

FIRST 5 SACRAMENTO COMMISSION

2750 Gateway Oaks Dr., Suite 330
Sacramento, CA 95833

Computer Link:

<https://saccounty-net.zoomgov.com/j/1603240707?pwd=FcV4GNYNfWx8Lfb6A6hZEw7uocGXLY.1>

Meeting ID: 160 324 0707

Passcode: 718513

EVALUATION COMMITTEE

AGENDA

Monday, July 21, 2025 – 1:00 PM to 3:00 PM



Members: Olivia Kasirye (Chair), David Gordon, Nicole Kravitz-Wirtz, Robin Blanks, Tony Smith, Jennifer Mohammed (Alt.), Kairis Chiaji (Alt.)

Staff: Julie Gallelo, Carmen Garcia-Gomez, Elena Enriquez

Consultant: Applied Survey Research



1. Call to order and Roll Call
2. Public Comments on Off-Agenda Items
3. Approve Draft Action Summary of May 19, 2025
4. Select Committee Chair
5. Staff Update
6. General Evaluation Update: Applied Survey Research
7. Review and Provide Input: Sacramento County Trend Report
8. Approve: PLTI Special Study Proposal
9. Committee Member Comments
 - a. Miscellaneous
 - b. Future Agenda Items/Presentations

FIRST 5 SACRAMENTO COMMISSION

2750 Gateway Oaks Dr., Suite 330
Sacramento, CA 95833

EVALUATION COMMITTEE

DRAFT ACTION SUMMARY

Monday, May 19, 2025 – 1:00 PM - 3:00 PM



Members: David Gordon (Vice Chair), Dr. Olivia Kasirye, Robin Blanks, Tony Smith, Nicole Kravitz-Writz, Jennifer Mohammed (Alt.), Kairis Chiaji (Alt.)

Staff: Carmen Garcia-Gomez, Julie Gallelo, Elena Enriquez, Kris Clinton, Linda Fong

Attendance: In-person: D. Gordon, O. Kasirye, R. Blanks, Nicole Kravitz-Writz, T. Smith, K. Chiaji

Via Zoom:

Absent: J. Mohammed

Consultant: Applied Survey Research



1. Call to order and Roll Call

Action: Meeting was called to order at 1:00 PM.

2. Public Comments on Off-Agenda Items

Action: None.

3. Approve Draft Action Summary of February 7, 2025

Action: O. Kasirye/R. Blanks. Approved as recommended.

4. Select Committee Chair

Action: T. Smith/K. Chiaji. Approved as recommended.

Committee members agreed to rotate the Chair role among the Commissioners. Staff will send an updated calendar with Chair assignments.

5. Evaluation Staff Update

Action: none

Commission staff provided an update on the following items:

End of the year: Staff have begun sending out follow-ups for the Family Information Form and other surveys, such as Playgroup and Parent Café follow-up surveys.

Birth and Beyond Annual Report: With the culmination of AmeriCorps funding, this report will no longer be completed. F5 Sac will continue to evaluate the B&B program for services offered to children ages 0-5 and their families.

Contractor Waitlist: Staff are recommending not doing a special study looking deeper into contractor waitlist for programs. Instead, staff is recommending adding a couple of questions to the project narrative that addresses waiting periods or program capacity. This information will be shared on a quarterly basis, giving commission staff on-going information and the ability to provide technical assistance and address capacity issues. This will be implemented in July 2025, the report period for Q4 of FY 2024/25.

6. General Evaluation Update – Applied Survey Research
Action: None.

ASR staff provided a summary report on activities for the month of May.

7. Review and Provide Input: Reducing African American Child Deaths (RAACD) Report FY2023-24
Action: Review and provide input

ASR presented the RAACD Report FY 2023-24 (excluding overall 0-5 Child Death chart and 0-5 CAN homicides chart; pending receipt of CDRT data).

The committee had some general comments and questions.

Committee members were informed that if they would like to provide additional input, they should send their comments to ASR staff by May 30th.

8. Committee Members Comments
 - a. Miscellaneous
 - b. Future Agenda Items/Presentations

Adjourned: 2:21 p.m.

Respectfully submitted,

Carmen Garcia-Gomez, Evaluation Manager
First 5 Sacramento Commission

Evaluation Committee
Staff Report
July 21, 2025

1. Follow-up Surveys: Follow-up surveys for specific programs and the post-Family Information Form were sent out to over 5,000 participants.
2. First 5 Sacramento Annual Report Revamp: A revamp to our community report will allow us to share widely across various social networks.

Summary of Evaluation Activities for First 5 Sacramento

July 2025

Strategy	Task
F5 Sac Eval Report	<ul style="list-style-type: none"> - FY 2023-24 report finalized; sent to First 5 for website - Reviewing report formats for FY 2024-2027 cycle - FY 2024-25 annual data pulls in progress
RAACD	<ul style="list-style-type: none"> - Commission in August - FY 2024-25 annual data pulls beginning shortly after
Trend Report	<ul style="list-style-type: none"> - Share with Eval Committee - Commission in October
Building Strong Families	<ul style="list-style-type: none"> - Ongoing quarterly report metrics provided to partner orgs
Special Study	<ul style="list-style-type: none"> - Review Parent Leadership Training Institute (PLTI) proposal
Persimmony/Tools	<ul style="list-style-type: none"> - Ongoing support/TA for assessments, services, and procedures - In development: FY 2024-2027 Strategic Framework and Data Tracker

Timeline

	July	Aug	Sept	Oct	Nov
RAACD	Finalize Graphic Design	Commission			
Core Eval Report	Data	Data	Data/Write	Write	Partner Reviews
Trend Report	Eval Comm Review			Commission	
Building Strong Families	Data			Data	
Special Study	Eval Comm Review	Data	Data/Write Eval Comm Update	Write	
Database	TA Support; Data Cleaning/AR data pulls				

Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

This dashboard reviews Sacramento County data related to First 5 Sacramento's strategic plan priority areas. Where available, data are evaluated on County **Comparison to State** (California), Sacramento **County Trend** over time, and **Disparity** between racial/ethnic groups. Trends are presented for each analysis using the criteria described below.

Note: Available date ranges vary by measure. This report compares most recent measures to three years prior (baseline). When the baseline falls during 2020, 2019 data are substituted (when available) to capture a "pre-COVID" baseline as a more representative measure.

This summary does not intend to suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. There are many programs in the County working to improve the lives of children and families and many factors outside the reach of these services that can impact countywide trends. These indicators should be viewed as guiding points for First 5 Sacramento's efforts.

Future work should continue exploring additional insights related to social determinants of health, including First 5 Sacramento's expanding efforts toward racial equity, diversity, and inclusion (REDI) and mental health.

Additionally, please keep in mind that data presented in this trend report continue to be impacted by COVID-19.

County Trend:

County Over Time: [Most Recent - Baseline Value]



Trend shows any improvement in the right direction. Most Recent - Baseline is less/greater than 0 depending on desired direction.



Trending slightly in the wrong direction, based on threshold for each data type (e.g., percentage point change).



Trending in the wrong direction by more than the threshold for the data type (e.g., ± 1.5 percentage point change).

Thresholds vary depending on the type of indicator to more accurately reflect patterns by data type, rather than assuming a standardized "one size fits all" calculation while data types vary.

Green: For all data types difference is more/less than 0, depending on desired direction

Red: Difference is more/less than or equal to 0.5 per 1,000; 2.0 per 100,000; or 2.0 percentage points

Yellow: All values in between 0 and "Red" value

State Comparison:

Most Recent Year: [County Value / State Value]



County rate is meeting or surpassing the state rate.



County is slightly worse than state rate (95-100% of the state rate if higher is better or 100-105% of the state rate if lower is better).



County rate is substantially worse than the state (if higher is better, $\leq 95\%$ the state rate; if lower is better, $\geq 105\%$ the state rate).

Disparity Rate:

Most Recent Year: [Highest / Lowest Subcategory Value]



Small disparity gap of 1.0 (no difference) to 1.25 between the groups with the highest and lowest rates (excluding Native American subgroup due to unstable/low estimates).



Moderate disparity gap > 1.25 but < 2.0 between the groups with the highest and lowest rates (excluding Native American subgroup due to unstable/low estimates).



A large disparity gap - a 2.0+ difference between the groups with the highest and lowest rates (excluding Native American subgroups due to unstable/low estimates).

The size of disparity is measured by comparing the subgroup faring the worst to the subgroup faring the best in the most recent year (excluding the Native American subgroup, which consistently has a very low total population by which to compare).

Trend Report Sections

HIGHLIGHTS.....	3
PERINATAL HEALTH	5
BREASTFEEDING.....	8
CHILD SAFETY	9
DEVELOPMENT & EDUCATION.....	13
QUALITY CHILD CARE	16
SYSTEMS IMPROVEMENT	18
PARENT PARTNERSHIP.....	26
DATA SOURCES	27

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Highlights by Priority Area and Domain

Health and Well-Being				
Perinatal Health		Sacramento County Trend	State Comparison	Disparity
Infant Mortality	Infant Mortality Rate per 1,000 Births			
Preterm Births	Preterm Births (%) (< 37 weeks)			
Low Birth Weight	Low Birth Rate Births (%) (<2,500 grams)			
Timely Initiation of Prenatal Care	Received Prenatal Care in First Trimester (%) (Medi-Cal)			
Maternal Morbidity	Had 1+ Morbidity Resulting From or Aggravated By Pregnancy (%)			
Maternal Mortality	Maternal Mortality Rate per 100,000 Population			
Breastfeeding		Sacramento County Trend	State Comparison	Disparity
Exclusive Breastfeeding (In-Hospital)	Exclusive Breastfeeding In-Hospital (%)			
Exclusive Breastfeeding (3-Months)	Exclusive Breastfeeding at 3-Months (%)			
Child Development and Education		Sacramento County Trend	State Comparison	Disparity
Developmental Screenings (Medi-Cal)	Children who Received a Developmental Screening in First Three Years of Life (%) (Medi-Cal)			
Developmental Screenings (ASQ Online)	Children who Met Developmental Milestones (%) (ASQ Online)			
3rd Grade Test Scores - Reading	3rd Graders At or Above Grade Level (%) - Reading (ELA)			
3rd Grade Test Scores - Math	3rd Graders At or Above Grade Level (%) - Math			
High School Graduation	Four-Year High School Graduation (% of Students)			
Quality Child Care				
Quality Child Care		Sacramento County Trend	State Comparison	Disparity
Availability of Child Care	% Ages 0-12 Years for Whom Licensed Child Care is Available			
Preschool Enrollment (3-4)	Preschool Enrollment (% of Children Ages 3-4)			
Children Served by Quality Counts California (QCC) Rated Preschool	% of Sacramento County Children Attending a Quality Preschool (QCC)			
Raising Quality Together (RQT) Providers	# of Licensed Child Care Providers who Participate in RQT			

