



ADVISORY COMMITTEE

Value
from

MEETING AGENDA

our purpose to advise the Commission on how best to serve all children and families in Sacramento County.

April 11, 2025 2:00-3:30PM

This is an **In-Person Meeting for Committee Members** for quorum and voting

Location: First 5 Sacramento, 2750 Gateway Oaks Drive, Suite 330 Sacramento, CA 95833.

Community/Public May Join By Zoom:

<https://saccounty-net.zoomgov.com/j/1613082791?pwd=Lc2j4PuiNzbcLtObilQesuE7kF1MaG.1>

Members:

Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad (Vice Chair), Alexandria Paige, Silvia Rodriguez, Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

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| 1. Welcome, Introductions & Teambuilder | 5 minutes |
| 2. Public Comments on Off-Agenda Items | 5 minutes |
| 3. Approval: Minutes from Nov. 8, 2024, Feb. 14 & Mar. 21, 2025; Long Range Calendar; 2025 Policy Priorities | 5 minutes |
| 4. Executive Director Update | 10 minutes |
| 5. Report Outs from Committee Reps <ul style="list-style-type: none">Finance, SOS, Evaluation | 10 minutes |
| 6. Approval: Participatory Grantmaking Priority ZIP codes | 10 minutes |
| 7. Presentation: Strategic Planning Process <ul style="list-style-type: none">Discussion: Advisory Committee's role, community engagement | 30 minutes |
| 8. Approval: Creation of 2027 Strategic Planning Ad Hoc Committee | 5 minutes |
| 9. Approval: Adjustment to Length of June, August, and October Meetings | 5 minutes |
| 10. Member Announcements | 5 minutes |
| 11. Next Meeting: June 13 | |
| 12. Adjourn | |



Advisory Committee Meeting Agreements

Be Present: Engage in active listening and be aware of your thoughts and feelings in the moment. What do you need to stay present and engaged? Limit technology and distractions to only that which furthers your learning.

Honor Confidentiality: Share themes and learning outside of the space, but not individual stories.

Establish Brave Space: In difficult conversations our learning often comes through our own discomfort and risk taking. By avoiding conflict or keeping others "comfortable" you may miss the opportunity to authentically engage with others or further your own understanding. However, we also recognize that sometimes our words create harm despite our best intentions. We acknowledge we are here to learn in community with one another. By centering our work on our shared goals and values and approaching conversations with respect and generosity we will further our shared learning.

Expect and Accept Non-Closure: We want to solve problems and resolve conflict, and this is lifelong work. These are processes and awareness-raising conversations intended to further individual transformation, not the transformation of others. Sometimes you may have to revisit conversations to reconcile differences, and in other cases, things will go left unsaid, unfinished.

Power Dynamics: This is a non-hierarchical space. Remember, power dynamics change based on individual's identities and positionality. Be cognizant of the fact that some voices and identities have been given privilege while other voices and identities have been discriminated against.

Take Space/Make Space If you are someone who tends to not speak a lot, challenge yourself to contribute by speaking more. If you tend to speak a lot, make space for others to participate and focus on listening. As a group, notice and acknowledge power dynamics in the room - who is talking first?

Who is holding power because of their role (like the facilitator), status, or identity? Who is disengaging or observing instead of actively participating?

Speak Your Truth and Let Others Speak Theirs: Different perspectives are welcome and encouraged. Speak from your own lived experience and not from experience that you do not personally have. Your normal may not be my normal.

Together We Know a Lot: Each of us brings knowledge to our discussions. And together, we know more than anyone of us alone. Shared learning is a practice in humility because we have something to learn from everyone in the room. It also means we all have a responsibility to share what we know and our questions, so that others may learn from us.

We Are Human, Not Perfect: As much as we'd like to be, we are human and therefore imperfect. We can't always be articulate. Often people feel hesitant to participate for fear of "messing up" or stumbling over their words. We encourage everyone to participate, even if you can't get it right all the time.

When Your Mind Starts to Judge, Instead Turn to Wonder: Approach problems and challenges from a place of curiosity and creative thinking rather than from a point of frustration or judgment. This includes staying open to feedback and inquiry that others may offer you.

Make a Commitment as a Group: Keep the Racial Equity, Diversity and Inclusion and Cultural Responsiveness (REDI+CR) conversations going.



ADISORY COMMITTEE
DRAFT ACTION SUMMARY

November 8, 2024, 2:00 PM

Members: Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair) Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Lindsay Dunckel, Early Learning Coordinator
Erin Maurie, Communications and Policy Director
Maria Hammill, Administrative Services Officer 1

Call to Order/Roll Call

ACTION: The meeting was called to order at 2:07 PM by Vice-Chair Junior Goris.

