



## First 5 Sacramento Community Building Grants Funded- Round 1 February 2016- January 2015

Name of Group	Sponsoring Agency	Contact Name	Community Language/s Target Population	Project Description
Aprendiendo Ingles Jugando con Nuestros Niños	North Sacramento Family Resource Center	Ramona Espinoza <a href="mailto:monnycorazon@yahoo.com">monnycorazon@yahoo.com</a>	North Sacramento/ Spanish Speaking English Learners	Parents of children ages 0-5 will meet weekly to learn English by way of children's books and songs. Parents will engage children by incorporating what they have learned through activities. Family activities include reading, singing, crafts and games. Project activities include encouraging parents to connect and develop relationships, thereby reducing isolation among monolingual families.
Keeping Culture Alive	Folsom Cordova Community Partnership (FCCP) Family Resource Center	Annette Nunn <a href="mailto:annette.hollon@gmail.com">annette.hollon@gmail.com</a>	Folsom Cordova/ Multicultural Connections	This group gathers monthly for cultural sharing that involves guest speakers, story time, singing, crafts, food, and acting out cultural traditions. Some cultures that will be presented are Russian, Swedish, Jordanian, Native American, but all cultures are welcome.
Healthy Fathers	Arcade Family Resource Center	Chris Jones <a href="mailto:knucklesfitness@gmail.com">knucklesfitness@gmail.com</a>	Arden Arcade/ Fathers	This group involves fathers with an emphasis on health and wellness. Fathers meet weekly for interactive activities both physical and mental and gathering with children for positive play activities and role modeling. Activities include journal writing for the dads and health and nutrition books geared for young children. The goal of this project is to build a culture of father empowerment and bonding with their children.
"Portal" Call	Christian Fellow Ministry Church	Lillie Boutte <a href="mailto:boutteklag@aol.com">boutteklag@aol.com</a>	Del Paso Heights/ Faith Community Music & Dance	Parents meet twice a week for playgroup activities to encourage improved reading and learning with fun activities. Activities include singing, dancing (such as children's Zumba), story time and craft activities. Circle time includes learning letters, colors, and sounds. These types of activities will encourage families to build a neighborhood community of families of children zero to five.
Super Mamas	Walnut Grove Family Resource Center	Esmeralda Sanchez <a href="mailto:esanchez@rdusd.net">esanchez@rdusd.net</a>	Walnut Grove/ Nutrition	This group hosts weekly meetings with mothers and children and monthly gatherings with the larger community. Meetings include presenters on nutrition and healthy eating followed by moms making healthy snacks for their children and participating in arts and craft activities together. Families have the opportunity to contribute family recipes and publish a recipe book.
Sacramento Signing Families	Warmline Family Resource Center	Celina Oppus <a href="mailto:celinaoppus@gmail.com">celinaoppus@gmail.com</a>	Sacramento County/ Families with Deaf parent or child	This group includes families with a deaf or hard of hearing parent or child, or members in the community who would like to expose their 0-5 children to American Sign Language or Deaf Culture. This group gathers weekly for story time, workshops and family friendly events with inclusion of an interpreter. This project would like to encourage language development through ASL and create an environment of support and networking.



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