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Systems Improvement

Systems Improvement		Sacramento County Trend	State Comparison	Disparity
Oral Health - Dental Visit (Medi-Cal)	Children 0-5 with a Dental Visit in the Previous Year (%) (Medi-Cal)			
Oral Health - Kindergarten Oral Health Assessment (KOHA)	School Districts in Compliance with KOHA Mandate (%)			
Oral Health - Provider Training	Pediatric Dental Providers with Any Post Graduate Training (%)			
Children Covered by Health Insurance	Children with Health Insurance (%)			
Well-Child Visits (6+ Visits, 0-15 Months) (Medi-Cal)	Children with 6+ Well-Child Visits in First 15-Months of Life (%) (Medi-Cal)			
Well-Child Visits (2+ Visits, 15-30 Months) (Medi-Cal)	Children with 2+ Well-Child Visits, Age 15-30 Months (%) (Medi-Cal)			
Well-Care Visits (Ages 3-21) (Medi-Cal)	Children Ages 3-21 with 1+ Well-Care Visit in the Past Year (%)			
Maternal Health - Postpartum Visit	% of Women who had a Postpartum Visit 21-56 Days After Delivery (Medi-Cal)			
Kindergarten Immunization Rate	% of Kindergarteners Up-to-Date on Required Immunizations			
Mental Health (Prenatal Depression)	Prenatal Depression (% of Mothers)			
Mental Health (Postnatal Depression)	Postnatal Depression (% of Mothers)			
Perinatal Mental Health Conditions	% with Any Perinatal Mental Health Condition at Delivery			
Mental Health Needs	% of Adults Needing Help for Emotional/Mental Health or Alcohol/Drug use			
Seeking Help for Mental Health Needs	% of Adults who Needed AND Sought Help for Emotional/Mental Health or Alcohol/Drug Use			
Experiences of Racism	% of Mothers who "Often Experienced Racism Over Her Lifetime"			

Parent Partnership

Parent Partnership		Sacramento County Trend	State Comparison	Disparity
Formal Membership Associations	Formal Membership Associations per 10,000 Population			
Volunteer Work	% Engaged in Formal Volunteer Work on Community Problems in Past Year			

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Health and Well-Being: Perinatal Health

Infant Mortality

County Trend In 2020-2022, Sacramento County infant mortality (5.2 per 1,000 births) was slightly higher than in 2017-2019 (4.8).



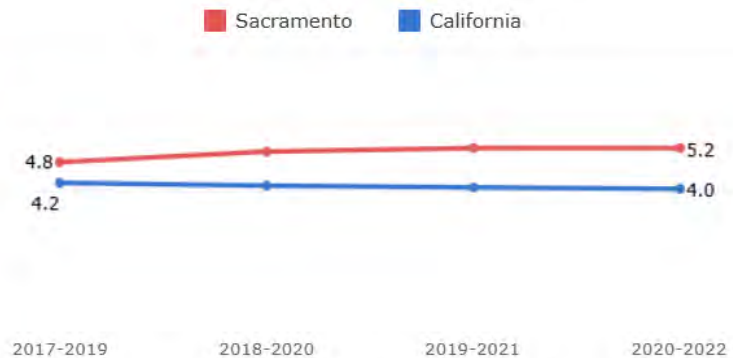
State Comparison Sacramento County has higher rates of infant mortality (5.2 per 1,000 births) compared to 4.0 per 1,000 births statewide.



Disparity In 2020-2022, the Black/African American infant mortality rate (12.0 per 1,000 births) was 2.7 times the rate of all others (4.5).



Infant Mortality Rate per 1,000 Births



County Detail by Race/Ethnicity

	2017-2019	2018-2020	2019-2021	2020-2022
Black/African American	9.0	10.2	10.0	12.0
All Others	4.3	4.6	4.7	4.5

Preterm Births

County Trend The countywide rate of preterm births improved slightly between 2017-2019 (9.1%) and 2021-2023 (8.9%).



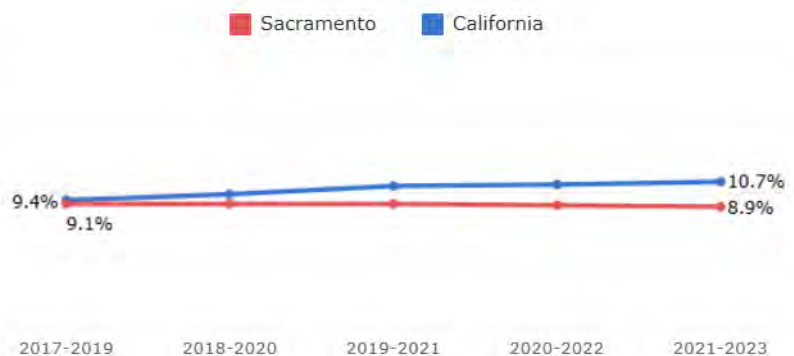
State Comparison Sacramento County had a lower rate of preterm births (8.9%) compared with statewide (10.7%).



Disparity The rate of preterm births for Black/African Americans in Sacramento County (12.4%) was 1.4 times the rate of all others (8.6%).



Preterm Births (%) (< 37 weeks)



County Detail by Race/Ethnicity

	2017-2019	2018-2020	2019-2021	2020-2022	2021-2023
Black/African American	13.0%	13.3%	12.7%	12.6%	12.4%
All Others	8.7%	8.6%	8.7%	8.6%	8.6%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Low Birth Weight

County Trend

Low birth weight births increased slightly between 2017-2019 (7.0%) and 2021-2023 (7.3%).



State Comparison

The proportion of low birth weight births in Sacramento County (7.3%) is comparable to statewide (7.4%).



Disparity

Black/African American infants are born with low birth weight at 1.8 times the rate of all other infants (12.3% and 6.8% respectively).



Low Birth Rate Births (%) (<2,500 grams)

■ Sacramento ■ California



County Detail by Race/Ethnicity

	2017-2019	2018-2020	2019-2021	2020-2022	2021-2023
Black/African American	11.8%	12.6%	12.3%	12.4%	12.3%
All Others	6.5%	6.5%	6.7%	6.7%	6.8%

Timely Initiation of Prenatal Care

County Trend

In 2019, 85.9% of pregnant women in Sacramento County received prenatal care in the first trimester. This decreased two percentage points (83.9%) in 2023.



State Comparison

In 2023, 83.9% of Sacramento County mothers received prenatal care in the first trimester, slightly higher than statewide rates (82.4%).



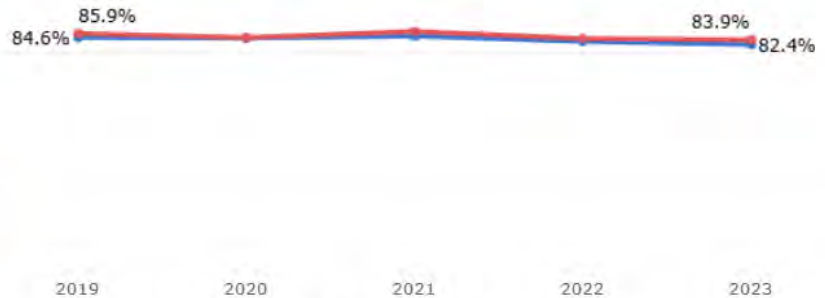
Disparity

Black/African American women had the lowest rate of first-trimester prenatal care (80.7%), while Asian women had the highest rate (87.7%) - a seven percentage point difference.



Received Prenatal Care in First Trimester (%) (Medi-Cal)

■ Sacramento ■ California



County Detail by Race/Ethnicity

	2019	2020	2021	2022	2023
Asian	87.7%	86.7%	90.2%	89.0%	87.7%
Black/African American	82.6%	81.0%	83.9%	80.9%	80.7%
Hispanic/Latino	86.1%	83.9%	86.5%	84.4%	84.6%
White (Non-Hispanic)	86.6%	86.6%	86.9%	83.4%	83.7%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Maternal Morbidity

County Trend

In 2023, 1.9% of Sacramento County mothers had at least one morbidity at delivery, which is slightly higher than 2019 (1.7%).



State Comparison

The proportion of women in Sacramento County with at least one morbidity at delivery (1.9%) was higher than statewide (1.3%).



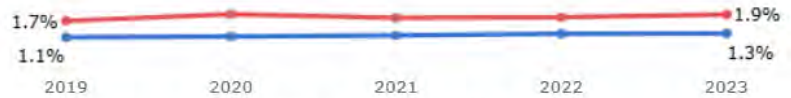
Disparity

Maternal morbidity among Asian women (2.8%) was 1.7 times that of Hispanic/Latino residents (1.7%). However, this measure has limited reliability due to large amounts of suppressed data.



Had 1+ Morbidity Resulting From or Aggravated By Pregnancy (%)

■ Sacramento ■ California



County Detail by Race/Ethnicity

	2019	2020	2021	2022	2023
Asian	2.6%	3.0%	2.4%	2.9%	2.8%
Black/African American	1.1%	1.3%	0.8%	1.3%	1.7%
Hispanic/Latino	1.3%	1.4%	1.4%	1.4%	1.7%
White (Non-Hispanic)	1.7%	2.0%	1.9%	1.9%	1.9%

Maternal Mortality

County Trend

Trend data not available. Aggregate data for 2018-2023 show a countywide maternal mortality rate of 0.26 per 100,000 population.



State Comparison

The maternal mortality rate in Sacramento County was 0.26 per 100,000 population, compared with 0.20 statewide.



Maternal Mortality Rate per 100,000 Population

2018-2023



Disparity

Disparity data not available due to suppressed values by race/ethnicity.



Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Health and Well-Being: Breastfeeding

Exclusive Breastfeeding (In-Hospital)

County Trend
In-hospital exclusive breastfeeding rates increased between 2017-2019 (72.6%) and 2020-2022 (75.9%).



State Comparison
The Sacramento County exclusive breastfeeding rate in-hospital (75.9%) was higher than statewide (69.2%) in 2020-2022.



Disparity
The rate of exclusive, in-hospital breastfeeding for White residents (84.5%) was 1.2 times the rate for Black/African Americans (68.0%).



Exclusive Breastfeeding In-Hospital (%)



2017-2019 2018-2020 2019-2021 2020-2022

County Detail by Race/Ethnicity

	2017-2019	2018-2020	2019-2021	2020-2022
Asian	65.7%	65.6%	67.8%	70.1%
Black/African American	64.9%	64.8%	65.1%	68.0%
Hispanic/Latino	73.1%	73.6%	74.7%	75.9%
White	81.1%	81.4%	82.6%	84.5%

Exclusive Breastfeeding (3-Months)

County Trend
The 2019-2021 countywide rate of exclusive breastfeeding at 3-months (36.8%) was three percentage points lower than 2016-2018 (39.3%).



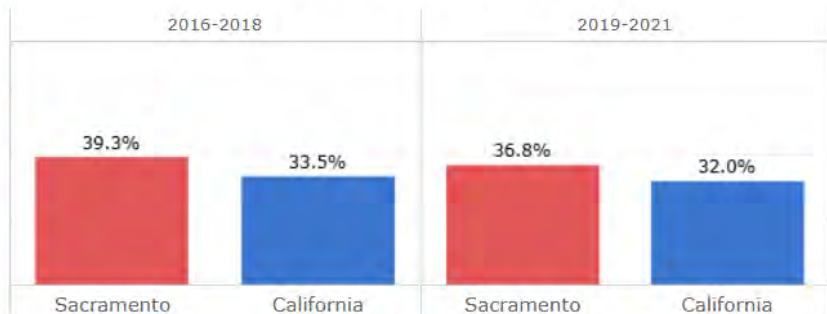
State Comparison
Despite countywide decreases, the countywide rate of exclusive breastfeeding at 3-months (36.8%) remained higher than statewide (32.0%).



Disparity
In 2019-2021, White mothers' exclusive breastfeeding at 3-months (52.1%) was 2.5 times the rate of Asian mothers (21%).



