

ADVISORY COMMITTEE

MEETING AGENDA

Values Statement: *Through respectful inquiry, genuine interest, and intention to learn from its diverse members, this committee operates as a safe space in order to fulfill our purpose to advise the Commission on how best to serve all children and families in Sacramento County.*

October 11, 2024

2:00-3:30PM

This is an In-Person Meeting for Committee Members

2750 Gateway Oaks Drive, Suite 330
Sacramento, CA 95833

Community/Public May Join By Zoom:

<https://saccounty-net.zoomgov.com/j/1619371049?pwd=WERsdjJHNSjtWmIyRVMOVzB4bmhpQT09>

Members:

Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

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| 1. Welcome, Introductions & Teambuilder | 10 minutes |
| 2. Public Comments on Off-Agenda Items | 5 minutes |
| 3. Approve Minutes from August 9, 2024 | 5 minutes |
| 4. Executive Director Update | 10 minutes |
| 5. Remembering Commissioner Steve Wirtz | 15 minutes |
| 6. 2025 Long-Range Agenda Planning | 30 minutes |
| • Discussion/Brainstorm | |
| 7. Member Announcements/Roundtable | 15 minutes |
| 8. Adjourn | |



Advisory Committee Meeting Agreements

Be Present: Engage in active listening and be aware of your thoughts and feelings in the moment. What do you need to stay present and engaged? Limit technology and distractions to only that which furthers your learning.

Honor Confidentiality: Share themes and learning outside of the space, but not individual stories.

Establish Brave Space: In difficult conversations our learning often comes through our own discomfort and risk taking. By avoiding conflict or keeping others "comfortable" you may miss the opportunity to authentically engage with others or further your own understanding. However, we also recognize that sometimes our words create harm despite our best intentions. We acknowledge we are here to learn in community with one another. By centering our work on our shared goals and values and approaching conversations with respect and generosity we will further our shared learning.

Expect and Accept Non-Closure: We want to solve problems and resolve conflict, and this is lifelong work. These are processes and awareness-raising conversations intended to further individual transformation, not the transformation of others. Sometimes you may have to revisit conversations to reconcile differences, and in other cases, things will go left unsaid, unfinished.

Power Dynamics: This is a non-hierarchical space. Remember, power dynamics change based on individual's identities and positionality. Be cognizant of the fact that some voices and identities have been given privilege while other voices and identities have been discriminated against.

Take Space/Make Space If you are someone who tends to not speak a lot, challenge yourself to contribute by speaking more. If you tend to speak a lot, make space for others to participate and focus on listening. As a group, notice and acknowledge power dynamics in the room - who is talking first?

Who is holding power because of their role (like the facilitator), status, or identity? Who is disengaging or observing instead of actively participating?

Speak Your Truth and Let Others Speak Theirs: Different perspectives are welcome and encouraged. Speak from your own lived experience and not from experience that you do not personally have. Your normal may not be my normal.

Together We Know a Lot: Each of us brings knowledge to our discussions. And together, we know more than anyone of us alone. Shared learning is a practice in humility because we have something to learn from everyone in the room. It also means we all have a responsibility to share what we know and our questions, so that others may learn from us.

We Are Human, Not Perfect: As much as we'd like to be, we are human and therefore imperfect. We can't always be articulate. Often people feel hesitant to participate for fear of "messing up" or stumbling over their words. We encourage everyone to participate, even if you can't get it right all the time.

When Your Mind Starts to Judge, Instead Turn to Wonder: Approach problems and challenges from a place of curiosity and creative thinking rather from a point of frustration or judgment. This includes staying open to feedback and inquiry that others may offer you.

Make a Commitment as a Group: Keep the Racial Equity, Diversity and Inclusion and Cultural Responsiveness (REDI+CR) conversations going.



ADISORY COMMITTEE
DRAFT ACTION SUMMARY

August 9, 2024, 2:00 PM

Members: Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair), Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Lindsay Dunckel, Early Learning Coordinator
Erin Maurie, Communications and Policy Director
Maria Hammill Communications and Policy Director

Call to Order/Roll Call

ACTION: The meeting was called to order at 2:05 PM by Vice Chair Junior Goris.