Absent: Kairis Chiaji, Janea Hackett-Little, Maria Lopez, Alexxandria Paige, Silvia Rodriguez, Darla Williams and Darsey Varnedoe. Fatima Malik attended via zoom and was unable to vote.

1. Welcome, Introductions and Teambuilder

The meeting was chaired by Vice Chair Junior Goris. The Committee welcomed Commissioner LaWanda Wesley, Ed.D.

2. Public Comment and Off-Agenda Items

No Public Comment.

3. Meet & Greet with Commissioner LaWanda Wesley

Commissioner Wesley has served on the Commission for almost two years. She is the Director of Government Relations with the Child Care Resource Center. She shared her career in policy and advocacy, her passion for early care and education and her role as a Commissioner and Co-Chair of the SOS Committee. LaWanda has been instrumental with First 5 policy and advocacy activities representing us at our Annual Advocacy Day. It was a robust conversation with members eager to learn more about her expertise in the early care and education field.

4. Approve Minutes from August 9, 2024 & October 11, 2024

ACTION: Motion to approve the August 9, 2024 minutes from Robin Blanks, seconded by Keshia Harris. Motion passed. Motion to approve the October 11, 2024 minutes from Carolyn Curtis, seconded by Tony Smith. Motion passed.

5. Executive Director's Update

Julie Gallelo provided the following First 5 highlights:

- October 26 Commission Meeting
- 25th Anniversary Regional Power Building Summit
- REDI Updates
- Parent Leader Highlights
- Sac Family Connect Summit

6. Report Outs from Committee Reps

Committee members suggested receiving updates on the activities of the various First 5 Committees (Evaluation, Financial Planning and System Optimization and Sustainability "SOS"). Carolyn Curtis provided the SOS update. Kristin Scheiber, Chief of Admin, provided the Financial Planning update. The Evaluation Committee did not meet last month.

7. Elect Chair & Vice-Chair for 2025

Members elected Junior Goris as Chair and Jennifer Mohammad as Vice-Chair.

8. 2025 Long-Range Agenda Planning

The Committee continued to discuss long range agenda items.

Members brainstormed topics for discussions, program and community data presentations, and playing an active role in the Commission's work. The agenda will be approved at February meeting.

9. Member Announcement

Junior announced the first meeting of a new parent mentor advisory group. They will serve as a peer support group for parents throughout the county.

Adjourned: 3:40 p.m.

Respectfully submitted,
Maria Hammill
First 5 Sacramento Commission



ADISORY COMMITTEE
DRAFT ACTION SUMMARY

February 14, 2025, 2:00 PM

Members: Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Vice Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Silvia Rodriguez (Chair) Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Lindsay Dunckel, Early Learning Coordinator
Erin Maurie, Communications and Policy Director
Maria Hammill, Administrative Services Officer 1

Call to Order/Roll Call

ACTION: The meeting was called to order at 2:05 PM by Vice-Chair Junior Goris.

Absent: Linda Thrift, Jennifer Mohammad, Fatima Malik, Janea Hackett-Little, Alexxandria Paige, Kesha Harris, Darla Williams and Walter Wyniarczuk. Silvia Rodriguez, Chase Smith and Kairis Chiaji attended via zoom and were unable to vote.

1. Welcome, Introductions and Teambuilder

The meeting was chaired by Chair Junior Goris. Members shared about "What's something you love (book, movie, TV show, hiking trail, restaurant) in the spirit of Valentine's Day?"

2. Public Comment and Off-Agenda Items

No Public Comment.

3. Approve Consent Agenda: Minutes from November 8, 2024; Subcommittee Reports (SOS, Finance); Participatory Grant Making Update; Long Range Calendar; and 2025 Policy Priorities

A quorum was not established. This item will be added to the April agenda for approval.

4. Executive Director's Update

Julie Gallelo provided the following First 5 highlights:

- Honoring Commissioner Steve Wirtz
- Staffing Updates
- REDI + CR Update
- Parent Leadership Training Institute (PLTI)
- Sac Family Connect (SFC) Summit
- Evaluation Update

5. Presentation: Child Death Review Team

Jasmine Brosnan, Evaluation Program Manager, Child Abuse Prevention Center presented Child Death Review Team Fetal Infant Mortality Review Five-Year Report (2017-21). Jasmine talked about the purpose of the report, shared the findings and recommendations for preventing and responding to child deaths based on reviews and statistical information. Report highlights included: Child Mortality Rate 10-Year Trend, effects of the pandemic and African American child death disproportionality.