Exclusive Breastfeeding at 3-Months (%)



County Detail by Race/Ethnicity

	2016-2018	2019-2021
Asian	28.0%	21.0%
Black/African American	38.1%	26.2%
Hispanic/Latino	33.2%	32.0%
White	53.5%	52.1%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Health and Well-Being: Child Safety

CPS Allegations

County Trend

Countywide rates of CPS allegations increased between 2021 (53.9 per 1,000 children ages 0-5) and 2024 (55.5 per 1,000). This may be due, in part, to increased access to mandated reporters post-COVID.



State Comparison

In 2024, Sacramento County had a higher rate of CPS allegations per 1,000 children ages 0-5 (55.5) than statewide (46.0).



Disparity

The rate of CPS allegations were 8.2 times greater for Black/African American children (169.5 per 1,000 children ages 0-5) compared with Asian/Pacific Islander children (20.8 per 1,000).



CPS Child Maltreatment Allegations (Rate per 1,000 Children Ages 0-5)



County Detail by Race/Ethnicity

	2021	2022	2023	2024
Asian/PI	25.0	23.9	20.8	20.8
Black/African American	168.1	165.4	182.5	169.5
Hispanic/Latino	58.2	62.4	63.4	59.8
Nat. American	78.8	89.2	141.6	123.9
White	39.7	38.5	43.6	41.4

Substantiated Maltreatment

County Trend

Countywide, rates of substantiated maltreatment have decreased between 2021 (9.7 per 1,000 children 0-5) and 2024 (7.3 per 1,000).



State Comparison

In 2024, the countywide rate of substantiated maltreatment rate (7.3 per 1,000 children ages 0-5) was slightly lower than statewide (7.8 per 1,000 children).



Disparity

Substantiated maltreatment rates were 11.9 times greater for Black/African American children (22.6 per 1,000) compared with Asian/Pacific Islander children (1.9 per 1,000).



CPS Substantiated Child Maltreatment (Rate per 1,000 Children Ages 0-5)



County Detail by Race/Ethnicity

	2021	2022	2023	2024
Asian/PI	3.7	2.4	2.3	1.9
Black/African American	32.5	25.5	28.7	22.6
Hispanic/Latino	12.0	11.4	9.9	9.3
Nat. American	8.0	25.0	27.0	33.2
White	6.9	6.3	6.9	5.7

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Substantiated Recurrence

County Trend

In 2019, 8.0% of children (0-5) experienced substantiated recurrence within 12 months. This increased to 8.2% in 2023.



State Comparison

Sacramento County had a higher rate of substantiated recurrence among children ages 0-5 with a substantiated baseline in 2023 (8.2%) compared to statewide (7.7%).



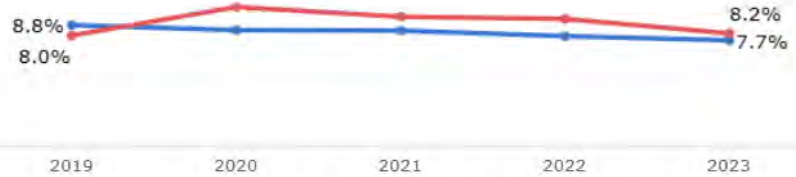
Disparity

Substantiated recurrence among Hispanic/Latino children (10.7%) was 2.4 times the rate of substantiated recurrence among Asian/Pacific Islanders (4.5%).



CPS Substantiated Recurrence within 12 Months (%)

■ Sacramento ■ California



County Detail by Race/Ethnicity

	2019	2020	2021	2022	2023
Asian/PI	10.3%	6.6%	8.8%	8.3%	4.5%
Black/African American	6.9%	11.4%	8.7%	10.0%	5.8%
Hispanic/Latino	8.4%	10.7%	12.0%	9.1%	10.7%
Nat. American	15.4%	5.9%	33.3%	18.8%	0.0%
White	8.5%	9.3%	7.3%	8.9%	9.3%

Adverse Childhood Experiences (ACEs) (ages 12-17)

County Trend

Between 2021 and 2023, the percentage of adolescents ages 12-17 with any ACEs increased 1.5 percentage points.



State Comparison

Fewer adolescents (ages 12-17) had ACEs (37.4%) compared to statewide (42.7%) in 2023.

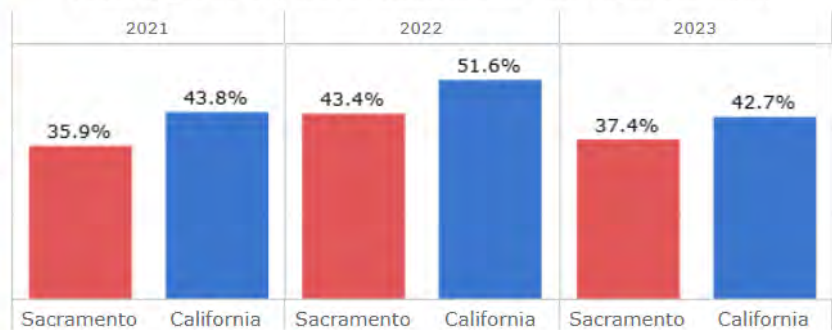


Disparity

Disparity data not available due to suppressed values by race/ethnicity.



Youth (Ages 12-17) with 1+ Adverse Childhood Experiences (%)



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Foster Care Entries

County Trend

Foster care entries decreased between 2021 (3.3 per 1,000 children ages 0-5) and 2024 (2.6).



State Comparison

In 2024, Sacramento County had a lower rate of foster care entries (2.6 per 1,000 children ages 0-5) than statewide (3.3 per 1,000).



Disparity

In 2024, the rate of foster care entries for children ages 0-5 was 8.9 times greater for Black/African American children (7.1 per 1,000) compared with Asian children (0.8 per 1,000).



Foster Care Entry Rate per 1,000 Children Ages 0-5



Year	2021	2022	2023	2024
County Detail by Race/Ethnicity				
Asian/PI	0.9	0.6	0.5	0.8
Black/African American	12.7	9.4	10.6	7.1
Hispanic/Latino	3.4	2.9	3.1	2.5
Nat. American	4.5	9.0	4.4	13.3
White	3.2	3.1	2.8	2.8

County Detail by Race/Ethnicity

	2021	2022	2023	2024
Asian/PI	0.9	0.6	0.5	0.8
Black/African American	12.7	9.4	10.6	7.1
Hispanic/Latino	3.4	2.9	3.1	2.5
Nat. American	4.5	9.0	4.4	13.3
White	3.2	3.1	2.8	2.8

Positive Childhood Experiences (PCEs) (Adult Retrospective)

County Trend

The proportion of adults reporting 3 or more PCEs decreased between 2021 and 2022.

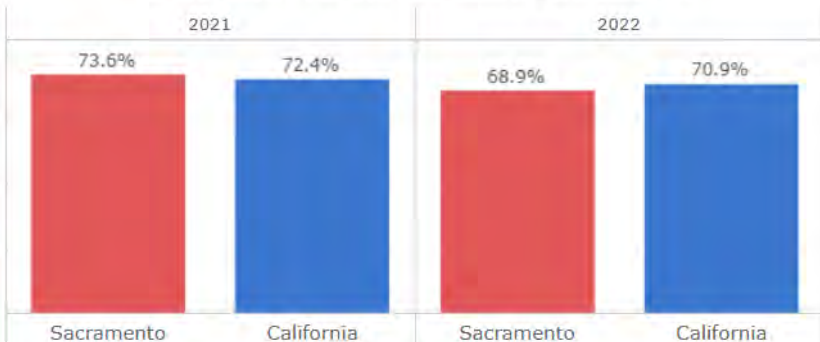


State Comparison

In 2022, 68.9% of Sacramento County adults reported 3+ PCEs compared with 70.9% statewide.



Adults with 3+ Positive Childhood Experiences (%)



County Detail by Race/Ethnicity

	2021	2022
Asian (3+ PCEs)	76.3%	73.3%
Black/AA (3+ PCEs)	65.4%	66.7%
Latino (3+ PCEs)	68.1%	70.8%
Multiracial (3+ PCEs)	70.0%	78.2%
White (3+ PCEs)	75.8%	67.6%

Disparity

In 2022, 66.7% of Black/African American respondents reported three or more PCEs, while 78.2% of multiracial participants had 3+ PCEs, a disparity of 1.2.



Positive Childhood Experiences (PCEs) (ages 12-17)

County Trend

The proportion of adolescents ages 12-17 with three or more PCEs increased between 2021 and 2023.



State Comparison

More adolescents (ages 12-17) had 3+ PCEs (88.2%) compared to statewide (80.0%) in 2023.

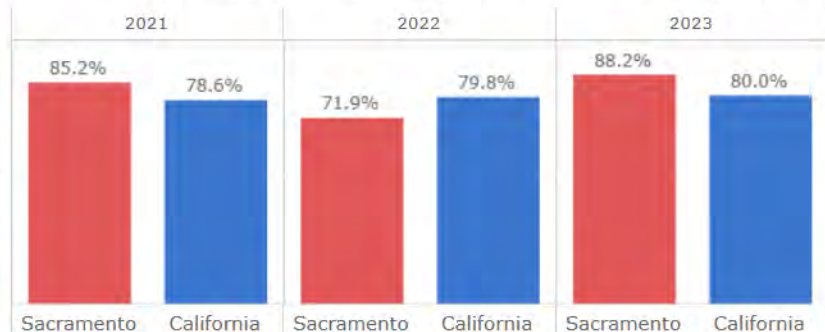


Disparity

Disparity data not available due to suppressed values by race/ethnicity.



Youth (Ages 12-17) with 3+ Positive Childhood Experiences (%)



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Health and Well-Being: Child Development and Education

Developmental Screenings (Medi-Cal)

County Trend
In 2022-23, 33.9% of Sacramento County children had a developmental screening in the first three years of life. Data prior to 2022-23 not comparable to most recent data.



State Comparison
In 2022-23, 33.9% of children had a developmental screening in the first three years of life compared with 32.3% statewide.

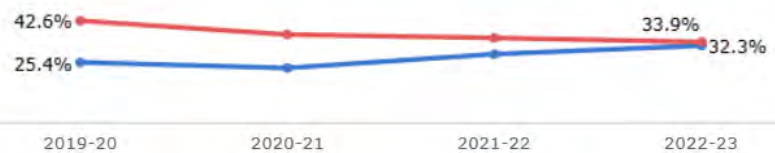


Disparity
Data not available by race/ethnicity.



Children who Received a Developmental Screening in First Three Years of Life (%) (Medi-Cal)

■ Sacramento ■ California



Note: Multiple years are presented here. However, due to methodology change, data prior to 2022-23 not comparable to previous years.

Developmental Screenings (ASQ Online)

County Trend
In 2021-22, 56.8% of children were meeting milestones in all ASQ domains. This decreased slightly in 2023-24 (55.1%), although the number of screenings more than doubled.



State Comparison
Comparisons to state rates not available.

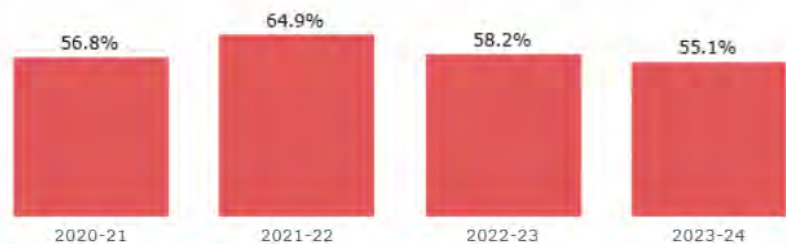


Disparity
Data not available by race/ethnicity.