Absent: Javeed Ahmad, Heidi Keiser, Silvia Rodriguez, Darla Williams, and Tony Smith. Linda Thrift attended via zoom and unable to vote.

1. Welcome, Introductions and Teambuilder

The meeting was chaired by Vice Chair Junior Goris. The Committee welcome new member Kesha Harris.

2. Public Comment and Off-Agenda Items

Members were asked to complete the conflict of interest form and hand it in before they leave.

3. Approve Minutes from April 12, 2024, and June 14, 2024

ACTION: Motion to approve from Carolyn Curtis seconded by Jennifer Mohammed. Motion passes.

4. Executive Director's Update

- Julie Gallelo provided the following First 5 highlights: August 5th Commission Meeting
- Parent Leadership Training Institute (PLTI) Graduation
- 25th Anniversary Planning & Social Media Engagement
- REDI+ CR Update
- Court Ordered Parenting Education Classes Update
- Building Strong Families Report
- State Budget Update

5. First 5 Livable Wage Statement

The topic of Livable Wage continues to be discussed and researched in support of the Commissions REDI and sustainability work. Staff researched into the subject and conducted a survey of partners to explore their attitudes and perspectives concerning policies and practices for achieving a Livable Wage. Developing a Livable Wage Statement was determined to be a key next step as we continue to communicate its importance. The Systems Optimization and Sustainability (SOS) Committee was tasked with reviewing the Livable Wage Value Statement and it was approved at the June 2024 meeting. The Livable Wage Value Statement is included in all contracts.

6. Presentation: Help Me Grow Sacramento

Christine Smith, Director of Early Learning at the Sacramento County Office of Education, provided an overview of the Help Me Grow (HMG) program, a First 5 contract, to members. The core components of the development and behavioral screening program provides a continuous system of care to improve outcomes for children through early identification and intervention. Christine provided background data results and conducted a hands-on activity with the members to provide them with a better understanding of how HMG family advocates work with families, health care providers and the community.

7. Member Announcements/Public Comment

Kesha Harris announced tree planting on October 19. More information to follow.

Adjourned: 3:30 p.m.

Respectfully submitted,
Maria Hammill
First 5 Sacramento Commission

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
October 2024

HIGHLIGHTS FROM LAST COMMISSION MEETING – October 7, 2024

- Passed a resolution honoring Steve Wirtz
- Contract Approval: Approved Amendment to Increase Contract with Lead 4 Tomorrow in the Amount of \$25,000 to Provide Stipends for Participatory Grant Making Program
- Presentation: Participatory Grant Making for the Racial Equity, Diversity & Inclusion Funding Pathway

FIRST 5 SACRAMENTO GENERAL UPDATES

25th Anniversary Regional Power Building Summit November 14

The First 5 Sacramento Region (comprised of 10 First 5s) is hosting a Power Building Summit to commemorate our 25th Anniversary. Commissioners and staff from the 10 surrounding First 5s will come together to connect, network and share local successes. This Power Building event will focus on how Commissioners can champion ongoing partnerships to sustain and leverage local funding.

Sacramento County Valued Behaviors Award

Congratulations to First 5 staff, Lindsay Dunckel, Director of Early Care and Alejandra Labrado, Director of Parent Engagement, for being acknowledged by their peers across the County as demonstrating the values of diversity and inclusion. On August 28, they were recognized at an awards ceremony in the County Board Chambers for demonstrating a work ethic focusing on “Diversity & Inclusion” in the County’s Valued Behaviors Campaign. County Executive David Villanueva and Commissioner Chevon Kothari were present to congratulate our teammates. In addition, Advisory Committee Member and PLTI first-year alumni, Alexxandria Paige, employee at the Department of Human Assistance, was also recognized at the ceremony.