6. Member Announcement

Parent Mentoring Advisory Group update from Junior Goris – Member Maria Lopez is in this group. The committee is creating webinars to explain county services. Healthnet will be presenting at 4:00 p.m. on February 27th .

Robin Blanks reported that the Children Coalition is meeting on March 10th and the featured guest is Shelby Boston, the new Butte County Director at the Department of Child, Family and Adult Services.

Adjourned: 3:30 p.m.

Respectfully submitted,
Maria Hammill, Administrative Services Officer I
First 5 Sacramento Commission



ADISORY COMMITTEE SPECIAL MEETING
DRAFT ACTION SUMMARY

March 21, 2025, 1:00 PM

Members: Javeed Ahmad, Robin Blanks, Kairis Chiaji, Carolyn Curtis, Junior Goris (Chair), Janea Hackett-Little, Kesha Harris, Heidi Keiser, Maria Lopez, Fatima Malik, Jennifer Mohammad (Vice Chair), Alexxandria Paige, Silvia Rodriguez, Chase Smith, Tony Smith, Linda Thrift, Darsey Varnedoe, Darla Williams, Walter Wyniarczuk

Staff: Julie Gallelo, Executive Director
Lindsay Dunckel, Program Planner
Erin Maurie, Communications and Policy Director
Maria Hammill, Administrative Services Officer 1
Kristin Scheiber, Chief of Administration
Kris Clinton, Program Planner

Call to Order/Roll Call

ACTION: The meeting was called to order at 1:02 PM by Chair Junior Goris.

Absent: Janea Hackett-Little, Heidi Keiser, Fatima Malik, Jennifer Mohammad, Alexxandria Paige, Chase Smith, Linda Thrift and Darla Williams. Javeed Ahmad, Carolyn Curtis and Kesha Harris attended via zoom.

1. Welcome, Introductions and Teambuilder

The meeting was chaired by Junior Goris.

2. Public Comment and Off-Agenda Items

No Public Comment.

3. Presentation & Discussion: ZIP Code Priorities for Equity in Action Funding Process

The Committee reviewed data on risks and barriers to service in 47 identified ZIP codes across Sacramento County and discussed how to prioritize them for inclusion in the Participatory Grantmaking (PGM) process, which is now called the Equity in Action Community Funding Process. The Committee decided:

- a) The number of ZIP codes to include should be based on the inclusion criteria rather than a pre-determined number of ZIP codes

- b) Equity in Action Community Funding Panel members should reside in the identified priority ZIP codes
- c) Services under Equity in Action should be provided by agencies based in the priority ZIP codes but open to any Sacramento County resident (prenatal – 5 years or a family member) who wishes to participate
- d) Any ZIP code that includes a homeless shelter should automatically be included as a priority ZIP code
- e) Staff will research to see if they can get crime statistics, particularly domestic violence calls, by ZIP code to add to the priority-selection data
- f) Staff will research to see if they can get chronic absenteeism data by ZIP code to add to the priority-selection data
- g) The rural areas of Galt and River Delta should be included as priority ZIP codes because of the lack of services in those areas
- h) The ZIP code 95811, the River District, should be included given the tremendous growth in population there since the 2020 Census and the high child poverty rate
- i) For each ZIP code, each Risk and Barrier factor gets scored 0 – 4 according to its relative rank among the 47 ZIP codes. These scores are then added together to get a Total Risks and Barriers score for each ZIP code. This Total score gets multiplied by the number of children under age 5 in that ZIP code; this gets divided by 1,000 for a Final Score for each ZIP code. The Child Poverty Rate will then be used to eliminate the ZIP codes with the lowest poverty rates, except as discussed in G and H above.

Adjourned: 2:23 p.m.