Children who Met Developmental Milestones (%) (ASQ Online)

■ Sacramento



Data available for districts/providers participating in ASQ Online database managed by Help Me Grow.

County Detail by ASQ Domain

	2020-21	2021-22	2022-23	2023-24
Communication	84.1%	84.9%	78.6%	75.7%
Fine Motor	79.3%	76.2%	71.0%	70.8%
Gross Motor	91.0%	93.0%	87.3%	85.9%
Personal-Social	85.2%	86.2%	81.3%	79.8%
Problem Solving	86.0%	88.1%	81.1%	80.3%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

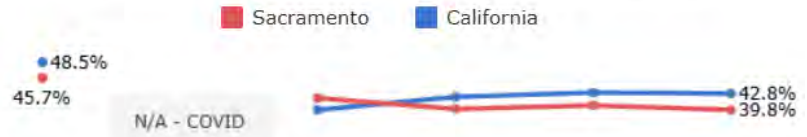
3rd Grade Test Scores - Reading

County Trend

Fewer 3rd graders were reading at or above grade level in 2023-24 (39.8%) compared with 2018-19 (45.7%).



3rd Graders At or Above Grade Level (%) - Reading (ELA)



State Comparison

Sacramento County 3rd graders were less likely to be reading at or above grade level (39.8%) compared with statewide (42.8%) in 2023-24.



2018-19 2019-20 2020-21 2021-22 2022-23 2023-24

County Detail by Race/Ethnicity (Among Low SES)

	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
Am. Indian/Alaska Nativ..	29.7%		14.3%	9.5%	19.6%	17.0%
Asian (Low SES)	42.8%		35.1%	36.4%	34.3%	34.9%
Black/AA (Low SES)	23.8%		18.8%	17.5%	19.6%	19.2%
Filipino (Low SES)	55.1%		54.6%	50.0%	56.5%	55.9%
Hispanic/Latino (Low SES)	31.9%		21.8%	23.9%	25.1%	25.9%
Multiracial (Low SES)	36.8%		32.4%	27.3%	30.8%	30.4%
Native Hawaiian/PI (Low..	27.4%		26.5%	22.3%	27.0%	24.6%
White (Low SES)	38.6%		42.4%	33.4%	34.8%	34.6%

Disparity

Filipino 3rd graders who were socioeconomically disadvantaged were 2.9 times as likely to be reading at or above grade level (55.9%) compared with Black/African American students (19.2%).



3rd Grade Test Scores - Math

County Trend

Fewer 3rd graders were at or above grade level in math in 2023-24 (41.7%) compared with 2018-19 (46.8%).



3rd Graders At or Above Grade Level (%) - Math



State Comparison

Sacramento County 3rd graders were less likely to be at or above grade level in math (41.7%) compared with statewide (45.6%) in 2023-24.



2018-19 2019-20 2020-21 2021-22 2022-23 2023-24

County Detail by Race/Ethnicity (Among Low SES)

	2018-19	2019-20	2020-21	2021-22	2022-23	2023-24
Am. Indian/Alaska Nativ..	28.6%		21.4%	11.6%	17.6%	22.9%
Asian (Low SES)	46.5%		41.1%	38.9%	40.7%	39.4%
Black/AA (Low SES)	24.1%		15.9%	15.3%	17.8%	16.6%
Filipino (Low SES)	54.4%		50.0%	52.7%	56.5%	51.7%
Hispanic/Latino (Low SES)	33.2%		21.9%	24.2%	27.6%	27.0%
Multiracial (Low SES)	37.1%		33.3%	28.1%	31.1%	32.4%
Native Hawaiian/PI (Low..	28.3%		31.3%	23.2%	28.2%	24.5%
White (Low SES)	41.5%		37.9%	34.1%	35.6%	37.6%

Disparity

Filipino 3rd graders who were socioeconomically disadvantaged were 3.1 times as likely to be at or above grade level in math (51.7%) compared with Black/African American students (16.6%).



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

High School Graduation

County Trend

The proportion of high school students graduating in four years decreased nearly 15 percentage points between 2019-20 (83.6%) and 2023-24 (69.1%).



Four-Year High School Graduation (% of Students)



State Comparison

In 2023-24, Sacramento County had a lower rate of high school graduations (69.1%) compared with statewide (86.4%).



2019-20 2020-21 2021-22 2022-23 2023-24

County Detail by Race/Ethnicity (Among Low SES)

	2019-20	2020-21	2021-22	2022-23	2023-24
Asian	92.9%	91.9%	92.6%	90.7%	68.8%
Black/African American	75.5%	67.4%	74.8%	70.9%	69.2%
Filipino	95.7%	93.8%	96.0%	92.8%	95.6%
Hispanic/Latino	79.5%	75.4%	81.0%	78.5%	70.2%
Multiracial	84.7%	79.1%	83.0%	91.9%	73.3%
Nat. American	72.6%	72.0%	67.3%	69.6%	60.7%
Pacific Islander	80.0%	73.8%	78.9%	77.0%	73.7%
White	86.0%	85.7%	86.8%	83.5%	65.4%

Disparity

In 2023-24, 95.6% of Filipino students graduated in four years, a disparity of 1.5 times greater than White students (65.4%).



Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Quality Child Care

Availability of Child Care

County Trend

The percentage of children ages 0-12 with parents in the labor force for whom licensed child care spaces are available increased between 2019 (26.0%) and 2023 (29.0%).

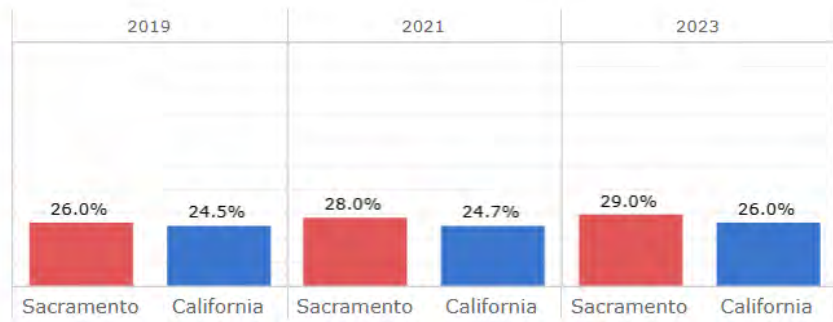


State Comparison

In 2023, Sacramento County could accommodate 29% of children ages 0-12 with parents in the workforce, compared with 26% statewide.



% Ages 0-12 Years for Whom Licensed Child Care is Available



Disparity

Data not available by race/ethnicity.



Preschool Enrollment (3-4)

County Trend

There were fewer children ages 3-4 enrolled in preschool in 2023 (38.8%) compared with 2019 (45.7%).

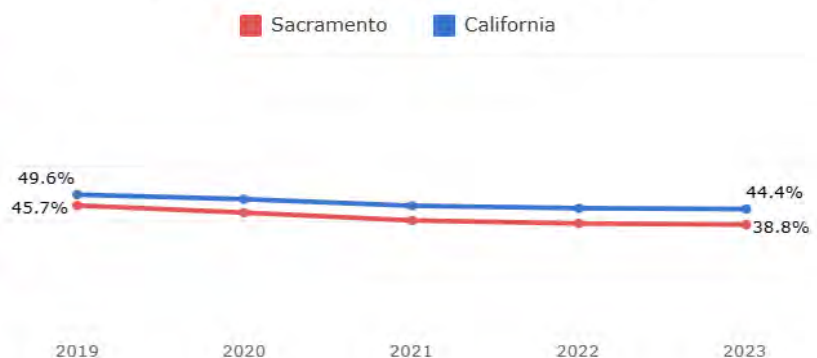


State Comparison

In 2023, 38.8% of Sacramento County children ages 3-4 were enrolled in preschool, compared with 44.4% of 3-4-year-olds statewide.



Preschool Enrollment (% of Children Ages 3-4)



Disparity

Data not available by race/ethnicity.



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Children Served by Quality Counts California (QCC) Rated Preschool

County Trend The proportion of children served by a QCC-rated preschool in Sacramento County decreased nearly two percentage points between 2019-20 (10.3%) and 2023-24 (8.5%).



State Comparison Comparisons to state rates not available.



Disparity Data not available by race/ethnicity.



% of Sacramento County Children Attending a Quality Preschool (QCC)

■ Sacramento



Raising Quality Together (RQT) Providers

County Trend The number of licensed child care sites participating in RQT, Sacramento County's Quality Counts California (QCC) program, decreased 5% between 2019-20 (317) and 2023-24 (302).



State Comparison Comparisons to state rates not available.



Disparity Data not available by race/ethnicity.



of Licensed Child Care Providers who Participate in RQT

■ Sacramento



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Systems Improvement

Oral Health - Dental Visit (Medi-Cal)

County Trend Between 2019 and 2022, the proportion of children attending a dental appointment in the last year decreased slightly (35.7% to 34.3%).



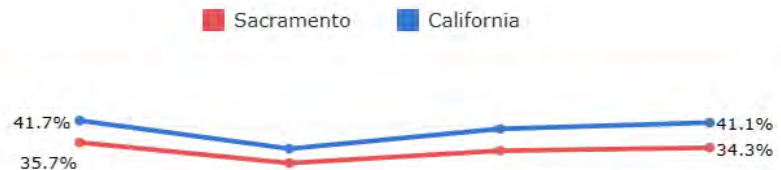
State Comparison In 2022, Sacramento County had a lower rate of children ages 0-5 attending a dental visit in the last year (34.3%) compared with statewide (41.1%).



Disparity Among children ages 3-5, Asian children (56.5%) attended dental visits in the past year at 1.5 times the rate of White children (37.0%).



Children 0-5 with a Dental Visit in the Previous Year (%) (Medi-Cal)



County Detail by Race/Ethnicity (Ages 3-5)

	2019	2020	2021	2022
Am. Indian/Alaska Native (..	49.6%	34.9%	42.7%	37.3%
Asian (3-5)	61.5%	48.1%	54.7%	56.5%
Black/African American (3-5)	43.4%	36.3%	43.0%	44.8%
Hispanic/Latino (3-5)	55.8%	45.0%	50.8%	52.8%
Native Hawaiian/PI (3-5)	42.4%	37.5%	48.8%	47.8%
Other/Unknown (3-5)	50.3%	42.2%	47.9%	46.2%
White (3-5)	38.4%	31.4%	37.2%	37.0%

Oral Health - Kindergarten Oral Health Assessment (KOHA)

County Trend In 2023-24, 100% of districts complied with the Kindergarten Oral Health Assessment (KOHA) requirement, consistent with 2019-20.



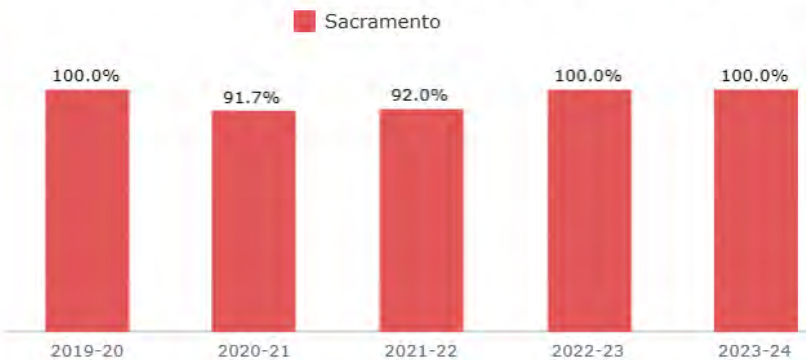
State Comparison Comparisons to state rates not available.