Racial Equity, Diversity & Inclusion and Cultural Responsiveness (REDI +CR)

- **Participatory Grant Making (PMG) Process Update**
The Touchstone Leadership Group (TLG) consultants have met with the Advisory and the Systems Optimization and Sustainability Committees to discuss the launch and outreach plan for the PGM process. Each presentation provided additional feedback to advance progress as First 5 reaches out to engage with non-traditional and BIPOC led and serving community entities.

Parent Engagement Update

- **Parent Leadership Training Institute (PLTI) Recruitment**

We are currently accepting applications for the next PLTI Spanish language cohort to begin in January 2025 at the Valley Hi Family Resource Center. We are continuously seeking partnerships to meet the needs of the community to expand and offer more cohorts. Please reach out to First 5's Parent Engagement Director, [Alejandra Labrado](#), if you have any potential funding opportunities to help expand the program to include an English cohort in 2025.

- **FAM Net Academy Online Civic Course**

In partnership with Lead4Tomorrow, First 5 debuted the launch of the FAM-Net Academy (Family Advocacy and Mentoring Network). This is a 12-week online course on civic engagement. This 'at your own pace' online version was developed to offer flexibility to busy parents who want to build their advocacy skills. This course is especially convenient for those parents who are interested in PLTI but are unable to meet the in-person meeting requirements.

- **Parents In Action!**

- ✓ Nominated by First 5 staff, PLTI first-year alumni, Kali'Eshe Jackson, is receiving the Molina Health Community Champion award recognizing her continued work to help families grow from their traumatic experiences. This award includes a \$5,000 grant for a community based organization of her choice. Kali'Eshe continues to do great work to improve her community and inspire families with creative ways to address their trauma.
- ✓ PLTI second-year alumni, Robin Battle, is launching a "Little Free Library" at the Firehouse Community Center in Del Paso Heights. This was her class community project as a PLTI student. She partnered with the Mutual Assistance Network and was awarded a \$500 mini-grant from First 5 to receive multiple book donations to bring her children's literacy vision to life.

Black Early Care and Education Conference

Lindsay Dunckel, First 5 Early Care Director, attended the first annual Black Californians United for Early Care and Education's (BlackECE) Symposium on Policy, Practice and Research. The goal of the Symposium was to amplify the collective voice of Black early care and education providers, Black policy advocates, Black researchers, and Black families to transform and shape California's policies, systems and services to affirm and care for Black children and affirm Black culture.

Commissioner LaWanda Wesley, a founder of BlackECE, participated in two panels: a panel of founders reflecting on the establishment of BlackECE and a panel of policy insiders. The conference highlighted potential ways that First 5 could extend our REDI work into the child care realm.

National League of Cities California Early Care Summit

The National League of Cities and the City of Sacramento's Office of Innovation & Economic Development hosted a two-day Early Learning Innovation Summit. The theme of the statewide conference, held at the Sacramento Employment and Training Agency (SETA), was 'building a connected ecosystem' with the objective to support cities in their development of an early childhood action plan. First 5 Early Care Director, Lindsay Dunckel, sat on one of several panels with local child development experts to discuss the topic *Understanding the Local Context*.

Changes for Sacramento Children's Home (SCH) Family Resource Centers

- The North Sacramento Family Resource Center held an open house September 20 for the grand opening of their new location. Staff attended the open house and met with agency leaders and staff for a tour of the new office space located at 1565 River Park Drive by Arden Fair mall. This location is convenient to public transportation and will continue to serve current clients and outreach to the surrounding apartments.
- SHC is excited to announce the consolidation of its Valley Hi and Meadowview Family Resource Centers into a single, larger, and more prominent location. This new center will serve as a vital hub for various services supporting South Sacramento families and children. The move reflects SHC's commitment to enhancing accessibility and expanding the range of services available to meet the community's evolving needs. SHC has conducted listening sessions with current clients to hear about concerns they may have and will develop plans to mitigate any potential barriers to service. The new location is in Valley Hi and on the same bus route as the current Meadowview FRC, just about 1.5 miles further down Florin Road. SHC will provide transportation to the new FRC location for those families who need the support. They are also exploring increasing current partnerships with community-based organizations to provide some of their services from other locations spread across South Sacramento.