Respectfully submitted,
Maria Hammill
First 5 Sacramento Commission

First 5 Advisory Committee Long-Range Calendar 2025

Date	Presentation
February 14	<ul style="list-style-type: none"> • Teambuilder • Consent Agenda: Subcommittee reports; Draft Action Summaries; Participatory Grantmaking update; Long Range Calendar; Policy Priorities • Presentation: Child Death Review Team
April 11	<ul style="list-style-type: none"> • Teambuilder • Subcommittee report outs • Presentation: F5 Strategic Planning • Discussion: Parent Engagement in Strategic Planning
June 13	<ul style="list-style-type: none"> • Teambuilder • Commissioner Meet & Greet • Consent Agenda: Subcommittee reports; Draft Action Summaries • Strategic Planning Update • Presentation: First 5 Budget • Participatory Grantmaking update
August 8	<ul style="list-style-type: none"> • Teambuilder • Subcommittee report outs • Presentation: 2-1-1 data • Sac Family Connect Update
October 10	<ul style="list-style-type: none"> • Teambuilder • Commissioner Meet & Greet • Consent Agenda: Subcommittee reports; Draft Action Summaries; Participatory Grant Making update • Brainstorm Long-Range Calendar
November 14	<ul style="list-style-type: none"> • Teambuilder • Subcommittee report outs • Vote on Long-Range Calendar • Elect Chair & Vice Chair • Presentation: Birth & Beyond Family Resource Centers
Other Desired Topics	<ul style="list-style-type: none"> • Opportunities for site visits to funded programs • Behavioral Health Presentation • Parent Leadership Training Institute (PLTI) updates



2025 Policy Priorities

In partnership with parents, caregivers, and their communities, First 5 Sacramento seeks to advance equitable, inclusive, and culturally responsive prevention and early intervention policies, systems, and practices that eliminate racial inequities, promote optimal health and development, and improve the lives of children prenatal through age five and their families.

First 5 Sacramento's 2025 policy, advocacy and systems improvement efforts will focus on the following priorities:

Health and Wellness

1. Seek to repair harm done to communities of color and eliminate racial inequities in parental and infant health outcomes by removing systemic racist practices and barriers to care for people of color, and increasing culturally relevant services for birthing people.
2. Support and promote coordination across systems of care to connect young children to screenings and early intervention services.
3. Support initiatives that address equitable access to skilled lactation care and other breastfeeding supports and resources.
4. Support and promote efforts to improve the systems of healthcare for birthing people to reduce disparities in perinatal morbidity and mortality.

Early Care and Development

5. Support efforts to increase the supply of high-quality early care and education programs for children by advocating for equitable access to affordable childcare and early learning programs.
6. Support systems improvement for the early care and education workforce by advocating for fair compensation and higher education, while valuing diversity across the field.

Empowered Families

7. Support programs and policies that prioritize primary prevention to build resiliency through trauma informed approaches and fortify family strengths.
8. In coordination with local early childhood systems building efforts, expand and strengthen the home visiting workforce by supporting professional development, with the goal of ensuring home visitors represent the diversity of Sacramento's families.

9. Empower parents to be effective community leaders and advocates to improve the well-being of children and families through expanded leadership programming and policies.

Systems Improvement and Sustainability

10. Support the sustainability of First 5 Sacramento programs, services and outcomes impacting children and families through capacity building initiatives.
11. Support systems change efforts, policies, legislation and programs that prioritize racial equity, diversity and inclusion (REDI), anti-black racism, and social justice.
12. Implement policies and leverage resources to strengthen the capacity of funded partners to effectively serve children and families.
13. Explore and advance additional revenue sources for ensuring sustainable, comprehensive, equitable and integrated systems and services for children and families.

FIRST 5 SACRAMENTO COMMISSION
Advisory Committee Update
April 2025

Regional Home Visiting Summit

First 5 Sacramento, in collaboration with 10 regional First 5 county commissions, will host a Home Visiting Summit on May 22 at the Mack Powell Event Center. This full-day summit is an opportunity for the home visiting workforce to come together for engaging training, networking and self-care. The Summit will be dedicated to celebrating home visitors for their hard work and the difference they make in the lives of families. A flyer is included in your meeting packet. Additional upcoming events/training hosted by the First 5 Home Visiting Region include workshops on: Infant/Child/Adult CPR, First Aid and NarCan certification, the Neuroscience of Self-Care, Leadership in Social Services and Personal Safety for Social Workers.

Parent Leadership Training Institute (PLTI) Class Update

The English Language cohort launched on March 1 with 20 participants. To catch up to the training schedule of the Spanish cohort, the English class is meeting twice a week (one in person and one virtual). Both classes are held at the new South Sacramento Family Resource Center led by the Sacramento Children's Home. All attendees will work on a community project and have a joint graduation ceremony in June. Thank you to our partners at DCFAS for funding the second class.

South Sacramento Family Resource Center Grand Opening

Staff attended the Sacramento Children's Home new family resource center in South Sacramento. This center will serve families from two previous locations: Meadowview and Valley Hi. This expansion will continue to serve the surrounding zip codes with more programs and services to meet the needs of the community.