Disparity Data not available by race/ethnicity.



School Districts in Compliance with KOHA Mandate (%)

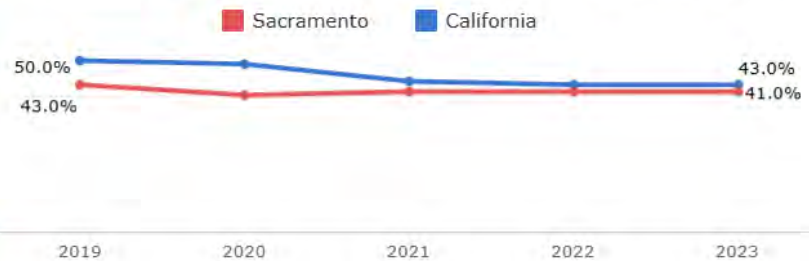


Oral Health - Provider Training

County Trend In 2019, 43.0% of Pediatric DDS providers had postgraduate training, compared to 41.0% in 2023. DDS providers practicing Pediatric Dentistry increased from 56 to 87.



Pediatric Dental Providers with Any Post Graduate Training (%)



State Comparison In 2023, 41.0% of Sacramento County Pediatric DDS providers had 1+ years of postgraduate training, compared with 43.0% statewide.



Sacramento County DDS with Pediatric Dentistry Specialty



Disparity Data not available by race/ethnicity.

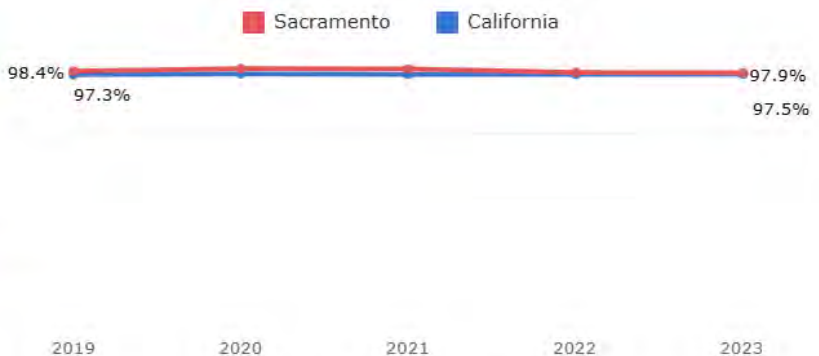


Children Covered by Health Insurance

County Trend Nearly all children in Sacramento County have some form of insurance coverage. However, coverage decreased slightly from 2019 (98.4%) to 2023 (97.9%).



Children with Health Insurance (%)



State Comparison In 2023, the proportion of children ages 0-5 with insurance county in Sacramento County (97.9%) was comparable to statewide (97.5%).



County Detail by Race/Ethnicity

	2019	2020	2021	2022	2023
Asian	99.2%		99.0%	98.7%	97.2%
Black/African American	98.3%		99.1%	96.5%	98.8%
Hispanic/Latino	98.1%		99.4%	98.4%	96.8%
White	98.8%		98.6%	97.2%	99.0%

Disparity In 2023, 99.0% of White children had insurance coverage, which was slightly higher than Hispanic/Latino children (96.8%).



Well-Child Visits (6+ Visits, 0-15 Months) (Medi-Cal)

County Trend

The proportion of children with 6+ well-child visits in the first 15-months of life increased from 38.3% in 2019-20 to 40.1% in 2022-23.



State Comparison

In 2022-23, fewer children in Sacramento County had 6+ well-child visits in the first 15-months of life (40.1%), compared with statewide (49.6%).



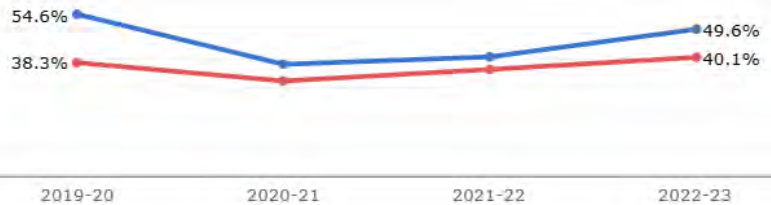
Disparity

Data not available by race/ethnicity.



Children with 6+ Well-Child Visits in First 15-Months of Life (%) (Medi-Cal)

■ Sacramento ■ California



Well-Child Visits (2+ Visits, 15-30 Months) (Medi-Cal)

County Trend

The proportion of children ages 15-30 months with 2+ well-child visits increased from 42.1% in 2020-21 to 57.2% in 2022-23.



State Comparison

In 2022-23, fewer children ages 15-30 months in Sacramento County had 2+ well-child visits (57.2%), compared with statewide (64.3%).



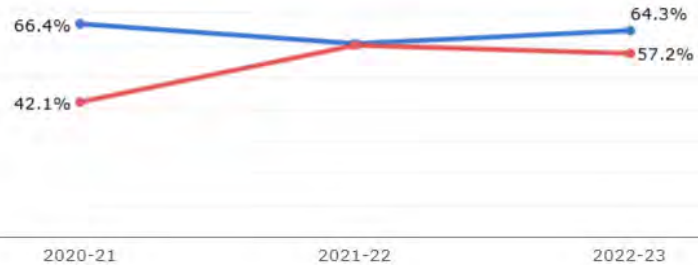
Disparity

Data not available by race/ethnicity.



Children with 2+ Well-Child Visits, Age 15-30 Months (%) (Medi-Cal)

■ Sacramento ■ California



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Well-Care Visits (Ages 3-21) (Medi-Cal)

County Trend Child and adolescent well-care visits (ages 3-21) increased from 42.1% in 2020-21 to 45.9% in 2022-23.



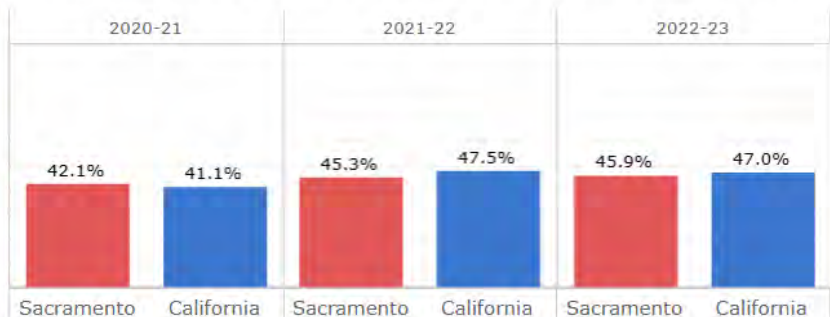
State Comparison The proportion of children and adolescents with well-care visits in Sacramento (45.9%) was slightly lower than statewide (47.0%) in 2022-23.



Disparity Data not available by race/ethnicity.



Children Ages 3-21 with 1+ Well-Care Visit in the Past Year (%)



Maternal Health - Postpartum Visit

County Trend The proportion of women with a postpartum visit 21-56 days after delivery increased two percentage points between 2019-20 (73.6%) and 2022-23 (75.7%).



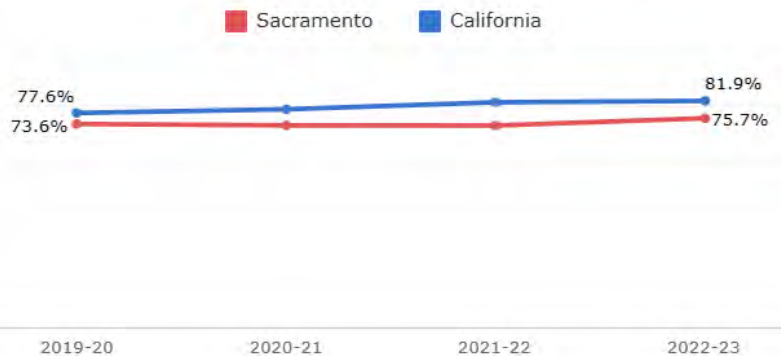
State Comparison The proportion of women with a postpartum visit 21-56 days after delivery in Sacramento County (75.7%) was lower than statewide (81.9%) in 2022-23.



Disparity Data not available by race/ethnicity.



% of Women who had a Postpartum Visit 21-56 Days After Delivery (Medi-Cal)



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Kindergarten Immunization Rate

County Trend More than 90% of Sacramento County kindergarteners were up-to-date on required immunizations. However, the percentage decreased slightly between 2019-20 (93.3%) and 2022-23 (92.7%).



State Comparison In 2022-23, Sacramento County had a slightly lower proportion of kindergarteners up-to-date on immunizations (92.7%) compared with statewide (94.1%).



Disparity Data not available by race/ethnicity.



% of Kindergarteners Up-to-Date on Required Immunizations



Mental Health (Prenatal Depression)

County Trend In Sacramento County, reports of prenatal depression worsened slightly between 2016-2018 (16.0%) and 2019-2021 (16.3%).



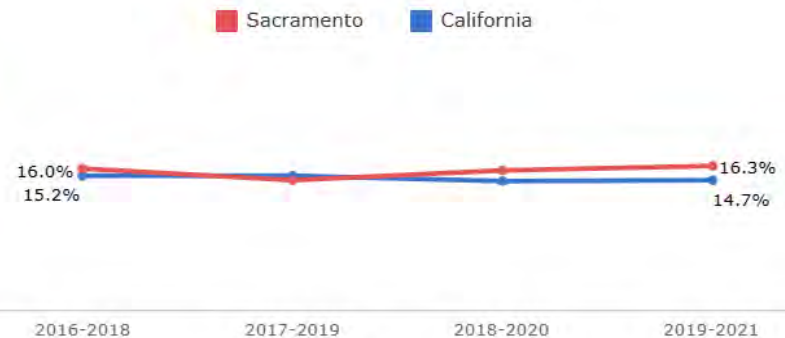
State Comparison The 2019-2021 rate of prenatal depression in Sacramento County (16.3%) was higher than statewide (14.7%).



Disparity The rate of prenatal depression for Black/African American mothers (27.0%) was 2.7 times greater than White mothers (10.1%).



Prenatal Depression (% of Mothers)



County Detail by Race/Ethnicity

	2016-2018	2017-2019	2018-2020	2019-2021
Asian/PI	11.3%	12.6%	18.5%	20.1%
Black/African American	21.8%	25.0%	26.2%	27.0%
Hispanic/Latino	21.5%	18.4%	18.0%	19.3%
White	12.9%	10.8%	10.5%	10.1%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Mental Health (Postnatal Depression)

County Trend In Sacramento County, reports of postnatal depression improved between 2016-2018 (16.5%) and 2019-2021 (14.0%).



State Comparison The 2019-2021 rate of postnatal depression in Sacramento County (14.0%) was slightly higher than statewide (13.5%).

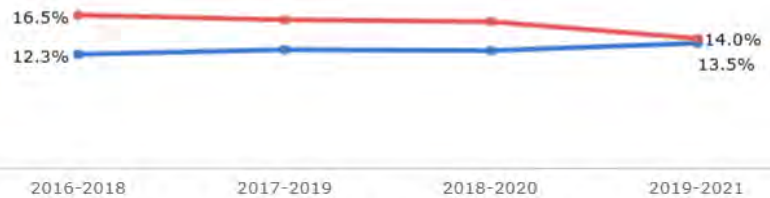


Disparity The rate of postnatal depression for Black/African American mothers (28.9%) was 2.6 times greater than White mothers (11.1%).