Children's Fund Update Measure L Update

The Sacramento City Council meet on September 10th to discuss the proposed Children's Fund Strategic Plan, based on five strategies, to spend approximately \$40 million over the next five years. For 14 months, experts in early care and education have met to discuss and recommend the best strategies for improving the wellbeing of children ages 0-5. Unfortunately, the city council asked for more time before making a motion to vote so the

item was pushed to city council meeting on September 24. At both meetings, the city council chambers were filled with a 1½ hours of public comment in support of adopting the recommended plan. The plan was unanimously passed by the council and more info on timeline and allocations will be announced soon.

Policy and Advocacy Update

- **First 5 Stabilization Fund**

The First 5 Association proposed to First 5 CA a \$25 million one-time emergency stabilization funding request. The item was heard at their August meeting where the Association and the collective First 5 Network urged state Commissioners to work with the Association to develop the process to supply First 5's with critical needed support to keep their doors open. Due to the flavored tobacco ban (Prop 31), more that 60% of First 5s have made program and staff cuts. First 5 Sacramento is projecting a 27% funding reduction for our 2027 strategic plan, which would potentially result in turning away 2,886 children and families. F5 Sac submitted public written comment for this.



Remembering Dr. Steve Wirtz

Commissioner Steve Wirtz served in various roles with First 5 for more than 20 years- from the initial visioning process, to participating on the Advisory Committee, to chairing the Evaluation Committee, and of course, his biggest impact as a Commissioner. Dr. Wirtz had a long career as a developmental psychologist, public health research scientist, and community advocate. As the Chair of the Evaluation Committee, he brought his professional expertise and community experiences to promote strategic investments and effective programming to improve the health and well-being of young children and families. As First 5 celebrates 25 years, we remember Commissioner Wirtz's passion, leadership and commitment to help narrow disparities for our most vulnerable population.

“Who Steve Wirtz is to Us”



First 5 Advisory Committee Long-Range Calendar 2024

Date	Presentation
February 5	<ul style="list-style-type: none"> • Teambuilder • Meet & Greet with Commissioner Dave Gordon • Appoint Alternate Member to Evaluation Committee • Review + Approve Long-range Calendar • Presentation: Reducing African American Child Deaths
April 12	<ul style="list-style-type: none"> • Teambuilder • HOPE Presentation • SFC Demo
June 14	<ul style="list-style-type: none"> • Teambuilder • Meet & Greet with Commissioner Steve Wirtz • Participatory Funding Process + REDI (April + Stephanie) <ul style="list-style-type: none"> ○ Space for Brainstorming
August 9	<ul style="list-style-type: none"> • Teambuilder • Presentation: Help Me Grow (SCOE) <ul style="list-style-type: none"> ○ Space for Brainstorming
October 11	<ul style="list-style-type: none"> • Teambuilder • Remembering Commissioner Steve Wirtz • Brainstorm Long-Range Calendar
November 8	<ul style="list-style-type: none"> • Teambuilder • Meet & Greet with Commissioner LaWanda Wesley • Vote on Long-Range Calendar • Review & Comment on 2025 Policy Priorities • Possible PGM Update? <ul style="list-style-type: none"> ○ Space for Brainstorming
Other Desired Topics	<ul style="list-style-type: none"> • Interactive Presentation from Community Groups, Staff, Members and Grantees, including: <ul style="list-style-type: none"> ○ Advocate Orgs- Youth Forward/Sac Kids First ○ School Student Bodies ○ Domestic Violence / WEAVE ○ Early Childhood Nutrition-Preschool/TK Opportunities • Discussion about Community Needs (for next Strategic Plan period)
Teambuilding/ Icebreakers	<ul style="list-style-type: none"> • Cush Ball • 2 Truths and 1 Lie • Arm Slinky • Lost Shoes • Build a Story

community garden celebration

YOU'RE INVITED TO GATHER IN THE GARDEN! POUR LOVE INTO REVILTZING AND RECLAIMING OUR COMMUNITY SPACE

OCT 19

9 AM

601 Pipevine St
Sacramento, CA 95811



FREE RSVP

