your Mind Starts to Judge, Instead Turn to Wonder: Approach problems and challenges from a place of curiosity and creative thinking rather from a point of frustration or judgment. This includes staying open to feedback and inquiry that others may offer you.

Make a Commitment as a Group: Keep the Racial Equity, Diversity and Inclusion and Cultural Responsiveness (REDI+CR) conversations going.



ADISORY COMMITTEE
DRAFT ACTION SUMMARY

August 9, 2024, 2:00 PM

Members: Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Lindsay Dunckel, Early Learning Coordinator
Erin Maurie, Communications and Policy Director
Maria Hammill Communications and Policy Director

Call to Order/Roll Call

ACTION: The meeting was called to order at 2:05 PM by Vice Chair Junior Goris.

Absent: Javeed Ahmad, Heidi Keiser, Silvia Rodriguez, Darla Williams, and Tony Smith. Linda Thrift attended via zoom and unable to vote.

1. Welcome, Introductions and Teambuilder

The meeting was chaired by Vice Chair Junior Goris. The Committee welcome new member Kesha Harris.

2. Public Comment and Off-Agenda Items

Members were asked to complete the conflict of interest form and hand it in before they leave.

3. Approve Minutes from April 12, 2024, and June 14, 2024

ACTION: Motion to approve from Carolyn Curtis seconded by Jennifer Mohammed. Motion passes.

4. Executive Director's Update

- Julie Gallelo provided the following First 5 highlights: August 5th Commission Meeting
- Parent Leadership Training Institute (PLTI) Graduation
- 25th Anniversary Planning & Social Media Engagement
- REDI+ CR Update
- Court Ordered Parenting Education Classes Update
- Building Strong Families Report
- State Budget Update

5. First 5 Livable Wage Statement

The topic of Livable Wage continues to be discussed and researched in support of the Commissions REDI and sustainability work. Staff researched into the subject and conducted a survey of partners to explore their attitudes and perspectives concerning policies and practices for achieving a Livable Wage. Developing a Livable Wage Statement was determined to be a key next step as we continue to communicate its importance. The Systems Optimization and Sustainability (SOS) Committee was tasked with reviewing the Livable Wage Value Statement and it was approved at the June 2024 meeting. The Livable Wage Value Statement is included in all contracts.

6. Presentation: Help Me Grow Sacramento

Christine Smith, Director of Early Learning at the Sacramento County Office of Education, provided an overview of the Help Me Grow (HMG) program, a First 5 contract, to members. The core components of the development and behavioral screening program provides a continuous system of care to improve outcomes for children through early identification and intervention. Christine provided background data results and conducted a hands-on activity with the members to provide them with a better understanding of how HMG family advocates work with families, health care providers and the community.

7. Member Announcements/Public Comment

Kesha Harris announced tree planting on October 19. More information to follow.

Adjourned: 3:30 p.m.

Respectfully submitted,
Maria Hammill
First 5 Sacramento Commission



ADISORY COMMITTEE
DRAFT ACTION SUMMARY

October 11, 2024, 2:00 PM

Members: Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Lindsay Dunckel, Early Learning Coordinator
Erin Maurie, Communications and Policy Director
Maria Hammill, Administrative Services Officer 1

Call to Order/Roll Call

ACTION: The meeting was called to order at 2:08 PM by Julie Gallelo.

Absent: Fatima Malik, Carolyn Curtis, Janea Hackett-Little, Alexxandria Paige, Silvia Rodriguez, Darla Williams and Walter Wyniarczuk. Heidi Keiser, Jennifer Mohammad and Linda Thrift attended via zoom and were unable to vote.

1. Welcome, Introductions and Teambuilder

The meeting was chaired by Julie Gallelo & Vice Chair Junior Goris. The Committee welcomed new member Javeed Ahmad.

2. Public Comment and Off-Agenda Items

None.

3. Approve Minutes from August 9, 2024

A quorum was not established. Approval of the minutes was tabled to the December meeting.

4. Executive Director's Update

Julie Gallelo provided the following First 5 highlights: October 7 Commission Meeting

- 25th Anniversary Regional Power Building Summit
- Sacramento County Valued Behaviors Awards
- REDI Updates
- Parent Engagement Update
- Children's Fund Update Measure L Update
- Black Early Care and Education Conference

5. Remembering Commissioner Steve Wirtz

Members shared their memories of working with Commissioner Wirtz and expressed their admiration for his dedication to improving outcomes for children and families. Julie shared that Chair Serna presented a resolution for Commissioner Wirtz to his daughter, Nicole.