Postnatal Depression (% of Mothers)

■ Sacramento ■ California



County Detail by Race/Ethnicity

	2016-2018	2017-2019	2018-2020	2019-2021
Asian/PI	15.8%	17.6%	16.4%	13.8%
Black/African American	17.8%	22.8%	26.9%	28.9%
Hispanic/Latino	24.5%	18.7%	19.0%	12.7%
White	10.6%	10.7%	9.1%	11.1%

Perinatal Mental Health Conditions

County Trend Reports of any perinatal mental health condition at delivery worsened three percentage points between 2017-2019 (11.2%) and 2020-2022 (14.2%).



State Comparison In 2020-2022, the Sacramento County rate of mothers with perinatal mental health condition(s) at delivery (14.2%) was worse than statewide (8.3%).

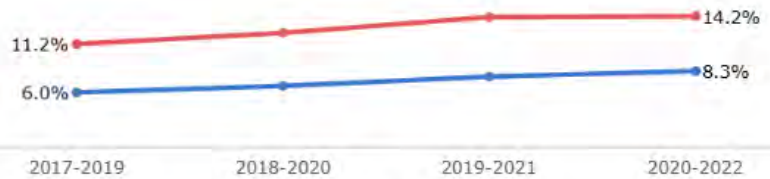


Disparity At delivery, White mothers (19.9%) reported perinatal mental health condition(s) at 3.0 times the rate of Asian/Pacific Islanders (6.7%).



% with Any Perinatal Mental Health Condition at Delivery

■ Sacramento ■ California



County Detail by Race/Ethnicity

	2017-2019	2018-2020	2019-2021	2020-2022
Am. Indian/Alaska Native	15.8%	20.5%	19.2%	22.1%
Asian/PI	4.2%	4.9%	6.2%	6.7%
Black/African American	13.5%	14.5%	16.5%	16.1%
Hispanic/Latino	9.6%	10.9%	12.5%	12.4%
White	16.1%	17.5%	19.6%	19.9%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Mental Health Needs

County Trend A higher percentage of CHIS respondents reported needing help for emotional/mental health problems alcohol/drug use in 2023 (27.4%) compared to 2019 (25.2%).



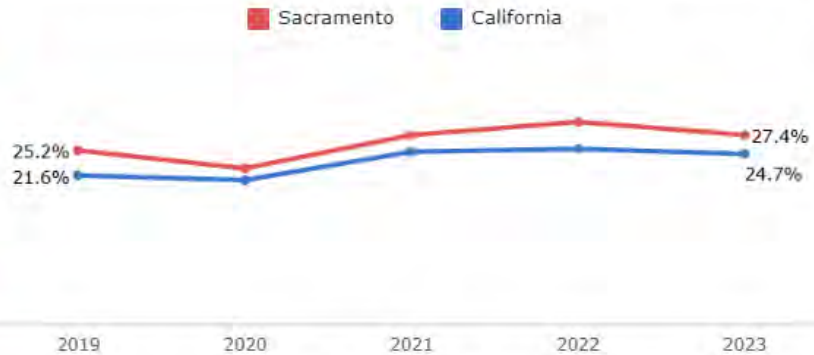
State Comparison A larger proportion of adults in Sacramento County (27.4%) reported needing help for emotional/mental health problems alcohol/drug use, compared with statewide (24.7%) in 2023.



Disparity In 2023, 43.3% of multiracial respondents needed help for emotional/mental health problems or alcohol/drug use, a rate which was 3.3 times greater than Asian participants (13.2%).



% of Adults Needing Help for Emotional/Mental Health or Alcohol/Drug use



County Detail by Race/Ethnicity

	2019	2020	2021	2022	2023
Asian	8.2%	17.4%	19.1%	11.7%	13.2%
Black/African American	23.3%	21.5%	34.8%	17.2%	17.9%
Hispanic/Latino	28.8%	19.6%	25.7%	33.6%	34.6%
Multiracial	23.1%	58.5%	28.9%	59.5%	43.3%
White (Non-Hispanic)	29.6%	25.5%	30.5%	33.1%	32.3%

Seeking Help for Mental Health Needs

County Trend Among those who needed help, more participants said they sought help (received treatment) for mental/emotional and or alcohol/drug use in 2023 (62.2%) compared with 2019 (51.8%).



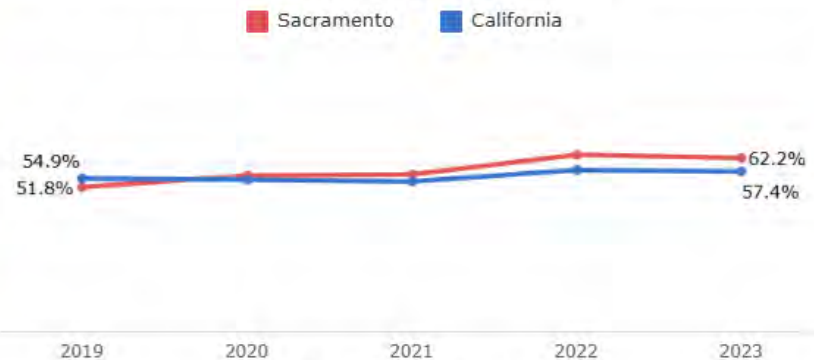
State Comparison Sacramento County respondents were more likely to report seeking/receiving help (62.2%) compared with statewide (57.4%) in 2023.



Disparity Among those who needed help, Asian participants were least likely to seek/receive help (35.5%) compared with 65.1% of White participants.



% of Adults who Needed AND Sought Help for Emotional/Mental Health or Alcohol/Drug Use



County Detail by Race/Ethnicity

	2019	2020	2021	2022	2023
Asian	11.4%	52.9%	57.5%	58.1%	35.5%
Black/African American	39.5%	65.2%	43.5%	30.6%	60.5%
Hispanic/Latino	48.1%	60.2%	49.2%	84.0%	65.0%
Multiracial	100.0%	68.8%	85.7%	52.3%	Suppressed
White (Non-Hispanic)	55.2%	51.8%	60.0%	57.9%	65.1%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Experiences of Racism

County Trend

The proportion of mothers who "often experienced racism over her lifetime" increased from 7.7% in 2016-2018 to 11.0% in 2019-2021.



State Comparison

In 2019-2021, 11.0% of mothers in Sacramento County "often experienced racism over her lifetime." This proportion is slightly lower than statewide (11.7%).

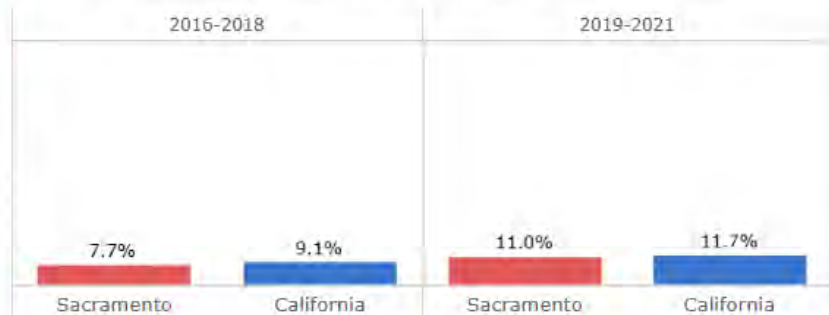


Disparity

Black/African American mothers reported they "often experienced racism over her lifetime" at 11.2 times the rate of Asian/Pacific Islander mothers.



% of Mothers who "Often Experienced Racism Over Her Lifetime"



County Detail by Race/Ethnicity

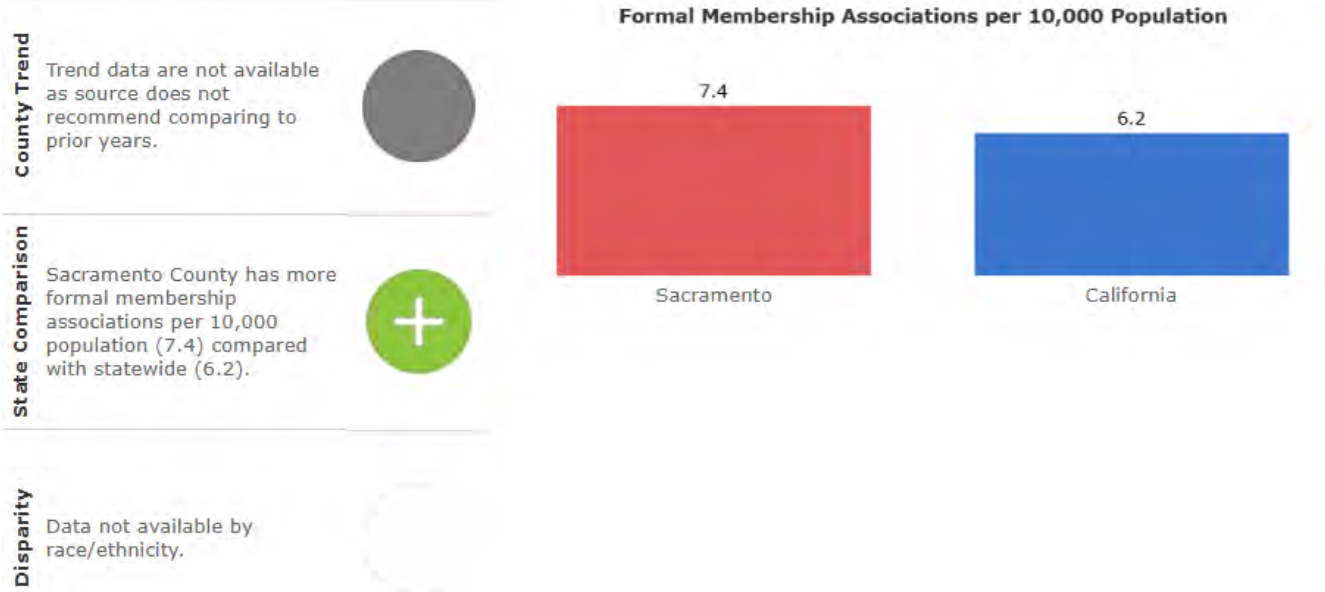
	2016-2018	2019-2021
Asian	0.0%	3.8%
Black/African American	28.8%	42.5%
Hispanic/Latino	11.0%	11.3%
White	0.0%	5.7%