Provider Support- Immigration Rights

In February, our partner NorCal Resist presented to over 30 agencies at the Sac Family Connect Collaborative on the rights of immigrants and how schools and CBOs can support them. To assist in these efforts, First 5 purchased English/Spanish immigration rights cards and we are distributing them to our funded partners to share with parents if they are approached by Immigration and Customs Enforcement. These pocket-sized cards provide information about rights and may protect families from unlawful search and seizure. A card was placed at your seat. If you would like a supply, contact Maria Hammill, Clerk of Commission, at hammillma@saccounty.gov.

Federal Policy Update

Staff is working closely with the First 5 Association and the County's Health and Human Services Departments to monitor potential cuts to services for children ages 0-5 and their families. A significant threat at this time is Medi-Cal, which could impact access to comprehensive, affordable health care for 1 in 3 Californians and 1 in 2 children. In early care and education, there have been mass terminations at the Administration for Children and Families. This includes staff from the Office of Child Care, Office of Early Childhood Development and Office of Head Start. We will continue to closely monitor the changing landscape and provide updates.

First 5 Sacramento Participatory Grantmaking Project - ZIP Code Priorities

ZIP Codes ranked by Total Risks and Barriers scores X # of children, divided by 1,000

ZIP codes with any individual Barrier or Risk score in the bottom 7 removed; ZIP Codes with bottom 17 poverty scores removed

Zip Code	Neighborhood	TOTAL Risk & Barriers	TOTAL * # Children/1,000
95823	Valley Hi	24	123
95828	Valley Hi	22	76
95670	Rancho Cordova	17	73 (2nd highest # of children)
95660	North Highlands	19	63
95838	Del Paso Heights	24	56
95824	Fruitridge/Stockton	24	55
95821	Arden Arcade	18	53
95822	Meadowview	18	50 (poverty rate at 10.8% is in bottom 17 but all other scores are top 10 or top 20 of the 47)
95842	Foothill Farms	18	50
95825	Arden Arcade	20	48
95833	Natomas	18	48
95834	Natomas	18	42
95608	Carmichael	12	41 (bottom 7 on % people of color, high # of children increases final score)
95758	Elk Grove	12	41 (eliminated because bottom 7 scores for poverty)
95843	Antelope	12	40 (eliminated because bottom 17 scores for poverty)
95820	Fruitridge/Stockton	18	40
95826	Fruitridge/Stockton	15	39
95815	Del Paso Heights	23	37
95757	Elk Grove	11	36 (eliminated because bottom 17 scores for poverty, top 7 for reading - least needy)
95624	Elk Grove	9	34 (eliminated because bottom 17 scores for poverty)
95831	Pocket	12	34
95835	Natomas	11	31 (eliminated because bottom 7 scores for poverty and Stong Start Index)
95829	Vineyard	15	28
95610	Citrus Heights	10	26 (eliminated because bottom 17 scores for poverty, bottom 7 for people of color)
95841	Foothill Farms	16	26
95630	Folsom	6	25 (eliminated because bottom 7 scores for poverty, top 7 scores reading - least needy)
95621	Citrus Heights	8	17 (eliminated because bottom 17 scores for poverty)
95673	Rio Linda	12	16
95662	Orangevale	8	15 (eliminated because bottom 17 scores for poverty)
95832	Meadowview	20	15
95632	Galt	10	15 (included by Advisory because rural / lack of services)
95827	Rancho Cordova	12	14 (eliminated because bottom 17 scores for poverty)
95817	Oak Park	14	12
95818	Land Park	9	12
95628	Fair Oaks	5	10 (eliminated because bottom 17 scores for poverty)
95742	Rancho Cordova	7	9 (eliminated because bottom 17 scores for poverty)
95864	Arden Arcade	7	7 (eliminated because bottom 17 scores for poverty)
95655	Mather	7	3 (included because family shelter located here)
95814	Downtown / Atkati Flat	10	2 (eliminated because bottom 17 scores for poverty)
95816	Midtown	3	2 (eliminated because bottom 17 scores for poverty)
95693	Wilton	5	1 (eliminated because bottom 17 scores for poverty)
95626	Elverta (about 1/2 in Sa	7	1 (eliminated because bottom 17 scores for poverty)
95811	River District	10	1 (included by Advisory because rapid growth since census)
95641	River Delta	9	1 (included by Advisory because rural / lack of services)
95652	McClellan	7	1 (eliminated because bottom 17 scores for poverty)
95638	Herald/Clay	2	0 (eliminated because bottom 17 scores for poverty)
95639	River Delta	3	0 (included by Advisory because rural / lack of services)

= top 10 scores (18s all included takes it to 14)