6. 2025 Long-Range Agenda Planning

Members had a robust conversation brainstorming topics, community presentations and playing an active role in our REDI work. Further discussion on topics for next year will be on the December agenda.

7. Member Announcements/Public Comment

Kesha announced a community garden tree planting event on October 19. A flyer was in the packet.

Junior announced that October 16th the county is hosting Board Commission appreciation day at the County Administration Building.

Adjourned: 3:30 p.m.

Respectfully submitted,
Maria Hammill
First 5 Sacramento Commission

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
November 2024

25th Anniversary Regional Power Building Summit November 14

The First 5 Sacramento Region (comprised of 10 First 5s) is hosting a Power Building Summit to commemorate our 25th Anniversary. Commissioners and staff from the 10 surrounding First 5s will come together to connect, network and share local successes. This event will focus on how Commissioners can champion ongoing partnerships to sustain and leverage local funding. A panel will feature four commissioners sharing their local leveraging and sustainability accomplishments for First 5. Chair Serna will highlight several examples of the County and First 5 working together to serve our most vulnerable children. Commissioner Moak will emcee the event, bringing the energy to the Sacramento Region.

Racial Equity, Diversity & Inclusion and Cultural Responsiveness (REDI +CR)

- **Participatory Grant Making (PMG) Process Update**

Two Community Assemblies were held in late October, one in-person and one virtual, to support the initial phases of the Participatory Grant Making process. Touchstone Leadership Consultants will present highlights and themes from the events aimed at centering community voice to ensure an inclusive, equitable process that reflects the needs and strengths of Sacramento's diverse communities.

- **Culture Kits**

As part of the Commission's External REDI+CR work, a new partnership with Blackece.org was forged to deliver Black Family Culture Kits to families participating in First 5 funded programs. The [Black Family Culture Kits](#) are a 4-part series of kits, each celebrating a unique aspect of Black culture. Kits are filled with engaging activities and materials for Black families and their children and offer a fun and educational way to connect with and celebrate Black history and traditions through four distinct themes throughout the year. Staff will be working on a distribution plan for the kits with the first to be released just in time for the holidays.

Parent Leader Highlights:

Parent Leadership Training Institute (PLTI) second year alumni, Kesha Harris and Justin Margolis, both received First 5 PLTI mini-grants to help further the development of their community projects. Kesha completed courses for professional development and grant-writing to build her non-profit, July Forward. Justin completed the Nurturing Fathers Curriculum to strengthen his training skills for a father engagement network.

Sac Family Connect In-Person Summit

The Sac Family Connect Collaborative is hosting an in-person meeting in November for the first time since its inception in 2020. During this time, the collaborative has expanded beyond First 5 Sacramento's funded partners to include an array of agencies focused on home visiting and health and development for children and families. The new Health Net Campus in Natomas will be the location for the meeting, with an expected attendance of 150. The focus of the summit will be centering families in our work by building stronger inter-agency collaboration for wrap-around services.

Children's Fund Update

The Sacramento City Council approved the proposed Children's Fund Strategic Plan, based on five strategies, to spend approximately \$40 million over the next five years. The plan was unanimously passed by the council and the Sac Children's Fund Commission will be releasing requests for proposals in the coming weeks. First 5 Sacramento will assess potential opportunities to submit a proposal as a sole recipient or in partnership with other early childhood community partners.

Early Education and Policy Institute

The City of Sacramento's Office of Innovation and Economic Development application was approved to attend the prestigious Zaentz Initiative's *Action Planning for Effective Early Education Systems and Policy* Institute in December at Harvard University in Boston. Sacramento was selected to bring a multi-faceted team of early learning professionals to participate and provide insights. Lindsay Dunckel, Early Care Director, will represent First 5 Sacramento along with fellow colleagues from the Sacramento County Office of Education and Child Action, Inc.

Fiscal Year 2023-24 Audit Update

The Fiscal Year (FY) 2023-24 audit has been completed and submitted to both the State and First 5 California by the October 31st deadline. There were no findings.