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

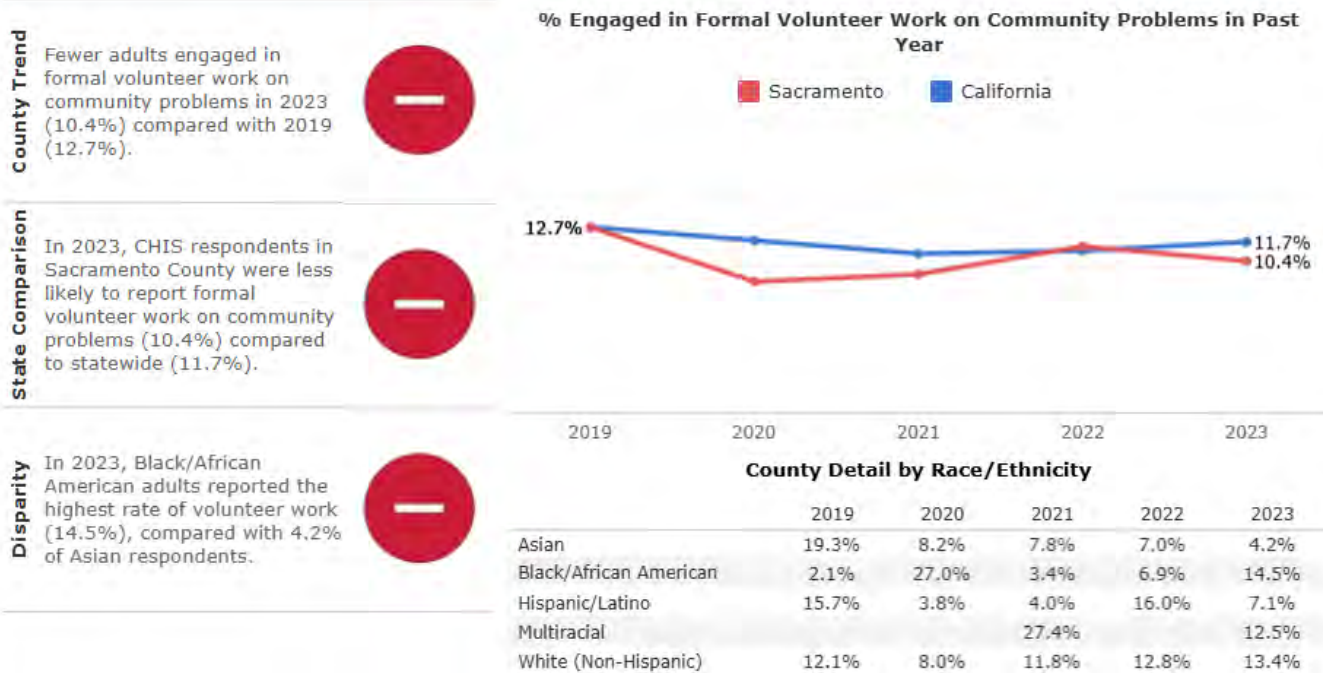
Highlights	Perinatal Health	Breastfeeding	Child Safety
Development & Education	Quality Child Care	Systems Improvement	Parent Partnership

Parent Partnership

Formal Membership Associations



Volunteer Work



Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

[Highlights](#)
[Perinatal Health](#)
[Breastfeeding](#)
[Child Safety](#)
[Development & Education](#)
[Quality Child Care](#)
[Systems Improvement](#)
[Parent Partnership](#)

Data Sources

Health and Well-Being: Perinatal Health	Infant Mortality	CA Dept. of Public Health (CDRT Data Request)
		CDC National Center for Health Statistics
	Preterm Births	CA Dept. of Public Health
		CDC Wonder: Natality, 2016-2023 expanded
	Low Birth Weight	CA Dept. of Public Health
		CDC Wonder: Natality, 2016-2023 expanded
	Timely Initiation of Prenatal Care	CDC Wonder: Natality, 2016-2023 expanded
Health and Well-Being: Breastfeeding	Maternal Morbidity	CDC Wonder: Natality, 2016-2023 expanded
	Maternal Mortality	CDC Wonder - Underlying Cause of Death
Health and Well-Being: Child Safety	Exclusive Breastfeeding (In-Hospital)	CA Dept. of Public Health In-Hospital Breastfeeding Initiation Data
	Exclusive Breastfeeding (3-Months)	CA Maternal Infant Health Assessment (MIHA)
	CPS Allegations	UC Berkeley CCWIP; Sacramento County CPS Data Request
	CPS Substantiated Allegations	UC Berkeley CCWIP; Sacramento County CPS Data Request
	CPS Substantiated Recurrence	UC Berkeley CCWIP; Sacramento County CPS Data Request
	Foster Care Entry Rate per 1,000 Children Ages 0-5	UC Berkeley CCWIP; Sacramento County CPS Data Request
	Adverse Childhood Experiences (ACEs) - Adolescents	California Health Interview Survey (CHIS)
Health and Well-Being: Child Development and Education	Positive Childhood Experiences (PCEs) - Adolescents	California Health Interview Survey (CHIS)
	Positive Childhood Experiences (PCEs) - Adults	California Health Interview Survey (CHIS)
	Developmental Screenings (Medi-Cal)	Medi-Cal Managed Care Quality Improvement Reports
	ASQ Screening Results	ASQ Online via Help Me Grow
	3rd Grade Test Scores - Reading	CA Department of Education DataQuest
	3rd Grade Test Scores - Math	CA Department of Education DataQuest
	High School Graduation	CA Department of Education DataQuest

Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.

Quality Child Care	Availability of Child Care	CA Child Care Resource & Referral Network Child Care Portfolio
	Preschool Enrollment (3-4)	US Census - American Community Survey
	Children Served by QCC Rated Preschool	Sacramento County Office of Education (SCOE)
	Raising Quality Together Providers	Sacramento County Office of Education (SCOE)
Systems Improvement	Oral Health - Dental Visit (Medi-Cal)	CHHS - Dental Utilization Measures and Sealant Data by County and Age
	Oral Health - Kindergarten Oral Health Assessment (KOHA)	CDA - Kindergarten Oral Health Assessment
	Pediatric Providers with Postgraduate Training	California Dental Workforce Survey
	Sacramento County Pediatric Dental Providers	California Dental Workforce Survey
	Children Covered by Health Insurance	US Census - American Community Survey
	Well-Child Visits (6+ Visits, 0-15 Months) (Medi-Cal)	Medi-Cal Managed Care Quality Improvement Reports
	Well-Child Visits (2+ Visits, 15-30 Months) (Medi-Cal)	Medi-Cal Managed Care Quality Improvement Reports
	Well-Care Visits (Ages 3-21) (Medi-Cal)	Medi-Cal Managed Care Quality Improvement Reports
	Maternal Health - Postpartum Visit	Medi-Cal Managed Care Quality Improvement Reports
	Kindergarten Immunization Rate	CA Dept. of Public Health via BeHealthySacramento
	Mental Health (Prenatal Depression)	CA Dept. of Public Health Maternal and Infant Health Assessment (MIHA)
	Mental Health (Postnatal Depression)	CA Dept. of Public Health Maternal and Infant Health Assessment (MIHA)
	Perinatal Mental Health Conditions	CA Dept. of Public Health Maternal, Child & Adolescent Health Division
	Mental Health Needs	California Health Interview Survey (CHIS)
	Sought Help for Mental Health Needs	California Health Interview Survey (CHIS)
	Experiences of Racism	CA Dept. of Public Health Maternal and Infant Health Assessment (MIHA)
Parent Partnership	Membership Associations	County Health Rankings
	Volunteer Work	California Health Interview Survey (CHIS)

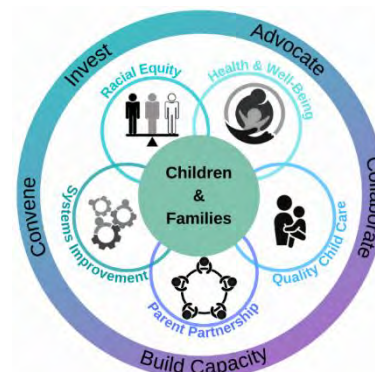
Note: These indicators should be viewed as guiding points for First 5 Sacramento's efforts. These data do not suggest that First 5 Sacramento's funded programs solely contribute to countywide trends. Many programs in the County work to improve the lives of children and families and many factors outside the reach of these services can impact trends.



FY 2025-26 Special Study Proposal: Sacramento Parent Leadership Training Institute (PLTI)

INTRODUCTION

The Sacramento Parent Leadership Training Institute (PLTI) is a free training series, available in Spanish and English, designed to provide parents and caregivers with skills to become advocates for children, families, and communities.¹ The PLTI model works to increase parents' **knowledge, skills, and actions** to effectively engage in civic engagement, family strengthening, and democracy-building.



The Sacramento PLTI contributes to the First 5 Sacramento 2024-27 Strategic Plan *Parent Partnership* priority area strategy for parent/caregiver leadership development. PLTI contributes to two key focal areas in the First 5 Sacramento's 2024-27 Strategic Plan:

- More intentional and ongoing **community voice** in First 5 processes
- Building capacity of community members for **sustainable systems improvement** and policy work, while tobacco tax is a declining revenue stream for direct services.

Between January 2023 and June 2025, First 5 Sacramento and partners funded five training cohorts, with a total of 75 parent participants.² This proposed special study of the Sacramento PLTI includes:

1. **Background information and success stories** from Sacramento PLTI to highlight the value and impact of empowering parents and caregivers to engage in civic activities.
2. A **survey** of PLTI alumni to measure ongoing civic knowledge, action, and confidence after/because of PLTI involvement.
3. Open-ended **interviews** with PLTI alumni to elaborate on their experiences and civic engagement/leadership roles since in PLTI. Interview participants will receive a \$30 gift card.

Insights from these sources will be compiled into a written report describing program characteristics, participant outcomes, and opportunities for future focus.

{ **PLTI encourages community engagement to make change happen** }

¹ Courses offered in Spanish in FY 2023-24 and FY 2024-25 made possible through partnerships with Sacramento Public Health and the Department of Child, Family, and Adult Services (DCFAS) Child Protective Services (CPS).

² Funding partners include: Health Net, DCFAS, Sacramento County Public Health. Beginning in FY 2024-25, Sacramento Children's Home (SCH) is contracted to facilitate training series.

DATA COLLECTION METHODS

BACKGROUND INFORMATION AND SUCCESS STORIES

Applied Survey Research (ASR) and First 5 Sacramento will compile information to summarize PLTI implementation characteristics and intended impact. Sacramento PLTI alumni successes and accomplishments will showcase where PLTI supported individual and community level growth.

SURVEY

New York University (NYU) Center for Policy, Research, and Evaluation conducts periodic surveys of PLTI alumni, approximately every three to five years. The most recent assessment for which national, and local, data were shared with First 5 Sacramento includes immediate outcomes for the January 2023 cohort only. NYU does not capture outcomes for *every* cohort, nor do they pursue longer term follow-ups (e.g., six months after completion). First 5 aims to distribute a follow-up survey adapted from the NYU pre/post surveys to capture local insights from all cohorts. Survey questions focus on parents' civic knowledge, skills, and actions, as well as their perceptions of the program.

A draft of this survey can be found in the next section. **This instrument may change and require additional review prior to implementation if NYU declines permission to distribute and/or modify the tool.**

Survey Incentive

Participants will have the option to enter their contact information to be included in a survey raffle. Five participants will receive a \$20 electronic gift card to Amazon or Walmart.

INTERVIEWS

ASR will aim to reach between eight (10%) and 15 (20%) PLTI alumni to expand on insights related to their civic knowledge and engagement. Interviews will focus on participants' perceptions of PLTI, community involvement since completing the course, and opportunities for improvement and ongoing support to ensure alumni have the resources and knowledge they need to pursue advocacy in their areas of interest.

Alumni will be contacted by First 5 staff inviting them to participate, including a link to sign up to be interviewed. Participants will be given the choice to participate via phone or Zoom, and intentional efforts will be made to ensure representation of diverse voices.

Confidentiality

ASR will maintain participant confidentiality to ensure their comfort in providing direct feedback about the program. Sessions will be recorded and hosted by Applied Survey Research. Recordings will be deleted upon the project's conclusion. Only de-identified responses and aggregate summaries will be shared in any documents.