ADVISORY COMMITTEE CALENDAR 2025

Second Friday of even months, except as noted, 2:00 – 3:30 p.m.
First 5 Conference Room
2750 Gateway Oaks Drive, Suite 330
Sacramento, CA 95833

Zoom link for the public:

<https://sacounty-net.zoomgov.com/j/1618137893?pwd=S2UzVkhuQ0R0SDVUakR6NUZneGVRUT09>

MONTH	MONTH
JANUARY - NONE	JULY - NONE
FEBRUARY 14	AUGUST 8
MARCH - NONE	SEPTEMBER - NONE
APRIL 11	OCTOBER 10
MAY - NONE	NOVEMBER 14
JUNE 13	DECEMBER - NONE

Ideas from the 10-11-24 Meeting

Activities for Advisory Committee

- Subcommittee presentations / updates
- Design community input process
- Orient new/small non-profits for how to navigate RFPs

Background on F5 Sac

- How to engage more in "Advisory" role to the Commission
- Training for Committee on grant process
- Understanding F5's budget - what is being funded?
- History of F5 Sac work in past and how to expand & weave existing with new programs in the future

Information on Current Programs/Grantees

- Site visits to programs
- Presentations on programs
- Presentations from grantees
- Presentation on the Quality Child Care Collaborative (behavioral support program for CC)
- Parent Leadership Training Institute (PLTI) update
- Updates on the Participatory Grant Making (PGM) process

Interaction with Commission

- F5 Commission retreat with Advisory Committee
- More Commissioner visits at Advisory meetings
- Have Sups. Serna & Kennedy drop by to talk to the group about their vision for F5 / meet & greet

Presentations on Sac County Community / non-funded partners

- Behavioral Health presentation
- Presentation on the F5CA "Raise CA Strong" campaign and how Advis. Com. can support it
- Presentation about 2-1-1 data
- Presentations from advocacy orgs (Youth Forward, SacKids First, etc.)
- Presentation from Creative Garden: new food program that supports child care

Funding Ideas

- 0-5 year old F5 event or reception for families & kids
- Funding to train community doulas (ACEs shouldn't include your birth)
- Support students in fields that typically work with 0-5s so that F5 values are seeded in the next gener:

First 5 Advisory Committee Long-Range Calendar 2025

Date	Presentation
February 14	<ul style="list-style-type: none"> • Teambuilder • Review & Comment on 2025 Policy Priorities
April 11	<ul style="list-style-type: none"> • Teambuilder •
June 13	<ul style="list-style-type: none"> • Teambuilder •
August 8	<ul style="list-style-type: none"> • Teambuilder •
October 10	<ul style="list-style-type: none"> • Teambuilder • Brainstorm Long-Range Calendar •
November 14	<ul style="list-style-type: none"> • Teambuilder • Vote on Long-Range Calendar • Elect Chair & Vice-Chair •
Other Desired Topics	<ul style="list-style-type: none"> •
Teambuilding/ Icebreakers	<ul style="list-style-type: none"> •

First 5 Advisory Committee Long-Range Calendar 2024

Date	Presentation
February 5	<ul style="list-style-type: none"> • Teambuilder • Meet & Greet with Commissioner Dave Gordon • Appoint Alternate Member to Evaluation Committee • Review + Approve Long-range Calendar • Presentation: Reducing African American Child Deaths
April 12	<ul style="list-style-type: none"> • Teambuilder • HOPE Presentation • SFC Demo
June 14	<ul style="list-style-type: none"> • Teambuilder • Meet & Greet with Commissioner Steve Wirtz • Participatory Funding Process + REDI (April + Stephanie) <ul style="list-style-type: none"> ○ Space for Brainstorming
August 9	<ul style="list-style-type: none"> • Teambuilder • Presentation: Help Me Grow (SCOE) <ul style="list-style-type: none"> ○ Space for Brainstorming
October 11	<ul style="list-style-type: none"> • Teambuilder • Remembering Commissioner Steve Wirtz • Brainstorm Long-Range Calendar
November 8	<ul style="list-style-type: none"> • Teambuilder • Meet & Greet with Commissioner LaWanda Wesley • Vote on Long-Range Calendar • Elect Chair & Vice-Chair • Review & Comment on 2025 Policy Priorities (hold to Feb.) • Possible PGM Update? <ul style="list-style-type: none"> ○ Space for Brainstorming
Other Desired Topics	<ul style="list-style-type: none"> • Interactive Presentation from Community Groups, Staff, Members and Grantees, including: <ul style="list-style-type: none"> ○ Advocate Orgs- Youth Forward/Sac Kids First ○ School Student Bodies ○ Domestic Violence / WEAVE ○ Early Childhood Nutrition-Preschool/TK Opportunities • Discussion about Community Needs (for next Strategic Plan period)
Teambuilding/ Icebreakers	<ul style="list-style-type: none"> • Cush Ball • 2 Truths and 1 Lie • Arm Slinky • Lost Shoes • Build a Story