Incentive

Participants will receive a \$35 gift card by email to their choice of Amazon, Walmart, or Safeway.

DRAFT SURVEY INSTRUMENT

The following survey was **modified from the NYU PLTI Alumni survey**. Questions were removed or reordered, and new questions were added based on First 5 Sacramento's local priorities and interests. **This tool may require additional review if NYU declines permission to distribute and/or modify.**

FIRST 5 SACRAMENTO PARENT LEADERSHIP TRAINING INSTITUTE (PLTI) ALUMNI SURVEY

Thank you for participating in the First 5 Sacramento Parent Leadership Training Institute (PLTI) Alumni survey. We would like to hear about your community involvement since participating in PLTI, as well as your input on the PLTI initiative. Your feedback can help us identify the strengths and opportunities to improve the program to support more parent leaders in the future.

You can skip any question you do not wish to answer. Your responses will not be linked to you and will not affect your ability to receive support or engage in additional activities in the future.

----- [Page Break] -----

First, we would like to hear about your civic engagement and knowledge since participating in PLTI. Please answer each question honestly.

1. How much do you agree with the following questions...	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a. I know how to get information to better understand my community. (CC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I believe I have the power to improve my community. (CC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I believe I am making a difference in my community. (CC)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. I talk to people (either in person or online) to explain the importance of voting and/or encourage them to vote. (VO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

2. How often do you...	Never	Rarely	Sometimes	Often	Always
a. Encourage others to take action on political or social issues? (CC/ME)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Vote in elections, including local ones? (If not eligible to vote, please answer what you would do if you could vote). (VO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

3. With whom do you share your opinions about what your community needs: (Select all that apply) **(CC)**

<input type="checkbox"/> Family	<input type="checkbox"/> School District (e.g., PTA, Councils, administration)
<input type="checkbox"/> Close friends	<input type="checkbox"/> Acquaintances (e.g., friends of friends, neighbors)
<input type="checkbox"/> Local elected officials	<input type="checkbox"/> Other Government/Elected officials
<input type="checkbox"/> Neighborhood Associations/Watch Groups	<input type="checkbox"/> Local Advisory Group/Committee
<input type="checkbox"/> Other _____	

4. Which option best describes your involvement in the following actions? (CA)

	<u>I did not do this in the past year and do not plan to this year.</u>	<u>I did not do this in the past year but I plan to this year.</u>	<u>I have done this in the past year but do not plan to this year.</u>	<u>I have done this in the past year and plan to again this year.</u>
a. Participated in a civic or political organization that is seeking to make a difference (e.g., religious organization, parks and recreation, school committee, social justice organization)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Signed a petition, either written or online	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Worked with people in my neighborhood to improve something	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Attended a meeting where there was a discussion of policy or community issues (e.g., neighborhood association, local government, School Board, PTA)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Contacted an elected official at the local, state, or federal government, either in person, by email, or phone.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Held a position in a committee, group, or organization	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Spoken publicly or testified about an issue	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Volunteered	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

5. Which of the following best describes your knowledge about elected officials and community leaders.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a. I know who represents my community in the United States Congress (i.e., U.S. House of Representatives/U.S. Senate) (KO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I know who represents my community in the California State Legislature (i.e., State Assembly, State Senate) (KO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I know who the elected officials are for my local government (e.g., city council, Board of Supervisors) (KO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. I know how to find the contact information for my elected officials when I need to. (KO)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

6. How much do you agree or disagree with the following statements? (CK)

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a. I know how federal laws are made.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. I know how state laws are made.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. I know how local laws are made.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. I know how state government budgets are made.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. I know how schools are funded in my area.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

f. I know the requirements to run for at least one political office at the local level.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
---	-----------------------	-----------------------	-----------------------	-----------------------	-----------------------

----- [Section Break] -----

7. What community/social issues affecting children and families in Sacramento County are most important to you?

8. What barriers make it difficult for you to be involved in your community?

----- [Section Break] -----

Next, we would like to hear your thoughts about the PLTI initiative. Please answer each question honestly.

9. How much do you agree or disagree with the following statements about this initiative? (PLTI)

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a. I am proud to be part of this community of parent leaders	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. This initiative provides the resources and support we need to be leaders.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Facilitators and community members in this initiative take my ideas seriously.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. In this initiative, we have learned how to discuss difficult issues and problems.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Participants in this initiative value and respect each other's contributions.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Even in difficult situations, people in this initiative can depend on each other.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

10. The parent leadership initiative has helped me ... (PLTI)

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a. Develop skills to work with people from various backgrounds or cultures	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Recognize how my beliefs and attitudes affect my behavior	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Share my own perspectives and experiences	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Speak up about the issue(s) important to me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Discuss issues of equity or privilege	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Explore new beliefs or perspectives I had not considered before	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

11. I believe this initiative provides a welcoming, inclusive environment for people regardless of... (PLTI)

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
a. Racial/ethnic identity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

b. Gender identity	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Economic background	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Political affiliation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Religious affiliation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Sexual orientation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Disability status	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Level of education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

12. Since participating in PLTI, have you thought about doing any of the following: (PLTI)

	I don't plan to do this	I want to, but there are barriers in my way	I want to and plan to get started	I am currently taking steps or have already done this
a. Advocating or speaking up for other children, not just my own	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
b. Making changes to my mental, emotional, or physical health	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
c. Making changes to my family situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
d. Making changes to my financial situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
e. Continuing or furthering my education	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
f. Changing or advancing my career	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
g. Starting a new group, club, or organization in my community	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
h. Running for public office	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

13. Participating in PLTI gave me new skills to have respectful conversations with someone who has a different viewpoint. (PLTI)

- ☐ Not at all true ☐ Somewhat true ☐ Very true

14. How likely are you to stay connected with parent leaders and staff from this program/initiative? (PLTI)

- ☐ Definitely will not stay connected
☐ Probably will not stay connected
☐ Might stay connected
☐ Probably will stay connected
☐ Definitely will stay connected

15. Overall, how satisfied were you with this initiative? (PLTI)

- ☐ Very unsatisfied
☐ Somewhat unsatisfied
☐ Neutral
☐ Somewhat satisfied
☐ Very satisfied

16. Would you recommend this initiative or program to a friend or family member? (PLTI)

- ☐ No ☐ Unsure ☐ Yes

17. Is there anything else you would like to share about your experience in this parent leadership initiative.

----- [Page Break] -----

Lastly, please tell us about yourself. *These questions help us describe the reach of PLTI across our diverse community. They will not be used to identify you in any way. You can skip any question you do not wish to answer.*

Gender identity

- ☐ Female
- ☐ Male
- ☐ Non-Binary or another identity not listed
- ☐ Would rather not identify

Race/Ethnicity *(Select all that apply)*

- ☐ American Indian or Alaska Native
- ☐ Asian
- ☐ Black or African American
- ☐ Hispanic/Latino
- ☐ Middle Eastern or North African
- ☐ Native Hawaiian/Pacific Islander
- ☐ White
- ☐ Another ethnicity not listed _____
- ☐ Prefer not to answer

Current age: _____**What is the highest level of education you have received?**

- ☐ Less than high school
- ☐ High school / GED
- ☐ Vocational training
- ☐ Associate's or 2-year
- ☐ Bachelor's
- ☐ Master's, JD, Doctoral

Do you speak a language at home other than English?

- ☐ Yes _____
- ☐ No

Which of the following statements BEST describes your current primary employment situation?

- ☐ Full-time work
- ☐ Part-time work
- ☐ In school or training program
- ☐ Managing a household
- ☐ Working multiple jobs
- ☐ Unemployed
- ☐ Disabled
- ☐ Retired
- ☐ Other

Are you the parent or caregiver of any children of the following ages? *(Select all that apply)*

- ☐ 0-5 years old
- ☐ 6-11 years old
- ☐ 12-17 years old
- ☐ 18 or older

----- [Page Break] -----

Thank you for your participation. If you do not wish to be included in the raffle, click Next.

To be entered into the survey raffle, please enter your full name and email address. This information is only used to verify eligibility as a PLTI alumni and will not be tied to your responses in any way.

* Full Name: _____

* Email Address: _____

If selected in the raffle, which would you prefer:

<input type="radio"/> 	<input type="radio"/> 
---	--

----- [Page Break] -----

We would also like to invite you to participate in an in-depth interview to discuss your PLTI experience in more detail. Each participant will receive an incentive for their time. Interviews are expected to take approximately 30 minutes and can be scheduled at a time that works for you.

If you would like to participate, you will be routed to a new page to sign up after completing this survey.

- ☐ Yes I would like to participate in a follow-up interview [Route to Sign Up Form]
- ☐ I am not interested [Route to Thank You Page]

DRAFT PARTICIPANT INTERVIEW PROTOCOL

SAMPLE INTRODUCTION

Thank you for agreeing to share your experiences in the First 5 Sacramento Parent Leadership Training Institute, or PLTI. We want to learn about how PLTI helps parents engage in their communities and any opportunities to improve the program in the future.

Before we get started, I want to let you know that the information you share with us is confidential. First 5 or PLTI staff will not know who participated, we will not share anything that could identify you, and sharing your opinion will not affect any future services or activities you may participate in. Do you have any questions about that?

The second thing I want to let you know is that we are recording this call ONLY for the purpose of our note taking process and once we finish our note taking and summarizing, we will delete all recordings. Is it okay for us to record this call to take notes?

Lastly, at the end of our call we'll confirm your contact information to send your \$30 gift card for participating.

DISCUSSION GUIDE

Introduction

1. How did you find out about PLTI? What motivated you to join the workshop?

Sample probing questions: What does “making a difference” mean to you? What were you hoping to learn from the program? What were your goals?

2. If you feel comfortable sharing, what community issues would you say matter most to you and your family?

Sample probing question: Are there certain topics that you think you would be more likely to act toward or pursue leadership opportunities?

3. What parts of the program were most memorable or impactful for you?

Sample probing questions: Were there certain lessons or activities you enjoyed the most? Did you learn something new that has stuck with you? What parts of the program felt like they would help you with your goals or community involvement? Did PLTI help you develop new leadership skills?

4. Since participating in the program, have you been more involved in your community? Have you made changes to your personal or family well-being because of PLTI?

Sample probing question: Do you feel more confident navigating systems or advocating for your needs? Have you done something that you don't think you would have done before, without the knowledge or confidence you gained? Have you participated in any public events, boards, or meetings? What was that experience like? What motivated you to seek that opportunity? Did what you learned in PLTI impact your involvement?

5. What do you think would make PLTI better? Is there anything you wish was different?

Sample probing questions: Was there anything you wish you learned? Did the program accommodate your needs (i.e., child care, meals, transportation, scheduling/course availability)?

6. What support would help you continue your leadership or community engagement?

Sample probing questions: Do you feel that you know how to take action when an issue is important to you? What barriers do you encounter when thinking about or attempting to take action/get involved? Is there anything you wish the PLTI facilitators, program, or peers could do to help you continue your leadership goals?

7. Would you recommend PLTI to other parents?

Sample probing questions: If yes, how would you explain the impact of the program and why it matters? If no, is there anything you would like to add to explain your answer?

8. [If time allows] Can you tell us about your PLTI project? Has it developed or evolved since participating in PLTI?

Sample probing question: Did you implement your project? Are you still working on this issue?